

SREE NARAYANA COLLEGE

Varkala, Thiruvananthapuram-695145

(NAAC Re-accredited with 'B++' Grade, RUSA funded, DBT Star status, UGC NSQF Approved & Affiliated to the University of Kerala



AQAR 2021-2022

CRITERION VII: INSTITUTIONAL VALUES AND BEST PRACTICES

7.1.9 - Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens



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Environment Day

On the occasion of World Environment Day, June 5, 2021, the college under the auspices of the NCC and NSS Units organized different programmes. The objective of these programmes were to spread awareness among people about saving our environment from various types of pollution and to plant more and more trees to make our mother earth full of greenery. Principal Dr. K C Preetha adressed the gathering. It was followed by a speech by UO Sabin B S about "The Importance to Spread Awareness to Protect the Earth". After that SUO Amith delivered a speech about "Harmful Effects of Plastic". After the inaugural programme, the faculty members and cadets planted several types of plant breeds in the campus.





As part of Environment day celebrations, the NSS volunteers planted trees at their own backyard and posted its photos. All volunteers participated in the Programme.

Yoga Day

Sree Narayana College, Sivagiri Varkala organised Yoga Day Celebration on 21st June 2021. The NCC Unit and the Yoga Club conducted their programmes through online mode. 97 cadets took part in the online Yoga Programme conducted by the NCC Unit. College Principal Dr. K.C. Preetha delivered the Inaugural speech. She emphasized the importance of yoga and

physical exercise in daily life. After that, cadet Devadath S U delivered a speech about "Yoga in Daily Life". The yoga instructor Mr. Prakash handled the practical yoga session with a short class about the benefits of yoga. He taught warm-up exercises and more than 15 sitting and standing *aasanas*. The programme helped to improve concentration and inner peace



Quit India Day

Sree Narayana College, Sivagiri, Varkala has conducted Quit India Day Celebrations on 7th August 2021. A seminar on the topic "Gandhian Ideas of Nationalism in Contemporary Indian Scenario" was organized by Department of History on this day. Dr. Biju R.I., Asst. Professor, Dept. of History, MSM College, Kayamkulam was the chief guest and he delivered the significance of Gandhian ideology in the current Scenario. More than 70 people, including teachers and students were participated in the programme.

Independence Day

Sree Narayana College, Sivagiri, Varkala organized a programme "I Love India" in connection with Independence Day Celebrations, 2021. This programme was held on 14th August 2021, Saturday at 11.30 am, through Google Meet and YouTube Live. Brigadier K S Shaji, VSM (Rtd.) was the resource person of the webinar. He made a thought provoking and informative class. It creates a spirit of love towards our motherland as well as brotherhood among each participant.

The NSS units of our college organized an online seminar on the topic "Nationalism, Constitution and Independence in today's Indian context" on 14/8/2021 at 7.00 pm. The seminar was presided over by Principal Dr. KC. Preetha. Kerala State Council for Child Welfare General Secretary Dr. J. S. Shiju khan delivered the keynote address. Kumari. Najiya.N. S, Kumari. Revathi and Sri.Dipin Jyothi delivered their speeches on Unity in Diversity, Challenges facing India and Indian Secularism.



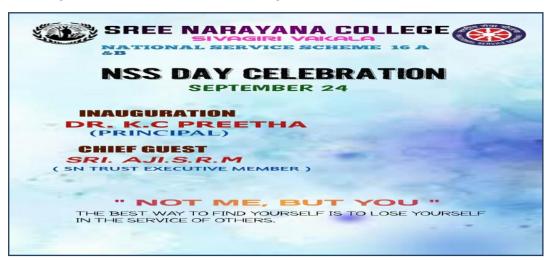
On 15th August 2021 the college celebrated 75th Independence Day. NCC Officer Dr.Rinku Babu delivered the welcome speech. The national flag was hoisted by principal Dr.K.C.Preetha. The students and all the faculty members paid their respect by saluting the flag and sang the national anthem. The principal delivered a felicitation remembering the pain tolerated by our freedom fighters and the determination they had. S N Trust executive member Aji SRM expressed his words on patriotism.





NSS Day

The 52nd foundation day of the National Service Scheme was held in the college on 24th September 2021. The Programme was inaugurated by the Principal Dr. K. C. Preetha by hoisting the flag on the flag post. SN Trust Executive Member Mr. Aji S. R. M, Former Students Association (FSA) Secretary G. Shivakumar and IQAC Coordinator Dr. S. Soju were present. The programme was followed by the inauguration of various agricultural schemes in the college.





Gandhi Jayanthi

The College celebrated Gandhi Jayanthi on 2nd October to mark the birthday of the Father of our Nation. As part of this Department of History organized Online Poster Making and Essay Writing Competitions. NCC Cadet Kaveri delivered a speech about the Gandhian Philosophy in our day to day life. Cadet Shrithi S S also delivered a speech depicting various inspiring stories of Gandhiji. The cadets took up an agenda of cleaning the College Campus and cleaned the Varkala Beach shore. The plastics were collected and handed over to Kerala Scrap Authority







Kerala Piravi

The college under the auspices of the Theatre Club in association with the Department of Malayalam organized a workshop on "Ottan Thullal" in the college auditorium on 3 November 2021 as part of celebrating Kerala Piravi. Ottan Thullal is one of the art forms of Kerala. It is introduced by the legendary poet Kunchan Nambiar which epitomized humour, satire and social criticism. The thullal performance was done by Kumari Abhinanda P (Ottan thullal winner of State Youth Festival).



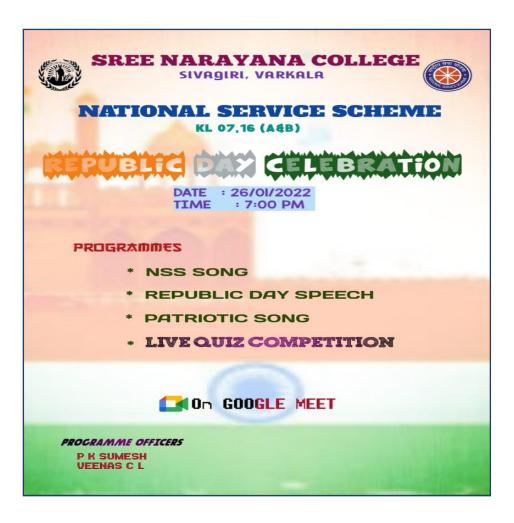
Voter's Pledge - National Consent Day

As part of this year's 'National Consent Day' the college conducted Voters Pledge on 25/01/2022. As a part of it, N. S. S volunteers were instructed to take voter's pledge at their homes.

Republic Day Celebration

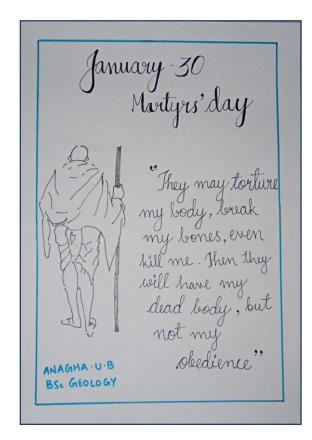
Sivagiri Sree Narayana College conducted various Programmes in connection with Republic Day. The programmes were organized under the auspices of the NCC and NSS units of the college. Since offline Programmes are difficult, the Programmes

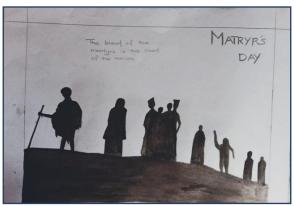
have been organized as online/offline. The Republic Day celebrations continued through Google Meet at 7 pm. NSS Programme Officer P K Sumesh delivered the keynote address on Republic Day. There were also programs such as speeches by volunteers, singing of patriotic songs and online live quiz competition.



Martyr's Day

Gandhiji's 74th Martyr's Day was observed in January 30, 2022. As part of this, under the auspices of the NSS unit, a poster making was made to evoke the memory of Gandhi. Also, at 7.00 pm, a commemoration called 'Gandhi Smrithi' was held on the online platform. Programme Officers P. K Sumesh, Veenas CL. And Volunteers Anamika, Sonand, Aishwarya, Anubha conducted Gandhi Smrithi.

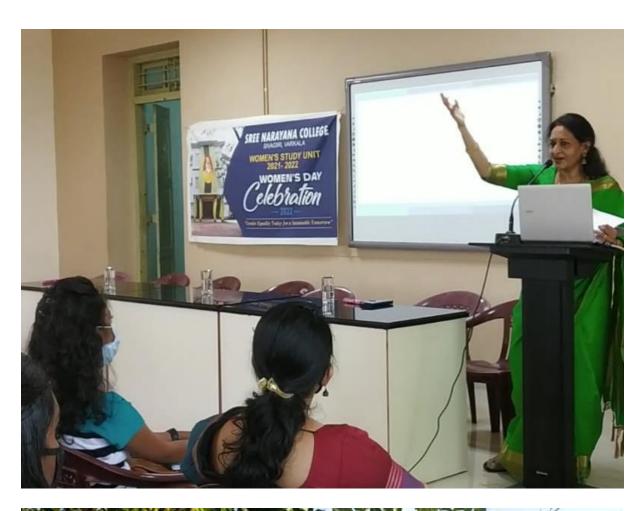






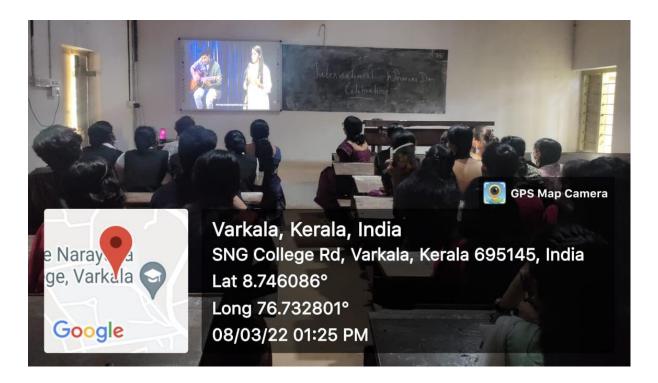
International Women's Day

The college celebrated International Women's day and conducted various programmes like Poster Making, Exhibition, Debate, writing on My Insights on women and invited talks.

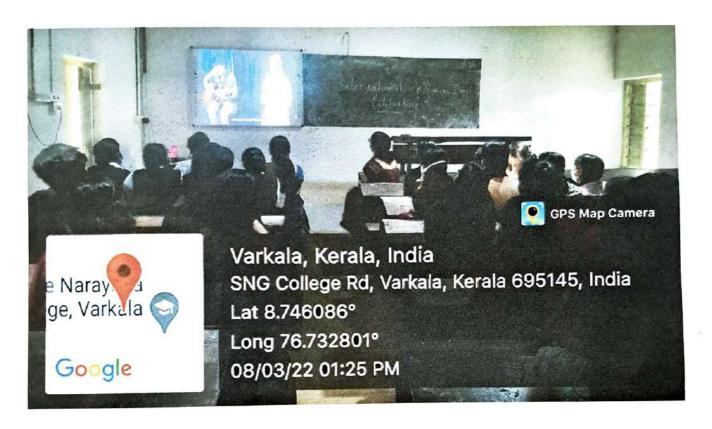




The theatre Club also conducted programmes in connection with International Women's Day. The club conducted screening of slam poetry performance 'I Matter' on 8 March 2022 at the Department of English Room No.75 at 12.30 pm as part of celebrating International Women's Day.



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Principal
Sree Narayana College
Sivagiri, Varkala