

SREE NARAYANA COLLEGE

Sivagiri, Varkala, Thiruvananthapuram-695145

(Affiliated to the University of Kerala, NAAC Re-accredited with
B++ grade, RUSA funded, DBT STAR status)

AQAR 2023-2024

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION

3.4.1 – Extension Activities



ENVIRONMENT DAY CELEBRATIONS

05.06.2023

As part of Environment Day celebrations on 05.06.2023, Sree Narayana College, Sivagiri, NSS units organized two programmes focused on waste management and campus cleaning. The first event involved volunteers collecting plastic waste from the campus after a two-month break due to the midsummer vacation. The second event included participation in a Kerala Government-led cleaning programme from Secretariat to Vellayambalam junction and the inaugural ceremony of the Garbage Muktha Navakerala campaign at the Central Stadium. These initiatives aimed to promote environmental awareness and sustainable practices among the public and students.



OCEAN DAY CELEBRATIONS

08/06/2023

As part of the “World Ocean Day” Celebrations, the NSS Units of Sivagiri Sree Narayana College, along with Kerala Government – Suchithwa mission, engaged in cleaning programmes in the cliff of Varkala(Beach). The programmes were inaugurated by Sri. M. Faizy, District Coordinator, Sanitation Mission (Suchithwa mission) Thiruvananthapuram. Programme officer P K Sumesh & DR Reshma , Volunteers Sri Athul , Abhijith led the programme



Inauguration Sri M Faizy, District Coordinator, Suchithra Mission



BROCHURE



TOYS DISTRIBUTION FOR ADOPTED SCHOOL

08/06/2023

On 08.06.2023, the NSS units of Sree Narayana College, Sivagiri, in collaboration with the SN Trust management, distributed toys to the pre-primary students of Kayikkara Asan Memorial Government Lower Primary School. This initiative was part of the school's adoption following the NSS annual residential camp in December 2022, aimed at supporting economically and socially disadvantaged students. The programme was inaugurated by SN Trust executive member Sri Aji SRM, with Principal Dr. Vinod C. Sugathan presiding. Various dignitaries, NSS volunteers, and school representatives contributed to the success of the event.



Inauguration



Dr Vinod C Sugathan presided the programme



WORLD ELDER ABUSE AWARENESS DAY

15.06.2023

World Elder Abuse Awareness Day is observed annually on June 15th to raise awareness about the prevention of abuse and exploitation of the elderly, an initiative by the United Nations since 2011. As part of the 2023 observance, an awareness rally, campaign, and street play were organized by the Higher Education Department in collaboration with the NSS. The North Region Rally, led by the NSS units of Sree Narayana College, Sivagiri, was inaugurated by Varkala MLA Adv. V. Joy at Maithani Park. The event concluded at Kariyavattom campus after passing through major locations like Attingal and Kazhakkootam on NH66.



Street Play in Varkala Maithanam Park



Inauguration of the programme



INAUGURATION OF TUITION-2023

16/06/2023

S. N Trust executive member Sri.Aji SRM inaugurated free tuition for socially and economically disadvantaged children of adopted village under the auspices owns units of Sivagiri Sree Narayana college. The programme was inaugurated by giving study materials and sweets to the students. Dr.Sajesh Sasidharan, Superintendent of examinations, Alumni association secretary and PTA Vice president Sri.G. Sivakumar and Smt.Shereena gave felicitations. Programme Officer Sri.P.K.Sumesh, volunteers of NSS units Sri Athul, Sri Sanjay, Sri Abhijith, Sri Ananthu,Kumari Richusai, Kumari SradhaSunil, Kumari Pratheeksha etc. led the programme.



Distribution of study materials by Dr Sajesh Sasidharan and Sri P K Sumesh



Inauguration Sri Aji SRM



GREEN CAMPUS CLEAN CAMPUS PROGRAMME

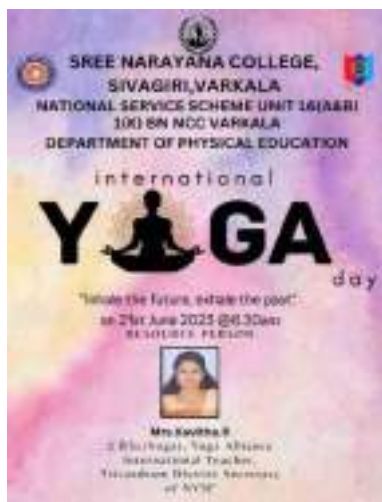
17/06/2023

In order to make Sivagiri Sree Narayana College campus plastic free and Garbage free, cleaning programmes are organized from time to time under the auspices of National Service Scheme Units. Since the beginning of this academic year, the plastic waste has been collected and handed over to the Municipality's Haritha karmasena on August 2023.



YOGA DAY CELEBRATIONS 21/06/2023

The college observed International Yoga Day with an event inaugurated by Principal Dr. Vinod C. Sugathan. Felicitations were given by Sri. Aji SRM, S.N. Trust Executive Member, and other dignitaries. Yoga instructor Mrs. R. Kavitha, District Secretary of NSS Thiruvananthapuram, conducted a yoga session. NCC Officer Sri. R. Syamraj welcomed the audience, and HOD of Physical Education Sri. Praveen R. gave the vote of thanks.



BROCHURE



Demonstration of Yoga



Nadeel Ulsavam (24/06/2023)

To revive interest in rice farming, NSS units initiated "Nadeel Ulsavam," inaugurated by Sri. Aji SRM, S.N. Trust Executive Member. Felicitations were delivered by Agriculture Office Assistant Smt. Susmitha and others. NSS Programme Officers Sri. P.K. Sumesh and Smt. Veenas C.L., along with volunteers, led the programme.



Inauguration



Inauguration



SUMANASAM 2023

01/07/2023

The first meeting of the N.S.S Programme Officers of the state was held on July 1st 2023 as per the instruction of the State Minister of Higher Education. Sri. P.K. Sumesh, Programme Officer of N.S.S Units, Sree Narayana College, Sivagiri, Varkala participated in the meeting held at St. Joseph's College, Iringalakuda, Thrissur.



Inauguration of SUMANASAM



Programme Officer of TVM District with District Co ORDINATOR Dr A Sathyaraj in front of St Joseph's College



INAUGURATION OF VIDYAVANAM

05/07/2023

The "Vidyavanam" project, inaugurated on 05/07/2023 by Adv. V. Joy, MLA, at Sivagiri Sree Narayana College, Varkala, promotes biodiversity awareness and conservation training. The event, presided over by Principal Dr. Vinod C. Sugathan, saw participation from SN Trust Executive Member Sri. Aji S R M, forest officials, and community leaders. As part of Vanamahotsav 2023, 500 native saplings, including Rudrakasha and Champa, were planted in a high-density, layered forest model using organic fertilizers. This initiative aims to emulate natural forests and instill environmental stewardship among students.



BROCHURE



Inauguration Adv V Joy MLA



ANTIRAGGING FLUX

12/07/2023

Ragging, a form of physical or mental harassment by senior students, is a punishable offense in India that often leads to severe psychological and social consequences for victims. Once rampant in institutions, especially medical colleges, it has been significantly curbed through stringent legal actions and public awareness. To further this cause, the NSS units of Sivagiri Sree Narayana College organized an Anti-Ragging Flux, displayed near the college gate on the day of first-year admissions, emphasizing a safe and respectful environment for new students.



ANTIRAGGING FLUX



SAPLINGS

15/07/2023

The National Service Scheme Units of Sivagiri Sree Narayana College distributed saplings with the assistance of Forest Range Office Attingal. The distribution of saplings was done as part of the social forestry programme under the auspices of the forest department of Kerala Government.



Principal
Sivagiri Sree Narayana College
Vattalla, 30.6.1968

PADDY CULTIVATION

15/07/2023

NSS Units of Sivagiri Sree Narayana College are cultivating paddy in Karathala field of Cherunniyoor Grama Panchayath. As part of the cultivation carried out on June 24th 2023, plants were fertilized on July 15th 2023. Volunteers Sri Achal & Sri Amal participated in the said activity.



KARKIDAKAVAVUBALI - GREENPROTOCOL INITIATIVES 16/07/2023

Karkidakavavubali, a Hindu ritual in Kerala, is performed on the day of *Karuthavavu* in the *Karkidakom* month, where descendants honor their ancestors by performing sacrifices at riverbanks and seashores, especially at Varkala Papanasam Beach. With around one lakh attendees, the event often leads to waste accumulation. To address this, NSS volunteers from Sivagiri Sree Narayana College, in collaboration with Varkala Municipality, Sanitation Mission, and Haritha Kerala Mission, actively participated in cleaning efforts, ensuring the program's environmental success.



THANNEERVANAM

29/07/2023

As part of that, Programme Officer Sri. P K Sumesh and Volunteers Sri. Athul B S, Sri. Sanjay, Sri. Ananthu, Sri. Abhijith went to Varanappally Kayamkulam and collected mangrove seedlings and seeds from them



Principal
Sree Narayana College
Varanappally, Kerala

YOGA DEMONSTRATION AND MILLET MELA

08/08/2023

A Yoga Training and Millet Mela was organized by the NSS units, Botany Department, and NCC units of Sivagiri Sree Narayana College on August 8, 2023, in collaboration with the State Government's Food Safety Department. Held in the college auditorium, the program was inaugurated by State Food Safety Commissioner Sri. V.R. Vinod IAS, with Principal-in-Charge Dr. Vinod C Sugathan presiding.

Dignitaries, including S.N. Trust Executive Member Sri. Aji SRM, Food Safety Joint Commissioner Sri. Jacob Thomas, Deputy Commissioner Sri. S. Aji, and Assistant Commissioner N. Anilkumar, among others, delivered felicitations. Dr. V.R. Vasundhara conducted a yoga session, and Food Safety Officer Dr. R.P. Praveen led an awareness class. The event also featured a millet fair. Dr. R. Hima delivered the welcome address, and NSS Program Officer P.K. Sumesh proposed the vote of thanks.



Demonstration of Yoga



THANNERVANAM PROJECT (MANGROVE PROJECT) 09/08/2023

The Thannervanam Project (Mangrove Project) was initiated by the NSS Units of Sivagiri Sree Narayana College, Varkala, on 8th July 2023, to promote environmental conservation through the planting of mangroves. Mangroves, known for their ability to absorb 50 times more carbon than tropical forests, play a vital role in reducing air pollution, providing safe habitats for aquatic life, and withstanding natural calamities.

The first phase of the project involved planting 100 mangrove saplings at Edava Kayaloram in collaboration with Edava Grama Panchayath. The program was inaugurated by Panchayath President Mr. A. Balik, with Principal Dr. Vinod C Sugathan presiding. S.N. Trust Executive Member Sri. Aji SRM and Standing Committee Member Sri. Harshad Sabu delivered felicitations. NSS Programme Officer Dr. R. Reshma gave the welcome address, while Athul proposed the vote of thanks. The event was actively led by NSS Programme Officer P.K. Sumesh and volunteers including Sri. Ananthu, Sri. Sanjay, Kumari Richusai, Sri. Rahul, and Sri. Abhijith.



Principal
Sree Narayana College
Varkala, Kerala

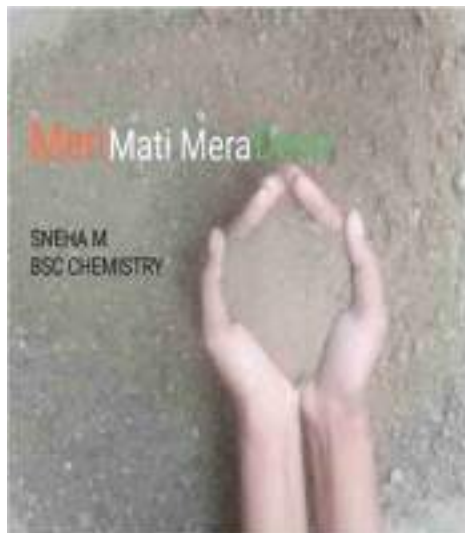
INDEPENDENCE DAY CELEBRATIONS

The Independence Day celebrations at Sivagiri Sree Narayana College were conducted this year under the joint auspices of the N.S.S Units and N.C.C Units of the college. The event was inaugurated by Sri. Aji S R M, Executive Member of the Sree Narayana Trust, and presided over by the college's Principal, Dr. Vinod C Sugathan.

“Meri Mati Mera Desh” Campaign

As part of the Azadi ka Amrit Mahotsav initiative launched by the Central Government, the “Meri Mati Mera Desh” campaign was a significant highlight of the celebrations. This campaign paid homage to the martyrs who sacrificed their lives for the nation’s independence.

A key feature of this program was the recitation of the Panch Pran pledge. Participants, including N.S.S volunteers of Sivagiri Sree Narayana College, took the pledge while holding the soil of the land they stood on, symbolizing unity and dedication to the sovereignty of the country. The event was a meaningful tribute to the spirit of patriotism.



Flag Hosting at NSS Flag post



TRANSFER OF INORGANIC WASTES

23/08/2023

As a part of Clean Campus-Green Campus activities, various cleaning programmes are organized, under the auspices of National Services scheme units of Sivagiri Sree Narayana College. The inorganic waste collected as part of the said cleaning programme was handed over to Haritha karma sena of Varkala Municipality on 23rd August 2023.



NALKAM NALLONAM

24/08/2023

The NSS Units of Sree Narayana College, Sivagiri, Varkala, continued their annual Onam Kit Distribution project under the scheme “Nalkam Nallonam” – 2023. This year, kits were distributed to temporary non-teaching staff and selected palliative care patients within Varkala Municipality limits, as per the instructions of the Higher Education Department, State NSS Cell, and University of Kerala NSS Cell.

The distribution included Onakodi and essentials for Onasadya. The program was inaugurated by Principal Dr. Vinod C Sugathan, with Dr. L Preethakrishna (IQAC Coordinator) and Dr. Sajesh Sasidharan (Examination Superintendent) in attendance. NSS Programme Officers P.K. Sumesh and Dr. Reshma, along with volunteers Sri Athul, Kumari Richusai, Kumari Sangami, Sri Sanjay, and Sri Abhijith Ullasan, led the event.



Onam Kit distribution by Principal



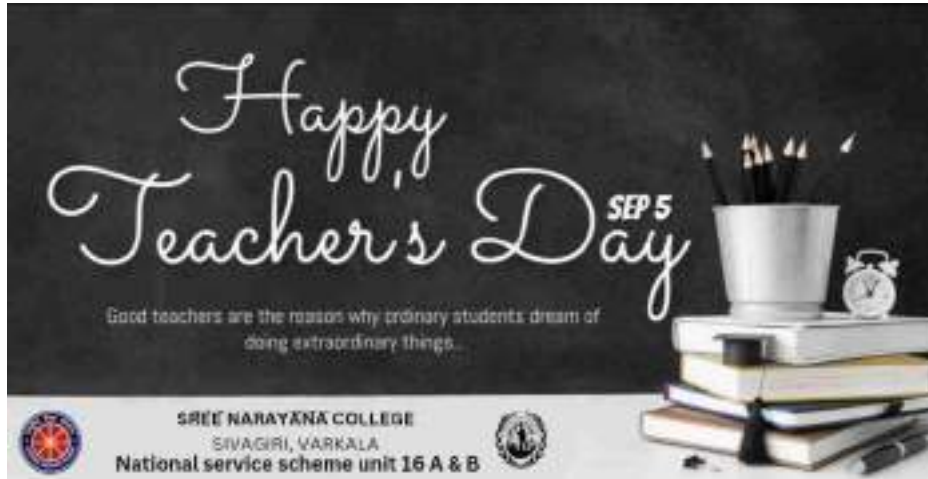
Onam Kit distribution by Principal



OBSERVANCE OF NATIONAL TEACHERS DAY

05/09/2023

On September 5th, the NSS Units of Sree Narayana College, Sivagiri, Varkala, celebrated Teachers' Day, honoring the birth anniversary of Dr. S. Radhakrishnan. Both permanent and guest teachers were felicitated, with volunteers expressing their gratitude through greetings and sweets, celebrating the vital role of educators in shaping lives.



BROCHURE



SWEET DISTRIBUTION TO TEACHERS



INDIAN SWACHHA LEAGUE

18/09/2023

The NSS Units of Sivagiri Sree Narayana College, in collaboration with Varkala Municipality, organized a beach cleaning drive at Varkala Papanasam Beach as part of the Indian Swachhata League Season-2. The event was inaugurated by Sri. K.G. Laji, Municipal Chairman, and presided over by Mr. Ajayakumar, Standing Committee Chairman.

Volunteers performed a flash mob and created a ‘Matsyakanyaka’ sculpture using inorganic waste collected during the cleanup. Led by Sri. Athul B.S., Sri. Sanjay, Kumari Neha, and others, the initiative highlighted their commitment to a cleaner environment.



N.S.S DAY 2023

24/09/2023

The NSS Units of Sivagiri Sree Narayana College celebrated NSS Day on 24th September with a flag hoisting ceremony at 9:30 AM. Principal Dr. Vinod C Sugathan presided, and Sri. Aji S R M, S.N. Trust Executive Member, hoisted the flag.

Programme Officers P.K. Sumesh, Dr. R. Reshma, and Sri. G Sivakumar (PTA Vice President) offered felicitations. The day included sweets distribution, campus cleaning, and an NSS-themed quiz, promoting the spirit of service.



BROCHURE



NEWS PAPER SEKHARANAM

26/9/2023

SWAPNAKOODU is a project to provide a home to a differently abled child under the auspices of the National Service Scheme Units of SN College Varkala, KRTA Kilimanoor, SN Trusts, Rising Star Cricket Club Varkala (A part of SN College Varkala Alumni Association), Teaching Staff and Non Teaching Staff of SN College Varkala. The differently abled friendly home was built Master M S Sanju a differently abled and the standard student of Manju and Biju couples by Einthannoor Colony, Panappamkunnu, Kilimanoor.

As part of fund raising for the project, old newspapers were collected. Newspapers were collected from the houses around the college.



KANAL FEST (WOMEN EMPOWERMENT)

05/10/2023

On October 5, 2023, the NSS Units of Sivagiri Sree Narayana College, in collaboration with the Women and Child Welfare Development Department, organized Kanal Fest. The event was inaugurated by Mrs. P.S. Tasni (District Child Development Officer) and presided over by Principal Dr. Vinod C. Sugathan.

The program featured a 'Dheera' self-defense training by Mrs. Jisha Thiyagarajan, an awareness class by the Police Training Academy, and speeches by Sri. Aji S R M, Dr. Soju S, and Programme Officers P.K. Sumesh and Dr. R. Reshma.

Kanal Fest also included skits, short films, and debates addressing issues of violence against women and gender discrimination, aiming to raise awareness and promote equality.




Principal
Sree Narayana College
Sivagiri, Thrissur

SEMINAR

09/10/2023

NSS Units of Sree Narayana College Sivagiri, Varkala organized two seminars in collaboration with Family Planning Association of India and Rotary Club International Trivandrum. On 9th October 2023 at 1.30 pm Dr. MKC Nair conducted a seminar on '*Premarital life and studies*'.

Then from 2.30 pm Dr. Sobha Mathew also conducted a seminar on the topic '*Humanity*'. Principal Dr. Vinod C Sugathan presided the programme. Programme Officer Dr.R Reshma delivered welcome speech and volunteer secretary Sri. Athul B S gave vote of thanks.



KOITHULSAVAM

11/10/2023

The NSS Units of Sree Narayana College Sivagiri, Varkala conducted 'Virip Krishi' cultivation in Karathala Vayalela of Cherunniyoor grama panchayath on 24th June 2023. Harvesting of the said crop took place on 11th October 2023. The programme was organized as a harvest festival.



Kerala Kaumady Daily



WOMEN EMPOWERMENT

14/10/2023

Skit practice



DEBATE



PADHEYAM

17/10/2023

NSS Units of Sivagiri Sree Narayana College for in patients and by standers of Varkala Taluk Hospital, Volunteers distributed food packets named PADHEYAM Volunteers distributed common food packets brought from their homes. Inauguration of food kit gathering by Principal Dr. Vinod C Sugathan.

Programme Officers of NSS Units Sri. P K Sumesh and Dr. Reshma volunteers Sri. Athul, Sri. Sanjay and others led the programme.



VIDYAVANAM CLEANING

21/10/2023

On October 21, 2023, as part of Vanamahotsav-2023, Adv. V. Joy MLA inaugurated the Vidyavanam project at Sivagiri Sree Narayana College, developed with the Department of Forestry and NSS Units.

Volunteers conducted a cleaning drive to remove weeds that were obstructing the growth of saplings, ensuring the healthy development of the newly planted trees in the biodiversity conservation project.



Principal
Sreedevi Sree Narayana College
Varkala, Kerala

'SWAPNAKODU' FUND COLLECTION

21/10/2023

Under the auspices of Sree Narayana College Sivagiri, Varkala National Service Scheme Units, the fund collection of "Swapnakoodu" to be built for differently abled student in Kilimanoor grama panchayath was held on the 21st of October 2023.

Under the auspices of Sree Narayana College Sivagiri, Varkala National Service scheme Units, the fund collection of "Swapnakoodu" to be built for differently abled students in Kilimanoor grama panchayath was held on 27th of October 2023.



FUND COLLECTION



Job Fair Orientation – 26/10/2023

On October 26, 2023, an orientation program was held at Sivagiri Sree Narayana College to assist job seekers for the Job Fair organized under Kerala Government's Knowledge Economy Mission at Varkala Government Model Higher Secondary School on October 29, 2023.

Mr. Kailas Karthikeyan, a representative of the Knowledge Economy Mission, conducted the orientation, while Programme Officer P.K. Sumesh delivered the welcome address and Sri Sanjay gave the vote of thanks.



Orientation Class



JOB FAIR

29/10/2023

Under the auspices of Kerala Government's knowledge Economy mission, a job fair was organized for job seekers on 29th October 2023 at Government Model Higher Secondary School, Varkala volunteers of NSS Unit of Sivagiri Sree Narayana College provided the necessary assistance to the job seekers. Also got certificate of Government knowledge economy mission for precise and commendable interventions of volunteers in connection with Job fair.



Unity Day – 01/11/2023

Sardar Vallabhbhai Patel, a key figure in India's freedom struggle and the unification of India, is honoured on his birthday, October 31st, as Rashtriya Ektha Divas (Unity Day).

To celebrate, a making competition was organized, with 25 contestants participating. Imagesen and team secured the first place, followed by Nandu Krishnan K and team in second, and Jeethu S and team in third.



PLEDGE



Kerala Piravi Celebrations – 02/11/2023

Kerala Piravi Day, celebrated on November 1st, marks the formation of the state of Kerala in 1956, based on language reorganization after India's independence. It united the Travancore, Kochi, and Malabar regions to form the state.

This year, the NSS Unit of Sivagiri Sree Narayana College participated in the celebrations by organizing a quiz competition to honour the occasion.



Principal
Sivagiri Sree Narayana College
Sivagiri, Thrissur

ADULT LITERACY IN DIGITAL WORLD

13/11/2023

“Adult Literacy in Adopted Village” is a project under the auspices of Sree Narayana College Sivagiri, Varkala National Service scheme units, where they impart knowledge in modern information technology to the senior citizens of the adopted village. As part of this on 13th November 2023 volunteers reached the adopted village and taught the operations of G-pay and phone pay etc.



Adult Literacy in Adopted Village

CHILDRENS DAY

14/11/2023

Children's Day, celebrated on November 14th, honors Jawaharlal Nehru's birthday and raises awareness about children's rights, care, and education.

This year, the NSS Units of Sivagiri Sree Narayana College visited the Adopted Village and interacted with children at the Anganwadi. They distributed stickers featuring Nehru's picture, study materials, and sweets, and engaged in art activities with the children.

Volunteers also created and shared posters related to children's issues in the NSS WhatsApp group.



Kerala Kaumady Daily



PALLIATIVE CARE CAMP IN TALUK HOSPITAL

18/11/2023

NSS Units of Sivagiri Sree Narayana College are carrying out various activities in association with Varkala Taluk Hospital. Palliative care activities are one of them. As part of that, a palliative care camp was organized on 18th November 2023 at Varkala Taluk Hospital. The said programme was inaugurated by the hospital superintendent Dr. K. Anil. Then Dr. S. Roy conducted the class.



Principal
Sivagiri Sree Narayana College
Varkala, 11.11.2023

DIGITAL LITERACY

18/11/2023

Digital Literacy is the ability of individuals and communities to understand and use digital technologies for meaningful actions within life situations simply it is the ability to access the computer/mobile/internet for out day-to-day activities and being connected with others through the internet.

“DIGIVILLAGE” is project launched under the auspices of NSS units of Sivagiri Sree Narayana College to impart digital literacy to the public in the village. This is a project aimed at empowering the people in the village who do not have digital literacy. As part of this, volunteers reached the Adopted village as 18th November 2023 and taught people in digital technology.



CLEANING IN ADOPTED VILLAGE

18/11/2023

Under the auspices of NSS Units of Sivagiri Sree Narayana College, on 18th November 2023, cleaning activities were carried out in the adopted village.



Principal
Sivagiri Sree Narayana College
Varkala, Kerala

VAYAL

25/11/2023

Traditional rice cultivation in Kerala is done in three stages. Its second crop is 'Mundakan Poolu or 'Mundakan Poovu'. In advance of the said cultivation, on 25th November 2023, the field was edged and lime was applied.



Principal
Sree Narayana College
Vayal, Kerala

OBSERVANCE OF CONSTITUTION DAY

26/11/2024

Constitution Day, or National Law Day, is observed on November 26th to commemorate the adoption of the Indian Constitution in 1949.

This year, the NSS Units of Sivagiri Sree Narayana College, Varkala, marked the day with an online quiz and a program titled "Reading the Preamble: Awareness to Public." Volunteers read the Preamble aloud, shared recordings via WhatsApp with peers, and submitted screenshots to volunteer secretaries, promoting constitutional awareness.



ORIENTATION PROGRAMME

28/11/2023

Sree Narayana College Sivagiri, Varkala NSS units provided orientation to the new volunteers who joined the NSS family. The orientation was conducted by Sri. Brahmanayakam Mahadevan, eminent National NSS motivated trainer and founder director of Sahjeevan special school.



The poster features the college logo on the left and the NSS logo on the right. The text is centered and reads: 'SREE NARAYANA COLLEGE, SIVAGIRI, VARKALA NATIONAL SERVICE SCHEME UNIT KL-07-16 A&B ORIENTATION PROGRAMME'. Below this is a portrait of Sri. Brahmanayakam Mahadevan. Underneath the portrait, it says 'SRI. BRAHMANAYAKAM MAHADEVAN (NSS ACHARYAN)'. The date and time are 'Date & Time: 28-11-2023 Tuesday 1.30 pm' and the venue is 'Venue: Gurudakshina Auditorium'. At the bottom, it lists the 'PROGRAMME OFFICERS' as P K Sumesh and Dr. R Reshma, and the 'PRINCIPAL' as Dr. Vinod C Sugathan.

**SREE NARAYANA COLLEGE,
SIVAGIRI, VARKALA**
**NATIONAL SERVICE SCHEME UNIT
KL-07-16 A&B**
ORIENTATION PROGRAMME

**SRI. BRAHMANAYAKAM MAHADEVAN
(NSS ACHARYAN)**

Date & Time: 28-11-2023 Tuesday 1.30 pm
Venue: Gurudakshina Auditorium

PROGRAMME OFFICERS
P K Sumesh
Dr. R Reshma

PRINCIPAL
Dr. Vinod C Sugathan

BROCHURE



PALLIATIVE CARE

28/11/2023



AIDS Day – 01/12/2023

World AIDS Day, observed annually on December 1st since 1988, raises awareness about the AIDS pandemic and honors those who have lost their lives to the disease.

This year, the NSS Units of Sivagiri Sree Narayana College, Varkala, organized an awareness class in the college auditorium. The session was conducted by Dr. Binushmaraj, Assistant Professor, Department of Zoology.



MEDICAL CAMP

02/12/2023

A health camp for students was organized by NSS Units, S N College, Varkala in association with Taluk Hospital, Varkala at the college on 21/12/2023 at 10.00 am and also distributed health cards.

Aim

The main aim of the camp was to understand the general health conditions of students also to understand if anybody needs more check-ups and medical assistance. The health camp also aimed to distribute a health card regarding the current health status of students.

Activities

The programme was inaugurated by Dr Anil K



Principal
Sree Narayana College
Varkala, Kerala

NAVAKERALA SADASS RALLY

02/12/2023

“NAVAKERALA SADASS” was a special programme organized under the auspices of Kerala Government. The programme was held at selected places in all 140 Constituencies of Kerala State. Varkala constituency centered programme was organized at Varkala Sivagiri Auditorium. The NSS Units of Sivagiri Sree Narayana College also participated in the proclamation rally held to promote it. Programme Officer Sri. P K Sumesh, Volunteers Sri. Athul, Sri. Abhijith Ullasan, Sri. Sanjaya and others led the interventions in ‘Vilambara Jadhha’



BLIND SCHOOL VISIT

04/12/2023

Observation of International Day of People with Disability

The international day of people with disability is observed to understand the problems and disadvantages of people with disabilities and to raise funds to protect their dignity, rights and wellbeing. This day has been celebrated since December 3, 1992 under the auspices of the United Nations.

On the occasion of this year's International day of people with Disability under the auspices of the NSS Units of Sree Narayana College Sivagiri, Varkala visited Sivagiri Light to the Blind School. The volunteers danced and sang with the differently abled children of the school sweets were also distributed.



Foundation Stone Laying of Swapnakoodu – 05/12/2023

Swapnakoodu is a project by the NSS Units of Sivagiri Sree Narayana College, Varkala, in collaboration with KRTA SN Trusts, Rising Star Cricket Club, and the college staff, to build a differently-abled-friendly home for M.S. Sanju, a 7th-grade student from Cinthannoor Colony, Kilimanoor.

On December 5, 2023, the foundation stone for the house was laid by Varkala MLA Adv. V. Joy, with Principal Dr. Vinod C. Sugathan presiding. Felicitations were delivered by SN Trust executive member Sri. Aji S.R.M, PTA Vice President G. Sivakumar, and KRTA representative Mrs. Shamila. The event was led by Programme Officer Dr. R. Reshma and NSS volunteers.



NADEEL ULSAVAM

16/12/2023

Traditional rice cultivation in Kerala is done in three stages. The second crop is 'Mundakan Poolu' or 'Mundakan Poovu'. The initial operations of the said farm started on 25th November 2023. On the 16th of December 2023, Nadeel Utasavam was celebrated and farming was done.



Principal
Sree Narayana College
Vellore, 696 001

PTA FOR CAMP

18/12/2023

It has been decided to conduct the annual seventh day camp from 22nd December 2023 to 28th December 2023 under the auspices of Sree Narayana College Sivagiri, Varkala. The PTA meeting as part of it was held on 18th December 2023 at the college conference hall.



Green Army in Sivagiri Theerthadanam – 31/12/2023

Sivagiri, a renowned pilgrimage center in Thiruvananthapuram, Kerala, is home to the Samadhi Mandir of Sree Narayana Guru Dev. Thousands of pilgrims visit annually from December 30th to January 1st, observing fasts as guided by the Guru.

This year, the NSS Units of Sivagiri Sree Narayana College, Varkala, supported the pilgrimage from December 30, 2023, to January 1, 2024, assisting with pilgrim facilities and ensuring adherence to the green protocol, as requested by the Government and Sivagiri Mutt.



Principal
Sivagiri Sree Narayana College
Varkala, Kerala

SWAPNAKOODU

06/01/2024

The NSS units of Sree Narayana College Sivagiri, Varkala have decided to provide a house to homeless differently abled student in the Kilimanoor grama panchayath. The construction work of the said project named “Swapnakoodu” was done and on 6th January 2024, volunteers contributed their man power.



SHENARAMAM

08/01/2024



Swapnakoodu Fund Handover – 11/01/2024

Swapnakoodu, a housing project by the NSS Units of Sivagiri Sree Narayana College, Varkala, in collaboration with Kilimanoor KRTA, SN Trust Management, and Rising Star Cricket Club, mobilized ₹1 Lakh for construction efforts.

The fund was handed over in a ceremony presided over by Principal Dr. Vinod C. Sugathan. SN Trust executive member Sri. Aji S.R.M inaugurated the event. Felicitations were delivered by PTA Vice President Sri. G. Sivakumar, Senate Member Dr. S. Soju, IQAC Coordinator Dr. L. Preethakrishna, and representatives of KRTA, including Smt. M. Shamila, Smt. Smitha P.K, and Sri. Abhinav S. Programme Officer Dr. R. Reshma welcomed the attendees, and Smt. M. Shamila gave the vote of thanks.



NATIONAL YOUTH DAY

12/01/2024

National Youth Day, celebrated on Swami Vivekananda's birthday, has been observed since 1985 to inspire youth to contribute to national progress.

This year, the NSS Units of Sivagiri Sree Narayana College, Varkala, organized an essay writing competition and a quiz competition. Sri. Nandhu Krishnan, Kumari Sneha Treesa Rajesh, and Sri. Sarath S emerged as winners. Programme Officer Dr. R. Reshma distributed prizes to the winners.



The poster is for the National Youth Day event at Sree Narayana College, Sivagiri, Varkala. It features a large, faint watermark of Swami Vivekananda in the background. The text is centered and includes the college name, NSS Unit details, the date (12th JAN 2024), and the time and venue (1:00pm to 2:30pm in the Conference Hall). It lists two main programmes: 'Upanyasa Beehana' and 'Quiz Competition', both at 1:00pm and 2:30pm respectively in the Conference Hall. A third programme, 'Poster Making' for NSS Volunteers, is also listed. At the bottom, the names of the Programme Officers (P.K. SUMESH and DR. R. RESHMA) and the Principal (DR. VINOD.C. SUGATHAN) are provided. An illustration of six diverse young people standing in a line with their arms around each other is positioned above the names.

SREE NARAYANA COLLEGE
SIVAGIRI, VARKALA
NATIONAL SERVICE SCHEME
UNIT KL-07-16, A&B

12th JAN 2024
NATIONAL YOUTH DAY
Time : 1:00pm to 2:30pm
Venue : Conference Hall

Programmes

(COLLEGE WISE PROGRAMME)

• Upanyasa Beehana
Time : 1:00pm
Venue : Conference Hall

Quiz Competition
Time : 2:30 pm
Venue : Conference Hall

**(NSS Volunteers)
Poster Making**

PROGRAMME OFFICERS
P.K.SUMESH
DR.R.RESHMA

PRINCIPAL
DR.VINOD.C.SUGATHAN



Principal
Sree Narayana College
Sivagiri, Varkala

Home Visit of Palliative Care Patients – 12/01/2024

The Palliative Care Project is a key initiative of the NSS Units at Sree Narayana College, Sivagiri, Varkala. In collaboration with the Varkala Taluk Hospital, volunteers regularly visit palliative care patients at their homes to provide care and support.

On 12th January 2024, a home visit was conducted by NSS volunteers, offering assistance and companionship to the patients.



SWAPNAKOODU SUNSHADE CONCRETING

13/01/2024

Swapnakoodu is a project of National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. This is a project to provide a house to a differently-abled homeless student of Kilimanoor Grama Panchayath. Sunshade concreting, which is a part of the construction works of the said house took place on 13th January 2024. Volunteers provided their manpower through this construction work.



TOP CONCRETING OF SWAPNAKOODU

18/01/2024

Swapnakoodu is a project of National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. This is a project to provide a house to a differently abled homeless student of Kilimanoor Grama Panchayatg. The concreting of the upper part of the said house was done on 18th January. Volunteers provided their manpower throughout this construction work.



  **Principal**
Sree Narayana College
Varkala, 695 004

National Girl Child Day – Awareness Programme "Parakkam Parannuyaram" (POSCO)

25/01/2024

As part of National Girl Child Day 2024, the NSS Units of Sree Narayana College Sivagiri, Varkala organized an awareness programme for students of the adopted Kayikkara Asan Memorial Government School.

The session, titled "Parakkam Parannuyaram," was conducted by Psychologist Dr. C. S. Salini, who presented the topic in an engaging and easily understandable manner for the children.

School Headmistress Smt. V. J. Anupama and Programme Officer Sri P. K. Sumesh addressed the gathering, with leadership from Sri Achal, Sri Rahul Prakash, and others.



SNEHARAMAM

24/01/2024

‘Sneharamam’ was a project to clean and beauty 3000 waste centres in public places and turn them into useful places for the people in collaboration with the Higher Education Department of the government of Kerala and the NSS Units. The State level inauguration of the said project was held on Wednesday,24thJanuary 2024. Honorable Minister of Higher Education and Social Justice Dr. R. Bindu inaugurated the programme at Govt. Women’s College Thiruvananthapuram. NSS Programme Officer of SN College, Varkala Sri P K Sumesh, Volunteers Sri Athul, Sri Ananthu, Kumari Richusai, Sri Sanjay and others participated in the said programme.



REPUBLIC DAY CELEBRATION

26/01/2024

Republic Day was celebrated under the auspices of the National Service Scheme units of Sree Narayana College of Sivagiri, Varkala. S N Trust executive members Sri. Aji SRM inaugurated the programme. Principal Dr. Vinod C Sugathan presided the meeting and hosted the flag. Examination Superintendent Dr. Sajesh Sasidharan, Senate Member Dr. S Soju, Smt. Anilakumari, Sri. S Syamraj, Programme Officers Sri. P K Sumesh and Dr. R Reshma, PTA Vice President and Secretary of Alumni Association Sri G Sivakumar delivered felicitations



MARTYR'S DAY

30/01/2024

January 30th is recognised Nationally Martyrs Day in India, to mark the Assassination of Mahatma Gandhi in 1948. It is also a date to honour those who have sacrificed their lives for the nation. Various programmes are organized in different day. A pledge was organized under the auspices of NSS Units of Sivagiri Sree Narayana College.



Principal
Sivagiri Sree Narayana College
Sivagiri, Kerala

JAIVA VALAM CHERKKAL

01/02/2024

Under the auspices of the NSS Units of Sivagiri Sree Narayana College a new paddy cultivation was started on the 16th of December 2023. The weeding as a part of it took place on the first day of February 2024.

SCUBA DIVING THEORY CLASS

10/02/2024

Water sports or aquatic sports are sports activities conducted on water bodies and can be categories according to the degree of immersion by the participant.

Today water sports is not only a sport but also a way of earning money. It is in this context that the national service scheme units of Sivagiri Sree Narayana College organised scuba theory classroom session in association with Varkala water sports.. The Scuba School of International Director Mr. Mesh Manohar conducted the theory classes using water sports documents were held. Kumari Richu Sai delivered welcome speech and Kumari Pratheeksha P gave vote of thanks.



KURUNNUKALKORU KUNJU PUTHAPPU

14/02/2024

Children studying in Anganwadi in Adopted Village come from socially and economically backward where NSS volunteers collect and donate clothes to these children. This year the event was held on 14/02/2024. SN Trust Executive Member Sri. Aji SRM inaugurated the programme. PTA Vice President and Former Students Association Secretary, Sri. G Sivakumar, Programme Officers Sri. P K Sumesh and Dr. R Reshma, Volunteers Sri. Athul, Sri. Ananthukrishna, Kumari Richu Sai, Kumari Sangami etc. lead the programme.



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Principal
Sree Narayana College
Verhala, Kerala

PALIATIVE CARE TRAINING

21/02/2024

Varkala Taluk Hospital conducted palliative care training for NATIONAL SERVICE SCHEME volunteers of Sree Narayana College Sivagiri, Varkala. Taluk Hospital Superintendent Dr Anil inaugurated the training programme. Dr. Roy led the class.



PALLIATIVE CONFLUENCE

29/02/2024

Palliative confluence/Palliative Sangamam was held under the joint auspices of National Service Scheme units of Sivagiri Sree Narayana College and Taluk Hospital Varkala. The programme was organized at Varkala UD Auditorium. Municipal Chairman of Varkala Sri. K M Laji presided over the programme held on 29th February 2024. Varkala MLA Adv. V Joy inaugurated the programme Municipal councillors and NSS programme officer Sri P K Sumesh and others delivered felicitations. Taluk hospital Superintendent Dr. K Anil delivered welcome speech and Nursing in charge of palliative care Smt. Aswathy gave vote of thanks.



ORIENTATION PROGRAMME

01/03/2024

Varkala Municipality was decided to implement the “Swach Survetion Programme”. As part of the said project, the campaign was conducted the collaboration with state Suchitwamissoin and National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. As part of this one to one campaign were conducted. An orientation programme related to its activities was held at college conference hall on 1st March 2024 at 1.30 pm. Kerala Sanitation Mission Thiruvananthapuram District Co-coordinator Sri. Harikrishnan, Varkala Municipal Corporation Sanitation Mission Programme Co-Ordinator Mrs. Lini etc. conducted the class. Programme Officer Sri. P K Sumesh delivered welcome speech and volunteer Sri Athul gave vote of thanks.



One-to-One Campaign

01/03/2024

The Swachh Survekshan Programme, initiated by Varkala Municipality in collaboration with the State Suchitwa Mission and NSS Units of Sree Narayana College Sivagiri, aimed to raise awareness among tourists at Varkala Cliff about proper waste disposal.

Held from 1st to 10th March 2024, the campaign encouraged depositing waste in designated bins to support a garbage-free Kerala.

Inaugurated by Mr. K. M. Laji, Municipal Chairman, the programme saw active involvement from officials and volunteers Sri Athul, Sri Rahul, Kumari Ashasurabhi, and others.




Principal
Sree Narayana College
Sivagiri, Kerala

WALKANTHON

06/03/2024

As part of the anti-drug activities, a programme called 'WALKATHON' was organized in Thiruvananthapuram under the auspices of the State Government and the State NSS Cell volunteers named Sri. Amal, Sri Athul, Sri. Sanjay and others of Sivagiri Sree Narayana College participated in the said programme.



BLOOD DONOR'S SOCIETY

08/03/2024

The National Service Scheme Unit of Sree Narayana College Sivagiri, Varkala received the award of the Kerala blood donors society in recognition of the excellent blood donation drive. Programme Officer Sri P K Sumesh, volunteers Sri Achal and Sri Amaldev took over the award.



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Principal
Sree Narayana College
Varkala, Kerala

THANNEERKUDAM

11/03/2024

Sivagiri Sree Narayana College NSS Units 'THANNEERKUDAM' project is a part of the units pro-environmental activities. This is an action plan to provide thirsty water to birds and insects that are suffering from lack of water in summer.

This is done by pouring fresh water in earthen pots/mud pots and hanging them on tree branches and other places. As soon as the water runs out, it will be refilled again and again.

The above mentioned programme was inaugurated this year by Principal Dr. Vinod C Sugathan. Sri. P K Sumesh and Dr. R. Reshma Programme Officers of NSS Units, Volunteers Sri. Athul, Sri. Sanjay, Sri. Amaldev etc. led the programme.



HARITHA KALALAYAM CERTIFICATE

12/03/2024

Officers in Varkala Municipality limit which adhere to the green protocol also issue certificate such as Green Office/ Green College/ Green School. The certificate is issued after an audit conducted every three years. In 2021, Sivagiri Sree Narayana College received the said certificate. The college has again been awarded the Green Campus Certificate in the 2023 audit. The certificate was issued on 12th March 2024 at Varkala Municipal Hall. NSS Programme Officer Sri. P K Sumesh Volunteer, Sri. Amaldev reached the place of certificate distribution and received the certificate from Municipal Chairman Sri. K M Laji

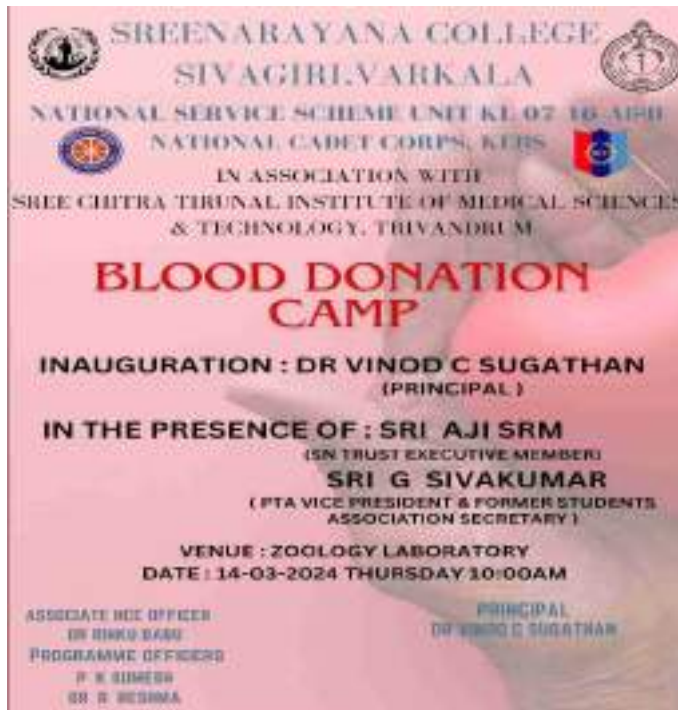


BLOOD DONATION CAMP

14/03/2024

Blood donation is a vital life-saving act, especially in emergencies, surgeries, childbirth, and conditions like anemia or platelet reduction. It's essential for maintaining adequate blood supplies in blood banks and helps stimulate new blood cell production in the donor's body.

To promote voluntary blood donation, the NSS Units of Sree Narayana College Sivagiri organized a blood donation camp. The event was inaugurated by Principal Dr. Vinod C Sugathan, with Sri Aji SRM, Dr. Leji, Dr. Binushma Raju, and others delivering felicitations. The program was led by Dr. R. Reshma, with Kumari Richu Sai offering the vote of thanks.



Principal
Sree Narayana College
Varkala, 31.4.19

Adopted School Activities

15/03/2024

The NSS Units of Sree Narayana College Sivagiri organized a program called "Valsalyam" at Kayikkara Asan Memorial Government School. The event featured a children's debate with Sri Brahmanayakam Mahadevan, a National NSS trainer and motivational speaker. The goal was to impart values and knowledge through games, songs, stories, and dances.

The program was inaugurated by Sri Aji SRM, with Smt. V J Anupama, Headmistress, presiding. Sri G Sivakumar, PTA Vice President, Sri P K Sumesh, NSS Program Officer, and others delivered felicitations. Smt. S Anithakumari gave the welcome speech, while Smt. S Lissy offered the vote of thanks. The program was led by Sri Athul, Sri Abhijith, Kumari Richusai, and others.



Principal
Sree Narayana College
Sivagiri, 31.4.19

WORLD FOREST DAY

21/03/2024

World Forest Day, observed every year on March 21, aims to raise awareness about the importance of forests and the threats posed by deforestation. The United Nations declared this day in 2012, emphasizing the need to protect forests from human activities that endanger ecosystems.

As part of this year's celebration, the NSS Units of Sree Narayana College Sivagiri organized several programs. A poster writing and quiz competition were held on campus. Additionally, in collaboration with the Attingal Range Social Forestry Division and the Kerala Forest Wildlife Department, a flashmob and street play were conducted at Varkala Junction to raise awareness. Forest officers Mr. Shahul Hameed, Mr. Shajahan, and Mr. Shaji, along with NSS Program Officer Sri P K Sumesh, addressed the gathering during the event.

A poster writing competition was held as part of the said day celebration. First Year B.Com Hotel Management student Sri Sarath bagged 1st position. First Year B.Sc Chemistry student Sri Image Sen 2nd position and First Year B.Com Hotel Management Student Sri Arun 3rd position.





PALLIATIVE FOOD KIT DISTRIBUTION

21/03/2024

National Service Scheme units of Sree Narayana College Sivagiri, Varkala is implementing various schemes for Palliative care patients. As part of that, food kit distribution and medicine kit distribution was organized on 21st March 2024. The programme was inaugurated by Principal Dr. Vinod C Sugathan. IQAC Cordinator Dr. L Preetha Krishna, Programme Officers of NSS, Sri. P K Suresh and Dr. R Reshma also participated.





Principal
Sree Narayana College
Varkala, Kerala

GREEN CAMPUS

23/03/2024

AS part of making Sivagiri Sree Narayana College A Complete Green Campus, bins made of metal were prepared with the help of PTA to deposit the discarded plastic bottles etc. The said bins were painted and placed at designated places by NSS volunteers Sri. Vishnu, Sri. Amaldev, Sri Akshay and Sri Karthik were involved in the activities.



Swapnakoodu – Handover of Keys

27/03/2024

The house built by the NSS Units of Sree Narayana College Sivagiri for a differently-abled 7th Standard student was handed over on March 27, 2024. Principal Dr. Vinod C. Sugathan presided, and Sri Aji SRM from S N Trust handed over the keys.

Dignitaries included Dr. L. Preethakrishna, Dr. S. Soju, Dr. R. Reshma, Sri G. Sivakumar, Mr. K. Kishore, and Sri P. Prasanth. The welcome speech was by Sri P K Sumesh, with Smt. Shamila giving the vote of thanks.



- **ബഹു. എ. സത്യനാഥ്**
മേന്മയിന്റെ കോർഡിനേറ്റർ,
എൻ.എൻ.എസ്. കോളേജ് സർവ്വകലാശാല
- **ബഹു. എൻ. പ്രിയങ്കുമാർ**
കെ.എ.എ.എ.സി. കോർഡിനേറ്റർ
- **ബഹു. എസ്. ബാബു**
ബസ്റ്റ് ടീച്ചർ
- **ബഹു. ആർ. രാജീവ്**
സ്റ്റുഡന്റ്സ് വെൽഫെയർ, എൻ.എൻ.എസ്.
- **ഡ്രീ. ബി. ബിനുമാർ**
പി.ടി.എ. കോർഡിനേറ്റർ,
പുഴയൻമുക്ക് സർക്കാർ,
എൻ.എസ്. കോളേജ് വർക്കർ
- **ഡ്രീ. കെ. ഹിരണ്യ**
കോർഡിനേറ്റർ പ്രിൻസിപ്പൽ വർക്കർ.
- **ഡ്രീ. ബി. സുധാപ്രസാദ്**
പേരോട്, സ്റ്റാഫ് റ്റു സർവ്വകലാശാല
- **ഡ്രീ. പി. പ്രസാദ്**
സ്റ്റുഡൻ്റ്, എൻ.എസ്. കോളേജ് വർക്കർ
- **കുമാരി ബിനു രാജ**
കോളേജ് സ്റ്റുഡൻ്റ് പേരോട് സർവ്വകലാശാല
- **ഡ്രീ. അരുൺ. ബി. എസ്**
സ്റ്റുഡൻ്റ് ട്രെയിനി, എൻ.എൻ.എസ്.
- **വിൽ.സി.വൃദ്ധസികൾ പേരോട്**
- **ഡ്രീ. വി. സാമിന്ദ്ര. എം.**
KRTA സർവ്വകലാശാല, മിറ്റു
ബസ്റ്റ് ട്രെയിനി

സംഘാടനം
കൃതമം

ശ്രീനാരായണ കോളേജ്
മേന്മയിൽ, വർക്കർ

ഹൈസ്കൂൾ സ്റ്റാഫ് ക്രിക്കറ്റ് ക്ലബ്ബ്, വർക്കർ
കെ.ആർ.റ്റി.എ, കിഴിമാറ്റം

സ്വകാര്യ
സംസ്ഥാന
സംഗ്രഹം
എസ്.എസ്. 15. 07-16A.9
കിഴിമാറ്റം

പുസ്കരം

കെ.ആർ.റ്റി.എ
ബി.ആർ.സി. കിഴിമാറ്റം

താക്കോൽ ദാനം

2024 മാർച്ച് 27
സ്റ്റുഡൻ്റ്സ് വെൽഫെയർ സെക്ഷൻ,
സ്റ്റുഡൻ്റ്സ് വെൽഫെയർ, എൻ.എസ്. കോളേജ്, മേന്മയിൽ

HARVEST FEST

28/03/2024

NSS units of Sree Narayana College Sivagiri, Varkala with the help of Cherunniyoor Krishi Bhavan , are doing cultivation as paddyland. The harvest festival of ‘Mundakan Krishi’ which is a part of the above mentioned cultivation was done on 28th March 2024 and 29th March 2024.



SUMMER CAMP

15/04/2023

A Summer Camp was organized under the auspices of IQAC of Sivagiri Sree Narayana College. The camp was organized from 7th to 15th April 2024. The programme was organized with the aim of academic progress of the students in the surrounding areas of the college and excellent involvement in social fields. 15th April 2024 After noon was allotted to introduce general knowledge and social interaction about NSS Programme Officers of NSS Mr. P K Sumesh and Dr. R Reshma also conducted classes to create general awareness about NSS among the children. The volunteers also performed a street play.



Farewell

29/05/2024

A farewell was held for senior NSS volunteers graduating from Sree Narayana College Sivagiri. Sri Aji SRM inaugurated the program, and Kumari J S Sivapriya presided. Sri P K Sumesh, Dr. R Reshma, and Sri G Sivakumar delivered felicitation speeches.

Volunteers Sri Athul, Sri Sanjay, Sri Rahul Prakash, Kumari Richu Sai, and others were honored with gifts. Performances included songs by Sri Nandhukrishnan and Sri Sreepath, and the NSS song by Sri Arun, Kumari Shahana, and Kumari Saroshma. The event ended with a welcome speech by Kumari J S Ashasurabhi and a vote of thanks by Kumari Neethu S.



World No Tobacco Day

31/05/2024

World No Tobacco Day aims to raise awareness about the harmful effects of tobacco and encourage governments to regulate tobacco products. Tobacco use leads to deadly diseases like cancer, heart disease, and stroke, causing around 10,000 deaths daily worldwide.

As part of this year's observance, Sree Narayana College Sivagiri, Varkala, organized awareness campaigns under the National Service Scheme Units. Anti-tobacco leaflets were distributed in Varkala and surrounding areas, including in the houses of adopted villages.



Chikilsa Sahayam (Treatment Assistance)

30/05/2024

Sri S. Sureshkumar, a former student of Sree Narayana College Sivagiri (1979-1983), developed a severe liver disease after 13 years of continuous treatment. His condition worsened, requiring a liver transplant, which was estimated to cost around ₹30 lakh.

In response, the National Service Scheme Units of the college raised ₹10,500 through a medical relief fund. Programme Officer Sri P K Sumesh, along with PTA Vice President Mr. G Sivakumar, Alumni Executive Committee Members, and volunteers, visited Sri Sureshkumar's home to provide the financial assistance.



Adopted School

31/05/2024

The Government Asan Memorial Lower Primary School (GAMLPS), adopted by the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala, was cleaned before the new academic year began. Volunteers washed and cleaned classrooms, benches, desks, and the school grounds, enhancing the environment.

The NSS units have been involved with this school since it was adopted on 24th December 2022. Volunteers such as Sri Nandu A S, Sri Abhay, Sri Mohammed Salmonn, Sri Sachin, Sri Sarath, Sri Nandukrishnan, and Sri Gokul Satheesh participated in the cleaning activities, under the guidance of Programme Officers Sri P K Sumesh and Dr. Reshma.



Free Tuition Inauguration

31/05/2024

The Free Tuition programme for economically backward students in the adopted village was inaugurated by the NSS Units of Sree Narayana College Sivagiri on 31/05/2024.

Sri Aji SRM inaugurated the event, with Sri G Sivakumar, Sri P K Sumesh, and Smt. Sheena offering felicitations. Study materials and sweets were distributed. Volunteers Kumary Asasurabhi, Kumary Devika, Kumary Nandana, and others led the programme.



TURMERIC PLANTATION

31/05/2024

The National Service Scheme Units of Sree Narayana College Sivagiri, Varkala are implementing various agricultural schemes. Turmeric plantation is one of them. The construction of this year's. Turmeric plantation took place on 31/05/2024.



CIVIL DEFENSE GROUP

12/09/2023

The Fire and Rescue Department of the Government of Kerala has decided to form a Civil Defense Group in view of unexpected natural calamities and other calamities.

Volunteers of NSS Unit of Sree Narayana College Sivagiri, Varkala are working as members in the Civil Defence Group formed under the auspices of Varkala Fire and Rescue Department.



Annual Seven-Day Camp

22/12/2023 - 28/12/2023

The NSS Annual Seven-Day Camp at Sree Narayana College Sivagiri was inaugurated on 22/12/2023 by Varkala Municipal Chairman Sri K M Laji, with the NSS Flag hoisting by Principal Dr. Vinod C. Sugathan.

Key Activities:

- Day 2: Motivational talk by Sri Brahma Nayakam Mahadevan, and disaster rescue training by Kerala Fire and Rescue Service.
- Day 3: Yoga session by Mrs. Divya Sajith and Mushroom Cultivation class by Dr. Reshma.
- Day 4: Anti-drug class by Mr. A P Shajahan and a Christmas celebration with children.
- Day 5: Energy efficiency session by Dr. C Biju, and a talk on Democracy and Elections by Sri Ajayan and Sri Manoj.
- Day 6: Anti-drug chain during Sivagiri Pilgrimage.

The camp concluded with a closing ceremony on 28/12/2023, where volunteers shared experiences.



Principal
Sree Narayana College
Sivagiri, 22.12.2023

PALLIATIVE CARE HOME VISIT WITH THE PALLIATIVE CARE WING OF VARKALA TALUK HOSPITAL

The palliative care project is notable among the National Service Scheme activities of Sree Narayana College Sivagiri, Varkala. Many activities carried out in association with in with the assistance from Varkala Taluk Hospital. One of them is home visits of palliative care patients.

Volunteers along with palliative care wing of Varklala Taluk Hospital conducted home visits of palliative care patients on 28th November 2023, 27th January 2024, 1st February 2024 & 9th February 2024.



CLEANING

Under the auspices of the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala, the premises of the College were cleaned on 23/08/2023, 14/11/2023, 13/11/2023, 25/11/2023, 11/12/2023, 13/12/2023, 15/12/2023, 19/12/2023, 20/01/2024, 24/02/2024, 09/05/2024 and 31/05/2024.




Principal
Sree Narayana College
Varkala, Kerala

World Oceans Day

8th June 2023

World Oceans Day was celebrated at Varkala Beach by Sree Narayana College Varkala's Department of Zoology, NCC, and NSS. The event aimed to raise awareness about the importance of oceans in sustaining life and regulating climate.

The inauguration was led by MLA Adv. V. Joy, with speeches from Dr. Vinod C. Sugathan (Principal), Dr. Preetha Krishna, Dr. Leji, and Dr. Binushma Raju. Dr. Babitha G S gave the vote of thanks.

Volunteers, including 20 cadets, 25 NSS volunteers, and 20 students from Sree Narayana Guru College, participated in a beach cleanup, collecting waste for recycling. The event emphasized water conservation and sustainable resource use, promoting the 3 Rs: Reduce, Reuse, and Recycle. The program was a success, supported by local participants and dignitaries.



Blood Donation Camp

14th June 2023

The NCC unit of Sree Narayana College Varkala, in association with Sivagiri Sree Narayana Medical Mission Hospital, organized a blood donation camp on World Blood Donor Day.

The camp began at 10:00 AM, with 10 NCC cadets donating blood, including 5 first-time donors. The event was inaugurated by Havaldar Rajesh Kumar and featured a speech by Dr. Veena S, MD of the hospital, emphasizing the importance of blood donation. The vote of thanks was given by SGT Amitha.

The camp ended at 12:00 noon and was a success, with the hospital staff providing support. Refreshments were provided to participants after the event.



International Yoga Day

21st June 2023

The celebration of International Yoga Day at Sree Narayana College Varkala was organized by the Dept. of Physical Education in association with the NCC and NSS units. The program began at 8:30 AM and was marked by a prayer song sung by NSS volunteer Neeraja.

Principal Dr. Vinod C Sugathan inaugurated the event by lighting the lamp, highlighting the importance of yoga for a healthy body and mind. The session was led by Yoga Instructor Smt. Kavitha R I, with felicitations by Sri Aji SRM (RDC Convener), Dr. Preetha Krishna (IQAC Coordinator), and Sri G Sivakumar (PTA Vice President).

The participants performed various yoga asanas, including standing and sitting poses, demonstrating their regular practice. The session ended with a vote of thanks by Dr. Praveen, HOD of Physical Education. The program concluded at 11:30 AM, leaving everyone feeling refreshed and positive.





Puneet Sagar Abhiyan

21st July 2023

The Puneet Sagar Abhiyan, launched by the NCC to clean sea shores and water bodies, took place on 7th July 2023 at Papanasam Beach, organized by the NCC unit of Sree Narayana College Varkala under 1 (K) Bn.

The program began at 8:30 AM with a prayer sung by SGT Akhila, followed by a welcome speech from Lt. Sreejesh ANO of MRMKMM HSS. Sri Ajay Kumar inaugurated the event, with SM Ram Avatar giving felicitations. The vote of thanks was delivered by SUO Aswathy.

After the inauguration, cadets, equipped with safety gear, cleaned the beach, collecting plastic and non-biodegradable materials, which were handed over to Harithakarma Sena. A flash mob



and an awareness session were held, with local residents actively participating. SGT Amitha S and SGT Neha S gave a special speech on the campaign's significance.

A total of 47 cadets from Sree Narayana College and MRMKMM HSS participated. The program concluded at 12:00 noon, with refreshments provided. The event was a great success.



Independence Day

15th August 2023

The 77th Indian Independence Day was celebrated at Sree Narayana College Varkala, organized by the NCC Unit under 1(K) BN. The event began with a flag hoisting by Principal Dr. Vinod C. Sugathan, followed by speeches from dignitaries, including Sri Aji SRM, G. Sivakumar, and Sri Syam Raj. 150 NCC cadets and 50 NSS volunteers participated. The ceremony concluded with the National Anthem and a refreshment session. The event was successfully held at the flagpole area.





Swachh Bharat Abhiyan

18th September 2023

The Swachh Bharat Abhiyan aims to clean public spaces, streets, and beaches. On September 18, 2023, NCC cadets from Sree Narayana College Varkala participated in a beach cleanup at Varkala seashore, focusing on making it plastic-free. The program was inaugurated by Varkala Municipal Chairman Sri K.M. Laji and was followed by a rally to raise awareness about ocean



cleanliness. 150 students from NCC, NSS, and SPC of Govt. Model HSS, S.S.N.S.S Sivagiri, and Sree Narayana College participated. Participants collected both biodegradable and non-biodegradable waste, which was handed over to Haritha Karma Sena. The event concluded with refreshments, marking a successful cleanup effort.



Swachh Ki Seva

1st October 2023

The Swachh Ki Seva campaign, part of the Swachh Bharat Abhiyan, aimed at creating a garbage-free India. Conducted from 15th September to 2nd October 2023, the campaign involved the NCC unit of Sree Narayana College, Varkala in collaboration with Southern Railway. On October 1st, the program took place at Varkala Railway Station.

The event began with a welcome speech by SGT Neha S, followed by the inauguration by the Varkala Railway Officer and felicitation by Lt. Dr. Rinku Babu. The NCC cadets and NSS volunteers cleaned the railway station, including platforms and nearby tracks, collecting plastics and removing overgrown grass. 93 cadets participated, including 35 from Sree Narayana College. The program ended successfully at 12:30 pm with refreshments for all participants.



Principal
Sree Narayana College
Varkala, Kerala

Gandhi Jayanti

2nd October 2023

The 154th Gandhi Jayanti was celebrated by the NCC unit of Sree Narayana College Varkala to honor the birth anniversary of Mahatma Gandhi, the Father of the Nation. The event began at 9:00 AM at the college flagpole area, with a welcome speech by Lt. Dr. Rinku Babu. He highlighted the significance of Gandhian values in modern life. The inauguration was done by Sri Aji SRM, Executive Member of the college trust, who shared insights into Gandhiji's struggles for India's freedom.

The event also featured a speech competition and a quiz competition, with participants discussing Gandhian values. A total of 127 cadets participated in the activities. The program concluded with a campus cleaning drive, organized by senior cadets, under the leadership of SUO Ashwathy A and SUO Vaishnav. The cadets were divided into groups and worked to clean the campus. The event ended successfully at 12:30 PM with refreshments provided.



Principal
Sree Narayana College
Varkala, Kerala

Puneet Sagar Abhiyan – 2

8th November 2023

The Puneet Sagar Abhiyan, launched by the National Cadet Corps (NCC) on 1st December 2021, aims to clean beaches and water bodies across the country. On 8th November 2023, the NCC unit of Sree Narayana College Varkala under 1(K) BN organized a cleaning drive at Papanasam Beach with 75 cadets participating.

The event began with a welcome speech by Lt. Dr. Rinku Babu, followed by the inauguration by Sri K.M. Laji, Municipal Chairperson of Varkala. Felicitation was done by several dignitaries, including Colonel Manoj Kumar, SM Ram Avathar, Sri Aji SRM, and others. The event concluded with a vote of thanks by SUO Aswathy A.

After the inauguration, the cadets cleaned the beach, collecting plastic and other non-biodegradable waste, which was handed over to the Kerala Scrap Authority. A flash mob was performed by the cadets to raise awareness about the campaign.

The program was a success, running from 7:30 AM to 10:30 AM, with active participation from local residents and refreshments provided to all involved.





NCC Day Celebration

27th November 2023

NCC Day is observed annually to honor the founding principles and objectives of the National Cadet Corps (NCC), a youth organization that provides military training while fostering discipline, unity, and civic responsibility. This year, the 75th NCC Raising Day was celebrated on 26th November 2023.

The program began at 8:30 AM with a prayer song performed by the NCC choir team. Cdt Anuja efficiently handled the event's proceedings, while Lt. Dr. Rinku Babu (ANO) delivered the welcome speech. The event was inaugurated by Dr. Vinod C. Sugathan (Principal) and Sri Aji S.R.M. (RDC Convener). Felicitation followed, with speeches from Dr. Preetha Krishna (IQAC Coordinator), Sri G. Sivakumar (PTA Vice President), and Dr. Babitha G. S. (Senate Member, Kerala University). SUO Ashwathy concluded the inauguration with a heartfelt vote of thanks.



After the ceremony, cadets participated in cultural competitions, with SGT Lekshmi Thriteep winning the 1st prize in the dance competition. An essay writing competition was also conducted. The event was closely monitored by the ANO.

Following the cultural activities, the cadets cleaned the campus surroundings. The program concluded at 3:00 PM with the NCC song and the National Anthem. The event was a great success, held with coordination and enthusiasm. Refreshments were provided to all participants.



Blood Donation - 2

8th December 2023

Blood donation is a voluntary act where individuals donate blood to help save lives. It plays a crucial role in preventing fatalities caused by blood shortages. The NCC unit of Sree Narayana College, Varkala, under the 1 Kerala Battalion NCC, organized a Blood Donation Drive on 8th December 2023 at the Sivagiri Sree Narayana Medical Mission Hospital.

The event commenced at 9:00 AM with Dr. Veena S. (MBBS) delivering the welcome speech, emphasizing the importance of blood donation. The inaugural speech was given by Rithambarananda Swamikal, Secretary of the Sivagiri Sree Narayana Medical Mission Hospital, followed by felicitation by Lt. Dr. Rinku Babu (ANO) from the NCC.



The blood donation began at 9:30 AM with enthusiastic participation from faculty members, cadets, and the general public. A total of 15 cadets donated blood, and many others expressed their willingness to donate in the future. The collaboration between the cadets and hospital authorities was instrumental in the success of the event.

The program concluded at 12:30 PM with refreshments provided to the donors. The event was a great success, contributing to the community's health needs.



National Youth Day

12th January 2024

National Youth Day is celebrated annually on January 12th to honor the birth anniversary of Swami Vivekananda. This day aims to raise awareness about the rights and duties of individuals, particularly the youth, and their role in nation-building. The NCC unit of Sree Narayana College, Varkala, observed National Youth Day on 12th January 2024, with various activities including a speech competition, quiz competition, and debate.

The program began at 11:00 AM with a welcome speech by SGT Lekshmi Thrideep. The event was inaugurated by Lt. Dr. Rinku Babu (NCC Officer), followed by felicitation from SUO Vaishnav and a vote of thanks by SGT Neha S. The aim of the day was to emphasize the importance of youth in shaping the future of the nation.

After the inauguration, a quiz competition was held to raise awareness about the role of youth in nation-building. This was followed by a speech competition, where CPL Adithyan, CPL Mayookha, and CDT Devikrishnan delivered speeches on the duties of the youth. A debate competition took place next, with two groups of six cadets each presenting arguments for and against the assigned topic.



A total of 60 cadets participated in the event, which concluded at 1:30 PM, marking a successful celebration of National Youth Day.



Republic Day

26th January 2024

India celebrates Republic Day annually on January 26th to commemorate the adoption of the Constitution of India. The NCC unit of Sree Narayana College, Varkala, under the 1 Kerala Battalion, celebrated Republic Day on 26th January 2024 with various activities and programs.

The celebrations began at 8:30 AM with the flag hoisting ceremony by the Respected Principal, Dr. Vinod C. Sugathan. Other dignitaries present included Sri Aji S.R.M., SN Trust Executive Member and RDC Convener, Dr. Preetha Krishna, PTA President, G. Sivakumar, FSA Secretary, Dr. Babitha G. S., Senate Member, and other faculty members. The NCC cadets provided a Guard of Honour to the dignitaries. Following the flag hoisting, a short speech was given by the principal and other dignitaries, highlighting the importance of the day.

The program continued in the college auditorium, where a total of 150 cadets participated. The NCC Officer Lt. Dr. Rinku Babu welcomed the gathering, and speeches were delivered by the dignitaries. SGT Amita delivered the vote of thanks.



After the inaugural sessions, cadets participated in an essay writing competition and a speech competition, both monitored by the ANO. The program concluded at 12:30 PM, and the day was celebrated with great enthusiasm, honouring the Constitution of India.



Extension Activity OF Investors Club and Financial Literacy Club

The Investors Club of Department of Commerce, S.N College, Varkala, has conducted an Orientation Programme for the students of Sivagiri Higher Secondary School, Varkala on the topic **Importance of Savings Habit** on 28, February, 2024 coordinated by Dr. Lekshmy Prasannan, Convenor, Investors' Club. The session was handled by Dr. Lekshmy Prasannan & Ms Arya.A, I M Com student. The topics covered include importance of savings, investment avenues, stock market and various Government schemes available for women investors.



 **SREE NARAYANA COLLEGE** 

SIVAGIRI, VARKALA

**PG Department of Commerce
&**

Hotel Management

INVESTORS' CLUB

2023-24

IMPORTANCE OF SAVINGS HABIT



Date: 28th February 2024

Session handled by : Dr Lekshmy Prasannan

&

Arya.A (First Year M.Com Student)

**Coordinator: Dr Lekshmy Prasannan, Assistant
Professor Of Commerce**

Head of the Department

Dr. Sathy

Coordinator

Dr. Vinodh Sureshan



Principal
Sree Narayana College
Sivagiri, Varkala

Orientation on Opportunities in Commerce Education

The Financial Literacy Club of Department of Commerce, S.N College, Varkala, has conducted an Orientation Programme for the students of Sivagiri Higher Secondary School, Varkala on the topic **Opportunities in Commerce Education** on 28, February, 2024 coordinated by Ms Lekshmi.J, Convenor, Financial Literacy Club. The session was handled by Ms Lekshmi.J & Ms Amina.A, I M Com student. The topics covered include importance of commerce education, skills required, career in business and fundamental concepts.



 **SREE NARAYANA COLLEGE** 
SIVAGIRI, VARKALA

PG Department of Commerce & Hotel Management
FINANCIAL LITERACY CLUB
2023-24

Date: 28th February 2024

**Opportunities in Commerce
Education**

Session handled by : **Ms Lekshmi.J & Amina.A** (First Year
M.Com Student)

Coordinator: **Ms Lekshmi.J**, Assistant Professor Of
Commerce

H.O.D : **Dr Soju.S** Principal: **DR Vinod.C.Sugathan**



Principal
Sree Narayana College
Varkala, 28.2.24

EXTENSION ACTIVITIES OF SOCIAL RESPONSIBILITY FORUM

The Social Responsibility forum of Department of Commerce, S.N College, Varkala, has conducted an Orientation Programme for the students of Sivagiri Higher Secondary School, Varkala on the topic **Prevention of Summer Season Diseases** on 28, February, 2024 coordinated by Dr. Lekshmy Prasannan, Assistant Professor of Commerce. The session was handled by Dr. Lekshmy Prasannan & Ms Abhira Suresh I HM student. The topics covered include awareness on summer diseases and ways to prevent it.

The Social Responsibility forum of Department of Commerce, S.N College, Varkala, has conducted an Orientation Programme for the students of Sivagiri Higher Secondary School, Varkala on the topic **Importance of Water Conservation** on 28, February, 2024 coordinated by Ms Lekshmi.J, Assistant Professor of Commerce. The session was handled by Ms Lekshmi.J & Ms Pournami, I HM student. The topics covered include awareness on summer diseases and ways to prevent it.

SREE NARAYANA COLLEGE
SIVAGIRI, VARKALA

PG Department of Commerce & Hotel Management

SOCIAL RESPONSIBILITY FORUM

2023-24

Importance of Water Conservation

Date: 28th February 2024

Session handled by : Ms Lekshmi.J & Pournami (First Year B.Com HM Student)

Coordinator: Ms Lekshmi.J, Assistant Professor Of Commerce

Head of the Department: Dr Seja.S
Principal: DR Vinod.C.Segathan

SREE NARAYANA COLLEGE
Sivagiri, Varkala

PG DEPARTMENT OF COMMERCE & HOTEL MANAGEMENT

SOCIAL RESPONSIBILITY FORUM

2023-24

PREVENTION OF SUMMER SEASON DISEASES

Date: 28th February 2024

Session handled by
Dr Lekshmy Prasannan & Abhira Suresh (First Year B.Com HM Student)

Coordinator
Dr Lekshmy Prasannan, Assistant Professor Of Commerce

H.O.D : Dr Seja.S
Principal: DR Vinod.C.Segathan

  
Principal
Sree Narayana College
Sivagiri, Varkala

ZOOLOGY REPORT QUEST -2024

As part of the Diamond Jubilee Celebration and in honor of our Founder Manager Sri R. Sankar, Sree Narayana College, Sivagiri, Varkala, organized *QUEST 2024*, a one-week multidisciplinary summer internship program. The Department of Zoology conducted a session titled “*Zoologia Zest*” on 12th April 2024, led by the Head of the Department, Dr. Leji J.

The session included a variety of activities aimed at fostering interest in Zoology. Students explored museum specimens, entomology displays, laboratory equipment, and live experiments. Interactive games, models, and puzzles further captivated their curiosity. An awareness class on “*Menstrual Hygiene*” for girl students added an important health education component to the program.

The Zoology Laboratory provided hands-on experience in experimentation, analysis, and skill development, offering school students an in-depth understanding of animal morphology and physiology. Student volunteers played a vital role in explaining concepts, sharing knowledge, and encouraging a scientific mindset.

The session attracted **38 students** from various schools, who actively participated and appreciated the engaging exhibition. Positive feedback from attendees affirmed the success of the event, with many expressing enthusiasm for similar programs in the future. “*Zoologia Zest*” was a resounding success, inspiring young minds to pursue scientific exploration.

HOD handling the session



Easy Economics

As part of *QUEST 2024: Discover Your Passion*, the PG & Research Department of Economics at Sree Narayana College, Sivagiri, Varkala, organized an engaging session titled “*Easy Economics*” on 17th April 2024. The event aimed to enhance academic and non-academic skills while introducing high school students to career opportunities, research prospects, and the practical relevance of economics.

The session, led by faculty and students, was inaugurated by Dr. Aswathy R., Head of the Department, who outlined its four core themes. The first theme, *Career Opportunities in Economics*, presented by Smt. Malavika S.L., delved into government, corporate, and nonprofit career paths, using examples of renowned economists. The second theme, *Multi-disciplinary Approaches in Economics*, was presented by MA students, highlighting economics' intersections with fields like space and behavioral sciences.

The third theme, *Environmental Sustainability*, was handled by IMA students, who stressed the importance of protecting the environment and adopting sustainable practices. The session concluded with a drama on *Economics in Daily Life*, creatively depicting everyday concepts like budgeting, taxation, and inflation.

The session concluded with remarks by Dr. Namitha K. Bhat, who praised the participants for their enthusiasm. The event successfully inspired students and emphasized the real-world relevance of economics.



GEOGLANCE: WONDERS OF GEOLOGICAL MUSEUM

The PG Department of Geology at Sree Narayana College, Sivagiri, Varkala, organized an insightful event titled “*Wonders of Geological Museum*” on April 8, 2024, as part of the *QUEST 2024: Discover Your Passion* summer internship program. This program, initiated by IQAC to celebrate the college’s diamond jubilee and honor founder manager Sri R. Sankar, aimed to provide high school students with practical experience, career insights, and research opportunities.

The event began with an inaugural session in the Geology lab, followed by three engaging sessions led by Dr. Sreela S.R. (Head of the Department), Dr. Nisha V., and students of the S3 Geology program.

- **Session 1:** Participants received an in-depth lecture on the composition of Earth, minerals, and rock types, along with their importance. The session also addressed climate change and its current challenges.
- **Session 2:** Students were introduced to the operation and applications of microscopes, including Stereo-zoom, Petrological, and Compound microscopes.
- **Session 3:** A peer-review session facilitated by S3 students allowed participants to discuss their queries and engage in meaningful dialogue.

The event concluded with a visit to the Geological Museum. Students expressed enthusiasm for the field of geology and appreciated the hands-on learning experience.





BUSINESS BUZZ

The PG Department of Commerce and Hotel Management at Sree Narayana College, Sivagiri, Varkala, organized an engaging session titled “*Business Buzz*” on 9th April 2024 at 10:30 AM in the Seminar Hall. This event was part of the *QUEST 2024: Discover Your Passion* summer internship program, initiated by IQAC to commemorate the college’s diamond jubilee and honor founder manager Sri R. Sankar. The week-long program aimed to provide high school students with hands-on experience, career guidance, and personal development opportunities.

The session, led by Dr. Lekshmy Prasannan (Assistant Professor of Commerce), focused on fostering entrepreneurial spirit and equipping students with the skills needed to start and run successful businesses. Topics covered included entrepreneurial competencies, government schemes for entrepreneurial development, e-commerce, golden rules of accounting, start-ups, and diverse career opportunities in commerce.

The session concluded with an interactive quiz competition conducted by Ms. Sukhaina J. Khan (Guest Faculty in Commerce). Students participated enthusiastically, showcasing their understanding of the topics discussed. Gifts were distributed to students who answered correctly, adding a fun and rewarding element to the event.

Business Buzz successfully inspired students to explore commerce and entrepreneurship, encouraging innovation and self-employment as viable career paths.





Botany Exhibition:

The Department of Botany, in collaboration with IQAC and the Research Cluster of Sree Narayana College, Sivagiri, Varkala, organized a Botany exhibition on 12th April 2024 as part of the *QUEST 2024* Seven-Day Summer Internship Program. The event aimed to educate high school students on the importance of plants, their biomolecules, and related instrumentation techniques.

The program began at 1:30 PM with a welcome speech by Dr. Hima R., Head of the Department, who emphasized the significance of medicinal plants, their biomolecules, and the instruments used to separate them. Thirty-eight students actively participated in the program.

In the **Instrumentation Room**, students were introduced to the working of pH meters, gel electrophoresis units, centrifuges, double distillation units, electronic weighing machines, image analyzers, water baths, BOD incubators, and autoclaves.

In the **Botany Lab**, plant specimens of Bryophytes, Pteridophytes, Gymnosperms, and angiosperms were displayed, along with seeds and their dispersal mechanisms. Economically important plant products, such as cereals, grains, nuts, and spices, were also exhibited. Special emphasis was placed on **millets**, with detailed displays of Sorghum, Pearl Millet, Finger Millet, and minor millets.



The interactive session allowed students to ask questions about the instruments and plant products, fostering curiosity and engagement.



Principal
Sree Narayana College
Varkala, Kerala