

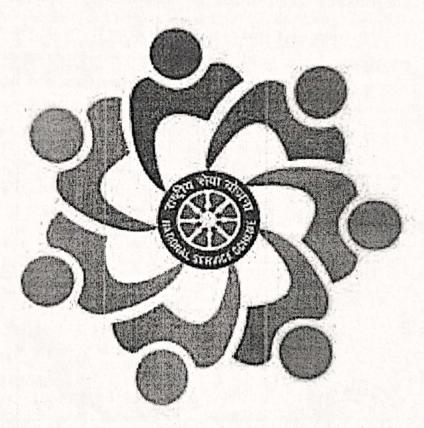
and the same of

# SREE NARAYANA COLLEGE SIVAGIRI, VARKALA

NATIONAL SERVICE SCHEME UNIT KL-07-16 A,B

# ANNUAL REPORT

**ACADEMIC YEAR 2023-2024** 







#### PREFACE

The modern era is a period of transformations. Rapid changes have occurred in all spheres of life. The advancement of science and the independence of nations are some of the reasons for these great changes. However, behind these, we can see that there are some great souls who stand as the basis for these. For Kerala, a great preceptor is seen as the cause of all these changes. That great soul is Sree Narayana Gurudevan. Guru is the strong hold that provides sufficient energy for the social transformations and cultural renaissance that have taken place and are taking place in Kerala. Two of Sree Narayana Guru's Karma Project are the most important. i) 'Be strengthened through organization' ii) 'Liberation through education'.

R. Sankar was a great man who achieved the second of these through his own path of action. In other words, the great R. Sankar was a person who played a key role in putting into practice the ideas of Sree Narayana Guru, who indicated freedom through education. As a result of his determination, S.N Colleges were established in many parts of Kerala. Sivagiri Sree Narayana College was established in 1964.

The National Service Scheme was established at the national level in 1969. Subsequently, NSS Unit was also formed at Sivagiri Sree Narayana College. From the day of its formation to the present day, remarkable activities have been taking place that focus on the objectives of the National Service Scheme. The Units have been able to perform enthusiastically in the academic year 2023-2024 as well. During this period, the units have been able to win many awards for their excellent performance in various fields.

VANA COLLEGO NARVALA PRO STORE OF STANDARD OF STANDARD

# ENVIRONMENT DAY CELEBRATIONS

#### 05.06.2023

As part of Environment Day celebrations, two programmes were organized under the auspices of Sree Narayana college, Sivagiri NSS units. One event was held at the college campus and the other at Thiruvananthapuram, the volunteers collected all the plastic waste in the campus in relation to waste collection and processing. Since it was the midsummer vacation, the campus cleaning and plastic collection was not done for the last two months.

Another is that NSS units also participated in the cleaning programme conducted from Secretariat Thiruvananthapuram to Vellayampalam junction under the leadership of Kerala Government in collaboration with National Service Scheme . The NSS units of our college also participated in the inaugural programme of Garbage Muktha Navakerala campaign and state cleanup programme held at the Central Stadium.



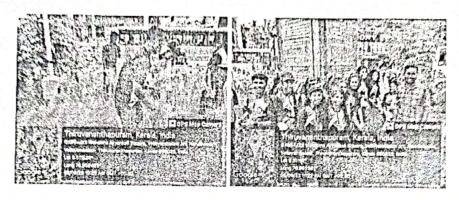
BROCHURE



pus-Sivagiri, Varkala



Clean up programme in TVM



Clean up programme in TVM

# OCEAN DAY CELEBRATIONS

#### 08/06/2023

As part of the "World Ocean Day" Celebrations, the NSS Units of Sivagiri Sree Narayana College, along with Kerala Government - Suchithwa mission, engaged in cleaning programmes in the cliff of Varkala(Beach). The programmes were inaugurated by Sri. M. Faizy, District Coordinator, Sanitation Mission (Suchithwa mission) Thiruvananthapuram. Programme officer P K Sumesh & DR Reshma , Volunteers Sri Athul, Abhijith led the programme



Inauguration Sri M Faizy, District Coordinator, Suchithra Mission

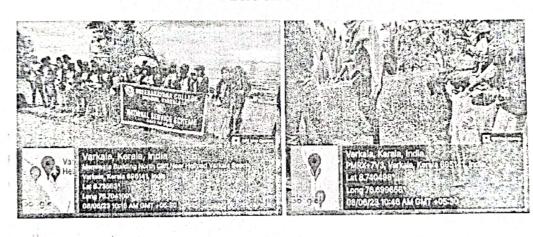




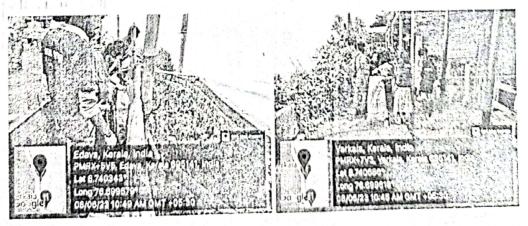
a true lot



**BROCHURE** 



Clean up drive





Clean up drive







After collecting the waste

#### TOYS DISTRIBUTION FOR ADOPTED SCHOOL

#### 08/06/2023

Kayikkara Asan Memorial Government Lower primary school was established by the initiative of the father of Mahakavi Kumaranasan. Mahakavi studied there. Economically and socially backward students study in this school. It is also located on the seashore.

Considering the inadequacies of the school and the poor living conditions of the children, the school was adopted in connection with the annual residential seventh day camp of the national service scheme in december 2022. Adoption is meant to help the NSS units of the college to do what they can for the school

As a part of this, as a first step, NSS units in collaboration with S N Trust management provided toys to the children of the pre-primary session of the school. S N Trust executive member Sri Aji SRM inaugurated the programme at the school. Principal Dr .Vinod C Sugathan presided the programme. Headmistress Smt. S Asa received the toys for the school. IQAC CoOrdinator Dr. L. Preethakrishna, superintendent of Examinations Dr.Sajesh Sasidharan, PTA vice president and Secretary of Alumni Association, SN College Varkala Mr.G.Sivakumar School PTA president Sri Saji, Smt.Geethalekshmi & Smt.Saritha gave felicitations.

Programme officers of NSS Sri.P.K.Sumesh and Veenas.C.L, volunteers Sri Dipin, Sri Arjun, Sri Sanjay, Sri Athul, Kumari Richusai, Kumari Arathy, Kumari Revathy, Kumari Nandana, Sri Rahul, Sri Ananthukrishna, Sri Abhijith etc. lead the

programn

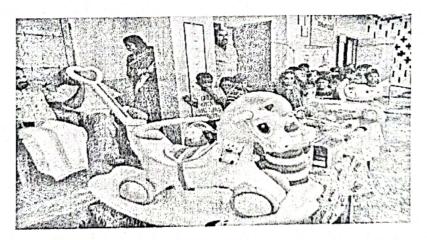
S.N. COLLEGE Sivagiri, Varkalla



Inauguration



Dr Vinod C Sugathan presided the programme



Toys



PRINCIPAL Sivagiri, Varkala

# ആശാൻ മെഞോറിയൽ ഗവ.എൽ.പി സ്കൂളിന് കളിഷാട്ടങ്ങൾ കൈമാറി

accentos biractorases en ancasemine and anim an manifrages and aroung trattencentered trafery ireas ממשלעונה במכתדי שומים בינול תר וריו להשלרנים בכם בהבטיבה ർ പ്രസ്തുള്ള പ്രവേശത്തിന് പ exprenies aslacted agino Settler bereig

bearing ing ing ing. ns zamounas a dad an or colessintelementures பேரிக்கிற்கார் கூறிவர் இ தம் அமையாள் அதிக்கை முகமி നയ്കിയത് വ്യിൻസിഷർ ഇൻ yn fun hemolin curo toesteur ഗതർ പരിപാടികളടെ ഉദ്വാ รกะ กโรญากใญ อากณัยใญทั എസ്ആഗ കളിഷടങ്ങൾ എറ്റ വാങ്ങി. എസ് എൻ ഒസ്റ്റ് എകി ക്യൂട്ടീവ് കഞ്ചിറ്റി താംഗം നാജി. എസ്.ആർ.എം ഐ.ക്യ.എസി

felicitations of the programme.

SIVAG



യിവഗിരി ശ്രീനാരായണ കോര്ലേമിലെ എൻ എസ് എസ് എണിറ്റുകള ടെ ആഭിമുഖ്യത്തിൽ കായിക്കര ആശാൻസ്വാരക എൽ.പി സ്കൂളിന് വേ ഞ്ജി സമാഹരിച്ച കളിഷാട്ടണൾ പ്രിൻസിഷൽ ഇൻ ചാർജ്ജ് വിനോദ് സി സ്ഥാൻ ഫെഡ്മിസ്റ്റസ് എസ് ആശ്യൂ് കൈമാറ്റനാ അമിഎസ്. ആർ എം തുടങ്ങിയവർ സമിപം

കോ-ഓർഡിനേറ്റർ പ്രിതകൃഷ്യ. സോസങ്ങന്യതിധരൻ, പി.ടി. ം.ം.സ്വർത്സ് വിനസ്സി.എൽ. എ വൈസ് പ്രസിഡറ്റും പർവ വി വോളപ്പിയർമാരായ ദിപിന് ,താർ ദ്യാർത്ഥി സംഘടനാ സെക്രട്ടറി യുമായ ജി.ഗിവകമാർ, പി.ടി.എ പ്രസിഡന്റ് സജി, ഗിതാലക്ഷി, സരിത എന്നിവർ സംസാരിച്ചു.

പ്രോഗ്രാം ഓഫീസർമാരായ പി ഇല്പൻ, അന്റൽ,സണ്ടയ്,റിച്ചുനന്ദ ന,റാഹൻ,ന്നാനന്ത്രക്ഷ്യ അഭിജി ത്ത് തുടണിയവർ പരിപാടികൾ ക്ക്നേത്രത്വം നൽകി.

#### Kerala Kaumady Daily

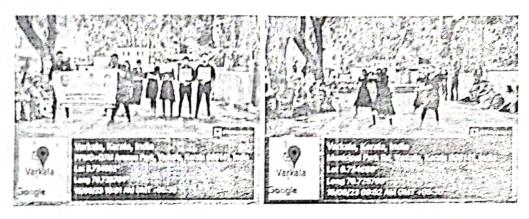
# WORLD ELDER ABUSE AWARENESS DAY 15.06.2023

Every year, June15th is observed by the United Nations as the Day against Elder Abuse to raise awareness about the prevention of abuse, violence, and exploitation against senior citizens or elderly peoples. This day is observed to create awareness about the approach to the elderly peoples. The observance starts from 2011.

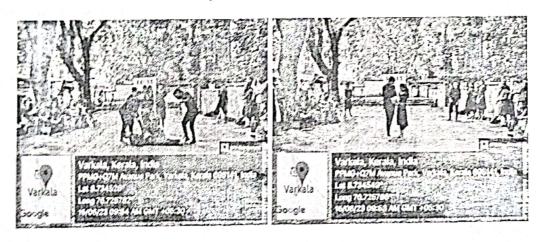
As part of the 2023World Elder Day Celebrations, day celebrations, an awareness vehicle rally, campaign and street play were staged under the auspices of the Higher Education Department in collaboration with National Service Scheme. Two processions were organized in Thiruvananthapuram district .South region Jadha and North Region Jadha. The north Region Jadha was led by N.S.S units of Sivagiri Sree Narayana college .The rally was inaugurated by Varkala MLA Adv.V.Joy at a function held at Varkala Maithani Park at 9.00 am on 5/06/2023. Municipal Chairman Sri.K.M.Laji presided the programme.Varkala ICDS CDPO Smt. Sheeja S, Varkala Additional ICDS CDPO Smt. Jyothishmathi, NSS Programme Officer P.K.Sumesh

Then street play was performed under the auspices of National Service Scheme units. At 10'Oclock the rally and motorcade was flagged off by Adv.V.Joy MLA. The rally ended at Kariyavattom campus after passing through various places such as Attingal and Kazhzakoottam on NH66.

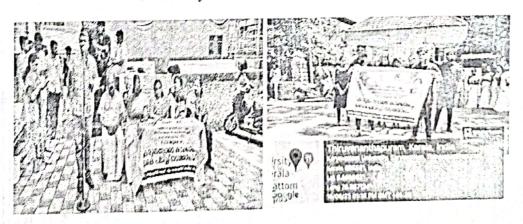
11 1 19 15



Street Play in Varkala Maithanam Park



Street Play in Varkala Maithanam Park

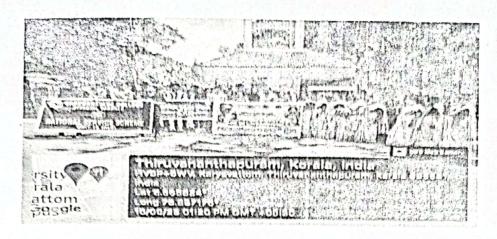


Inauguration of the programme

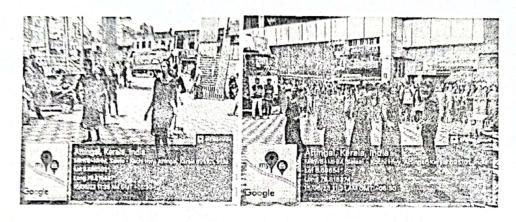








Street Play in Karyavattom Campus



Street Play in Attingal Junction

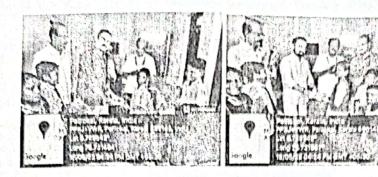
#### **INAUGURATION OF TUITION-2023**

#### 16/06/2023

S.N Trust executive member Sri.Aji SRM inaugurated free tuition for socially and economically disadvantaged children of adopted village under the auspices owns units of Sivagiri Sree Narayana college .The programme was inaugurated by giving study materials and sweets to the students. Dr.Sajesh Sasidharan, Superintendent of examinations, Alumni association secretary and PTA Vice president Sri.G. Sivakumar and Smt.Shereena gave felicitations. Programme Officer Sri.P.K.Sumesh, volunteers of NSS units Sri Athul, Sri Sanjay, Sri Abhijith, Sri Ananthu, Kumari Richusai, Kumari Sradha Sunil, Kumari Pratheeksha etc. led the programme.



Rivagiei, Varkala



Distribution of study materials by Dr Sajesh Sasidharan and Sri P K Sumesh



Inauguration Sri Aji SRM



വർക്കല എസ്എൻ.കോളേജിലെ എൻ.എസ്എസ് യൂണിറ്റുകള ടെ ആളിമുഖ്യത്തിൽ നടത്തുന്ന സൗജന്യ ട്യൂഷന്റെ ഉദ്ഘാടനം അ ജിഎസ് ആർ.എം നിർവഹിക്കുനാ

# സൗജന്യ ട്യൂഷനു തുടക്കമായി

വർക്കവ:ശിവഗിരി ശ്രീനാരായ ണ കോളേജിലെ എൻ.എസ്. എസ് യുണിറ്റുകളുടെ ആഭിരുവ്യ ത്തിൽ വർക്കല ഉൻസികാലി gladiani accepta inallala ളത്തിവന്നിതന്ന് സൗലന്യ *ച്യ* சாழ கூ மும்மிக்கம் படியு No Delota

ധാരന്വേലെ ഹാധിയത്വഴ മാൻം ഗറർർംഗിമാൽം വ്യവാ மை மின்னிற அதிக்கில ट्या एकक काती श्रीनांख पांजीका Dissentation of the contract o or way ephology of assess on

**ജിഎസ്.ആർ.എം പഠസേഷക** രണം നൽകി നിർവഹിച്ച പരി മോ സ്പ്രണ്ടം ഹിസിക്ക് വിഭാ സം മെധാവിതുമായ പോവരങ להוציפים ליין בין של הינים וויים ित्रकृतिक विद्या क्षेत्राच्या विद्या moreismakes earles doktas வா வெள்ளும் வகைவரில், முழ സാരിച്ച പ്രോഗോം ഓഫിന്തർ on incorp. so he wiero the ball denot be winded किसीरिकारिक का वाल उन्त्ये कार की दुस्त है। கிங்கிலத் மூராராளர் குறை<u></u> Lake marong applying a

Kerala Kaumadi Daily



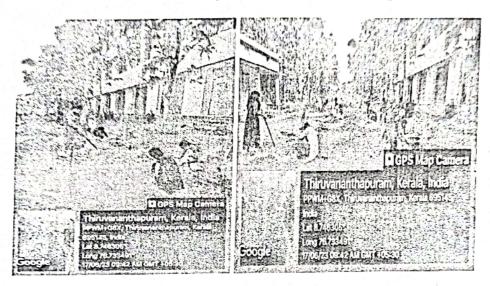




# GREEN CAMPUS CLEAN CAMPUS PROGRAMME

#### 17/06/2023

In order to make Sivagiri Sree Narayana College campus plastic free and Garbage free, cleaning programmes are organized from time to time under the auspices of National Service Scheme Units. Since the beginning of this academic year, the plastic waste has been collected and handed over to the Municipality's Haritha karmasena on August 2023.



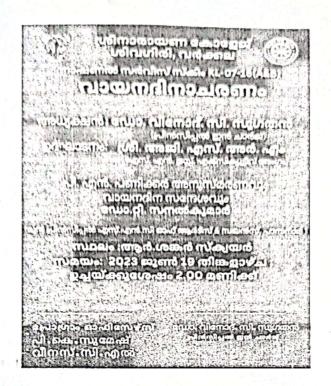
#### READING DAY CELEBRATION

#### 19/06/2023

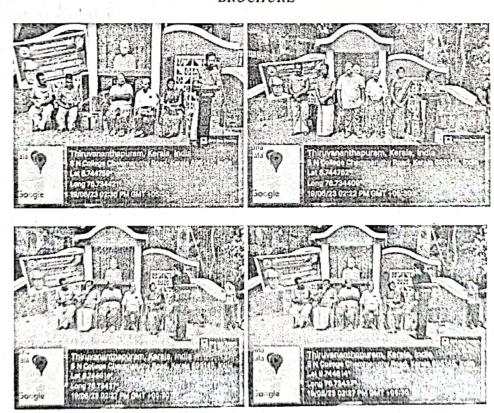
S.N.Trust executive member Sri.Aji SRM inaugurated this year's Reading Day programmes under the auspices of Sivagiri Sree Narayana college NSS units. Principal Dr.Vinod C Sugathan presided by the programme. Dr. T.Sanalkumar former Principal, S N Trust arts and science college Pampanar, Idukki delivered the commemorative lecture of P.N.Panicker and Reading day message was also delivered. Neeraja, Anaswara, and Gouri sang prayer song. Programme officers of NSS Sri.P.K.Sumesh and C.L.Veenas, volunteers Sri Athul, Sri Abhijith, Sri Ananthu, Kumari Neha, Kumari Pratheeksha led the programme.

The function also had the distinction of being the first programme held at R.Sankar square, which was established in memory of the great Sri.R.Sankar, the founder of SN Colleges, former Chief Minister of Kerala and multi-faceted genius.





#### **BROCHURE**







# ശിവഗിരി എസ്.എൻ കോളേജിൽ വായനാദിനാചരണം

courtes tohactes abouted than ten isolarate no more क्ष कर्मा है है जिस्ता के कार्य कर कर है। जिस्सार क्षेत्रकार के क्षेत्रकार के क्षेत्रकार के लक्ष का राजी मु कोगी का क इसे को के दुवी वे का एक का इसे कारों का दे का प्रमाण कि हम्मू स्मितिकारिया होते प्राप्त क्षेत्रकार स्मित्र कार्य क्षेत्रक स्मित्र क्षेत्रकार क्षेत्रकार क्षेत्रकार לחםר לורתה לכניונים ב למהם מיציל במה לו הם להפסיבה להים क्षेत्र के प्राचीति की द्वीति के स्वति द्वीति के स्वति क മുന്നും വാധ്യാപ്പിച്ചു എട്ടി. പ്രസ്തേഷ് എന്നു കോരാർ പ്രസ്തേഷ് എന്നു കോരാർ

STANDON STANDON STANDON STANDER armentana mendanama



and open agent agent an agent of an open of man agent agent on the property of the transfer of the or word ones of mindlesand presentaring and another

പ്രവാദ്യാപ്രത്യായിച്ച വിച്ചു. അസ്ഥ്യാപ്രത്യാർ എന്നിവർ പ്രാർ തന്നതുലപ്പിച്ച. ബോഗ്രാം ഓഫ്ലസർമാരായ

പി പൈസ്തച്ച് വിനസ് സി.എ ക് വേളസ്ത്രക്കാരായ ആത്

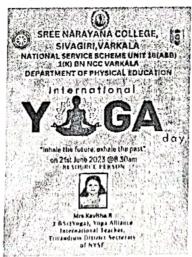
er em Jenson, je em frichligem gramination of the state of the भी कार्य कर्मा के प्राप्त क्षेत्र क्षेत्र कर्मा क्षेत्र कर्मा क्षेत्र कर्मा क्षेत्र कर्मा क्षेत्र कर्मा क्षेत्र artistici bana regleseno,

#### Mathrubhoomi Day

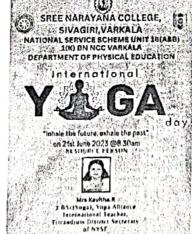
#### YOGA DAY CELEBRATIONS 21/06/2023

This year's yoga day celebration was inaugurated by Principal Dr. Vinod C Sugathan.S N Trust executive member Sri. Aji S R M, IQAC Coordinator Dr. L. Preethakrishna, P.T.A Vice president and Secretary of alumni association Sri. G.Sivakumar, NSS Programme Officer Smt.C.L.Veenas etc felicitate the programme. NCC officer Sri.R. Syamraj delivered welcome speech and HOD of Physical education Sri. Praveen.R gave vote of thanks.

Mrs. R.Kavitha, District Secretary of NSS Thiruvananthapuram and Yoga Alliance International teacher conducted the yoga class.



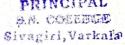




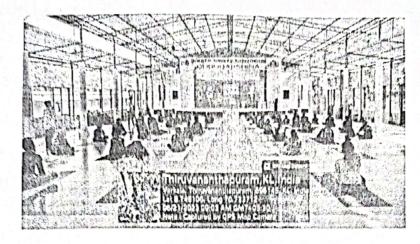


IANA









Demonstration of Yoga



Demonstration of Yoga

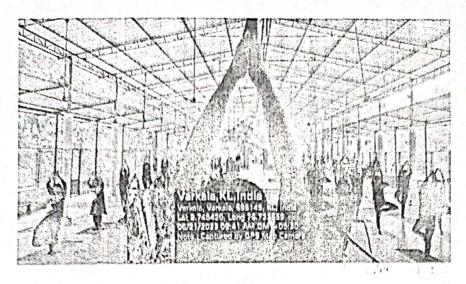


Demonstration of Yoga









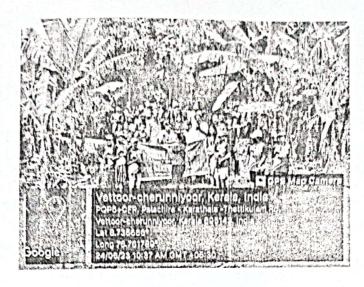
Demonstration of Yoga

#### NADEEL ULSAVAM-24.06.2023

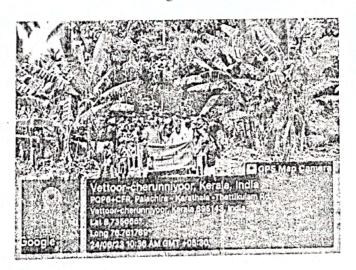
It is said that one-fifth of human diet comes from the food of rise that has been pierced with rice. Rice is the staple food of Keralies .Rice is also the most produced grain crop in Kerala. But the interest and enthusiasm of the Malayalam towards rice farming which they had in the old days is decreasing. The very existence of paddy fields has begun to deteriorate. This was due to the fact that rice cultivation was widely known to be unprofitable and people's work habits and interest decreased.

But then the government is planning various schemes to promote rice cultivation. Sivagiri Sree Narayana college NSS units focused on rice cultivation in order to inculcate interest in agriculture in the new generation and considering the positive attitude of the government. The programme named "NADEEL ULSAVAM" was inaugurated by Sri.Aji SRM, SN Trust executive member. Agriculture office assistant Smt.Susmitha, Dr.Sajesh Sasidharan, PTA Vice president and Former Students Association Secretary Sri.G.Sivakumar delivered felicitations .Programme officers of Sri.P.K.Sumesh, and Veenas.C.L and volunteers Sri Athul, Sri Abhijith Sri Ullasan, Kumari Sangami, Kumari Richusai, Sri Ananthukrishna, Kumari Nandana etc lead the way.

VARKALA COLLEGE VARKALA COLLEG



Inauguration

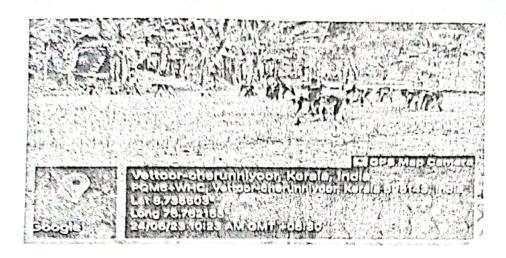


Inauguration





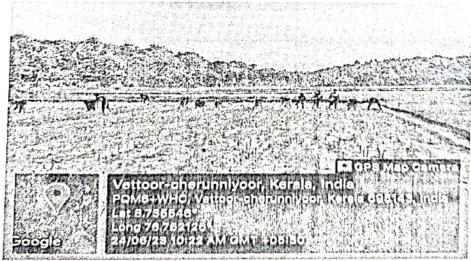




Farming



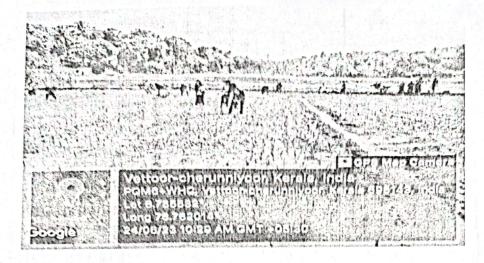
Farming



Farming





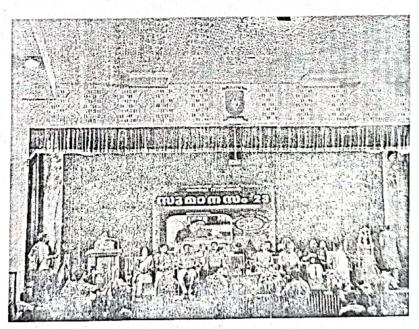


Farming

## **SUMANASAM 2023**

#### 01/07/2023

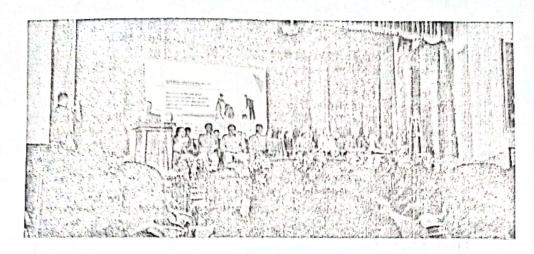
The first meeting of the N.S.S Programme Officers of the state was held on July 1st 2023 as per the instruction of the State Minister of Higher Education. Sri. P.K. Sumesh, Programme Officer of N.S.S Units, Sree Narayana College, Sivagiri, Varkala participated in the meeting held at St. Joseph's College, Iringalakuda, Thrissur.



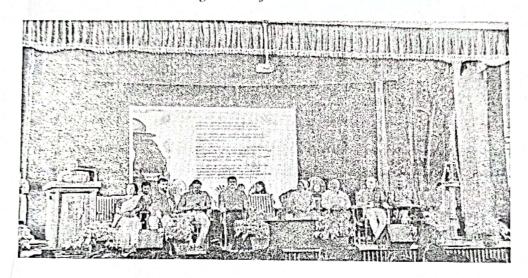
Inauguration of SUMANASAM



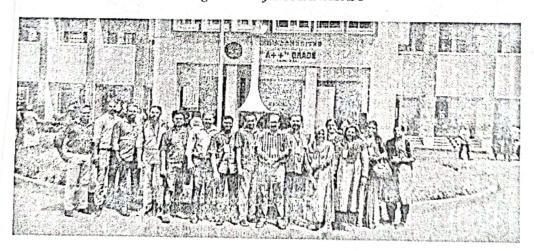




Inauguration of SUMANASAM



Inauguration of SUMANASAM



Programme Officer of TVM District with District Co ORDINATOR Dr A Sathyaraj

in front of St Joseph's College



#### INAUGURATION OF VIDYAVANAM

#### 05/07/2023

"Vidyayanam" is a small forest that resembling natural forests and are planted with high density and high biodiversity in a very small space in educational institutions. The Vidyavanam project is implemented in educational institutions with the intention of creating biodiversity conservation awareness among students and providing practical training in forest conservation activities.

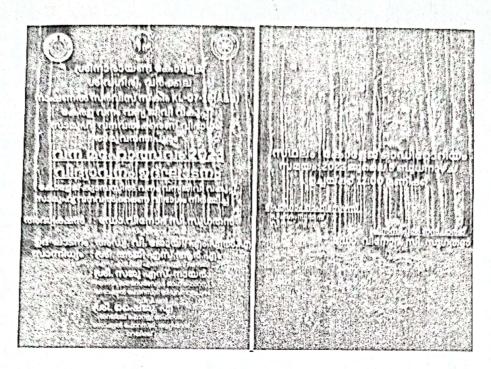
It is a diverse collection of many small trees that grow in the local habitat. In connection with the Vanamaholsav - 2023, Adv. V. Joy M L A inaugurated the Vidyavanam, which was developed in collaboration with the department of Forestry-Social Forestry wing and N.S.S Units of Sivagiri Sree Narayana College. Principal Dr. Vinod C Sugathan presided the programme. S.N.Trust Executive member Sri. Aji S R M, Assistant Conservation of Forest Sri. Saju S Nair, Attingal Range Officer Sri. S Shaiju, Forest Officer Sri. M Shaji, Forest Officer Sri. Shajahan, Sri. G. Sivakumar, P.T.A Vice President, Secretary of Alumini Association, Ward Member Smt. Aswathy, Dr. L. Preethakrishna - IQAC Coordinator delivered facilitations.

Four to five saplings are planned in one square meter. A mixture of creepers, shrubs, small trees and big trees are planned. By doing this the layered leaves in the forest are secured.

About 500 different plants like Rudrakasha, Champa, Kampakam, Tekoma, Dantapala, Mootypazham, Aryaveppy, Eetty, Jathi, Vayankatha etc. have been planted. Seedlings are planted at a depth of one meter by mixing the soil with organic fertilizers and compost and preparing the ground. There are tags to identity each plant.



Sivagiri, Varkala



## BROCHURE



Inauguration Adv V Joy MLA



After the inauguration volunteers with







Principal



Inaugural Meeting



Principal

PRINCHSE, S.N. COLLEGE Sivagiri, Varkala)



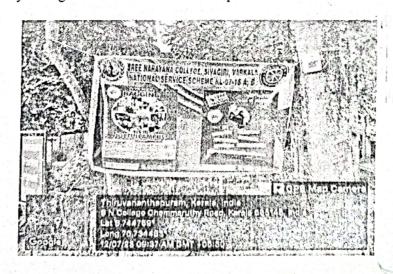
# ANTIRAGGING FLUX 12/07/2023

Ragging is the action of physically or mentally harassing a student studying in an educational institution or behaving in a manner that causes fear or embarrassment to that student. Ragging is the misbehavior shown by older students towards first year school or college students. It is illegal and a punishable offence in India. Senior students do this on the pretext of acclimates the beginners to the school/College environment. In this, it is seen that even personal harassment and sexual harassment often occur. Often this leads to lowering the personality of the junior students and inculcating a servile attitude in them. Ragging was notorious in many reputed institutions of higher education in Indian, especially medical colleges. It often goes beyond the limits and causes the death of the children who are subjected to it and also affects their learning and mental stability.

"The UGC defines ragging as any ill-treatment by words, writings or actions towards any student, whether beginner or not.

Now due to strong intervention of court and public and necessary legislation, ragging has reduced significantly.

In this situation, anti-ragging flux will be observed near the college gate on the day of first year degree admission under the auspices of NSS units of the college.



ANTIRAGGING FLUX

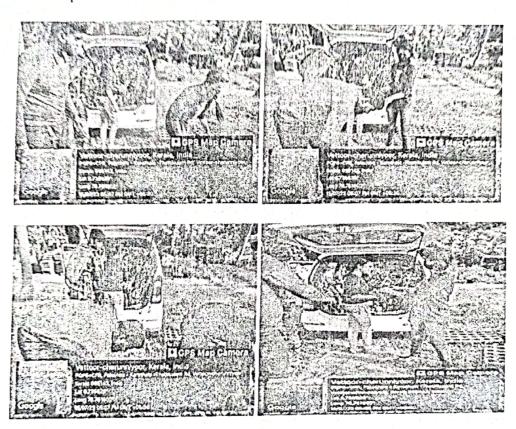
AN ARRAY OF SWINGS



#### SAPLINGS

#### 15/07/2023

The National Service Scheme Units of Sivagiri Sree Narayana College distributed saplings with the assistance of Forest Range Office Attingal. The distribution of saplings was done as part of the social forestry programme under the auspices of the forest department of Kerala Government.

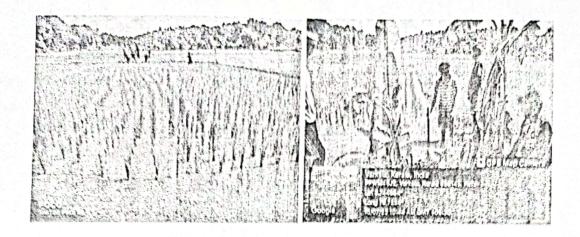


# PADDY CULTIVATION

#### 15/07/2023

NSS Units of Sivagiri Sree Narayana College are cultivating paddy in Karathala field of Cherunniyoor Grama Panchayath. As part of the cultivation carried out on June 24<sup>th</sup> 2023, plants were fertilized on July 15<sup>th</sup> 2023. Volunteers Sri Achal &Sri Amal participated in the said activity.





# KARKIDAKAVAVUBALI - GREENPROTOCOL INITIATIVES 16/07/2023

Karkidakavavubali is a ritual observed by the people of India especially Kerala according to Hindu cultural principle. It is observed on the day of Karuthavavu in 'Karkidakom' month of 'Kolla'year. This is a ceremony performed by the descendants of those who have passed away. On the day of Amavasi, people gather downriver banks and seashore to perform sacrifices. It is believed that the souls of the departed will attain mosham if the descendants perform the rituals. It is customary for a large number of people to gather and perform rituals at Varkala Papanasam beach in Thiruvananthapuram district of Kerala. Around one lack people usually gather at Varkala Papanasam for the 'Balitharpana'.

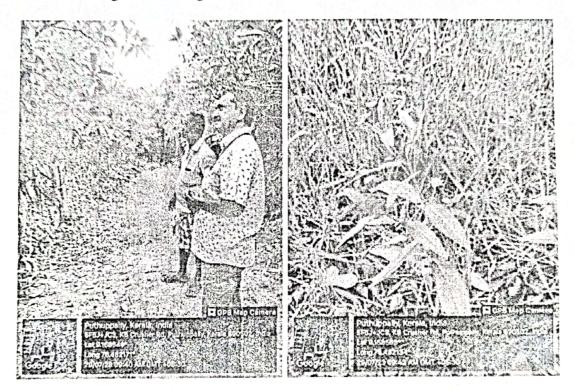
Throwing of plastic materials and other waste is common in such a situation. As a solution to this, the Government asks for the help of volunteers like NSS.. The government has sought the help of NSS volunteers at Sivagiri Sree Narayana College. Varkala Municipality, Sanitation Mission and Haritha kerala Mission have asked for help. The volunteers of the NSS units participated in the aforesaid programme and made it a success.



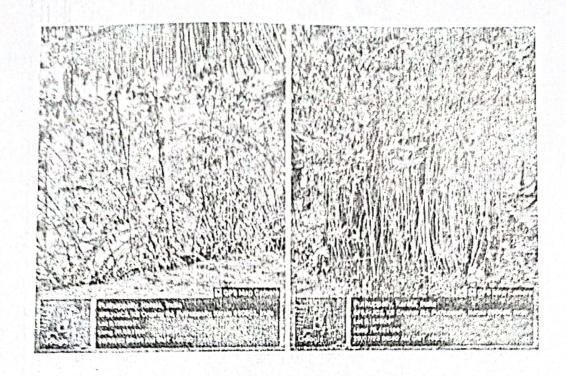
# THANNEERVANAM

# 29/07/2023

As part of that, Programme Officer Sri. P K Sumesh and Volunteers Sri. Athul B S, Sri. Sanjay, Sri. Ananthu, Sri. Abhijith went to Varanappally Kayamkulam and collected mangrove seedlings and seeds from them







## YOGA DEMONSTRATION AND MILLET MELA

## 08/08/2023

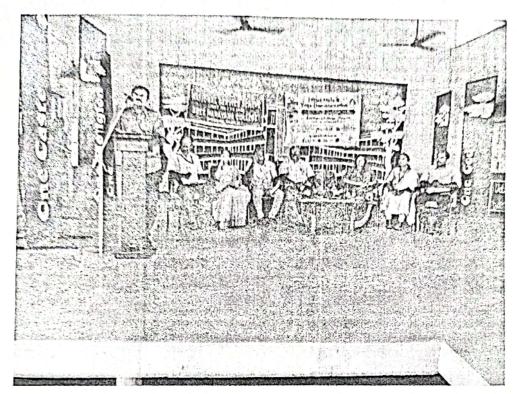
Yoga training and millet mela was held under the auspices of National Service Scheme units, Botany department and NCC units of Sivagiri Sree Narayana College. The programme were held in the college auditorium from 8 am on 8th August2023 in collaboration with the Food safety Department of the state government. State food safety commissioner Sri.V.R.Vinod IAS inaugurated the programme. Dr. Vinod C Sugathan Principal in Charge presided over the function.

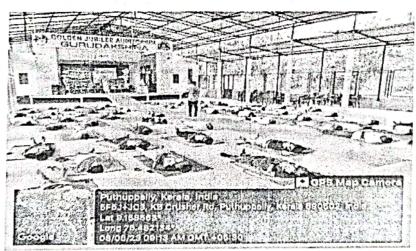
S N Trust executive member Sri. Aji SRM, Food safety Joint commissioner Sri Jacob Thomas, Deputy commissioner Sri S.Aji, Assistant commissioner N.Anilkumar, Senate member Dr S.Soju, IQAC coordinator Dr.L.Preethakrishna, NSS Programme officer P.K.Sumesh, programme coordinators Dr.Smitha.P.D, & Dr.C.Biju, NSS programme officer Dr., R.Reshma, N.C.C officer in charge Sri.R.Syamraj and others gave felicitations.

Dr. V.R. Vasundhara, Medical Director of Poojappura Yoga Therapy Health Clinic and Jeevanam Naturopathy, Thiruvananthapuram conducted the Yoga class. Varkala Circle Food safety Officer Dr.R.P.Praveen conducted the awareness class.A millet fair

ARAY

was also held. Head of the department of Botany Dr.R.Hima gave welcome speech and NSS programme officer PK Sumesh gave vote of thanks.





Demonstration of Yoga

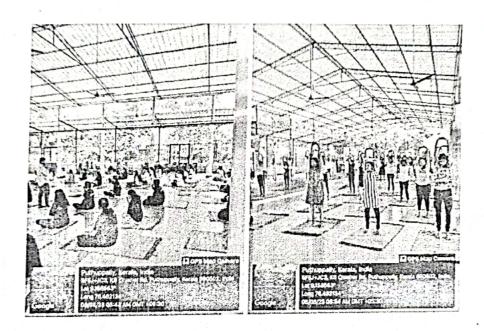




0.11 11 11 11 11

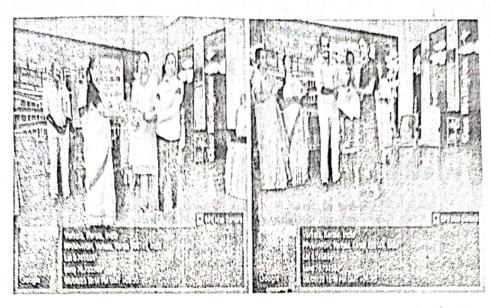


Demonstration of Yoga



Demonstration of Yoga









# ശിവഗിരി കോളേജിൽ യോഗ പരിശിലനവും മില്ലറ്റ് മേളയും ഇന്ന്

an oasegal denisaring state its and and animportant trans lung lung page In lung confiners of the population of the declare of the some con our contracto south. Two patecast un wounder மால்கு! வக்கிரை ஸ்வக்கம் வக்கிருக்கணமாறாம் அரசு terep a molecoling access tofficeathingofuncia ingocas no continue a minimus of "Headingtotal Charles curativates tratesforthe college that copyright and morning the traction for terrain arige traiting technica lum enum filmen intelate പുസ് ആർ എം എസ്സ്റ്റ് ഇതു നാർക്ക് വാരണ സർക്ക് ചോർ കണ്ടിക്കുന്നു അക്കണ് . വാരണ സ്റ്റ്രസ്ത്രൂറ്റ് വാരണ തോട്ടെ പ്രവത്തിക്കാർ സര്യാക്ക your mail annil asal aims The transplant our to the

and a general marries accorded tetrinter transfer miles emplification of of allast the contransalistics מיתה בלחה לעות מנים לורניונים alaulatural mile carros as were the constitution cycles from burder in groby le springle pringle process ความให้สูญสู่เหล่าสี สามารับวิสโตละ เซเ เลหมหมหาใจาปเสาใจอุฒิเพาะเอ നാലി പെറ്റായിൽ പ്രവാദ്യവാധ AND EASTER COUNTY OF THE OWN COUNTY การให้เสยการวิจาริจาราชาวิจาราชาวิจารา makiningotin katemuren ആർ ടിപ്പവിൺ ബോധവത്കാ ണപ്പാസ്നയിക്കും തുടർന്ന്മില്ലറ്റ , മേളയും നടക്കം.

#### Kerala Kaumady Daily

# THANNERVANAM PROJECT (MANGROVE PROJECT) 09/08/2023

#### Mangroves

Mangroves are complex eco systems consisting of trees and shrubs growing in the estuaries, swamps and the shores. Mangrove trees and associated non mangrove plants grow sparsely in these areas.

#### Importance

Mangroves are among the most biologically rich ecosystems on Earth. Such mangroves have the capacity to absorb 50 times more carbon than tropical forests. They help in reducing air pollution to a certain extent. Along with this, they release a lot of oxygen. These areas are desirable for safe breeding of aquatic life including different species of fish and for nesting of birds. They also have amazing ability to withstand natural calamities. Growing mangroves near water bodies is an

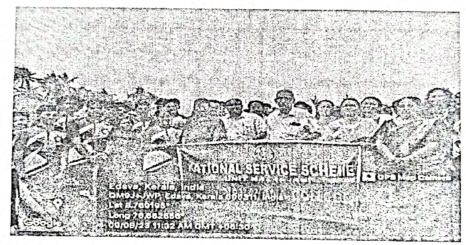
effective way to protect the environment NARAY

## NSS Units of S N College, Varkala

Realizing this importance of mangroves, Sivagiri Sree Narayana College NSS Units communicated with Edava Grama Panchayath of Varkala Thaluk and decided to plant 100mangrove saplings in the first phase at Edava Kayaloram.

8thJuly2023 Edava Grama panchayath President Mr.A. Balik inaugurated the programme. Principal Dr. Vinod C Sugathan presided the function. S N Trust executive member Sri.Aji SRM, , standing committee member of Edava grama panchayath Sri. Harshad Sabu, felicitate the programme.

NSS Programme Officer Dr. R. Reshma gave welcome speech and Athul gave vote of thanks. NSS programme Officer P.K.Sumesh, Volunteers Sri Ananthu, Sri Sanjay, Kumari Richusai, Sri Rahul, Sri Abhijith etc led the programme.





#### Principal&Sri.Aji SRM



Kerala Kaumady Daily

#### INDEPENDENCE DAY CELEBRATIONS

CRE fit An INCHOSEE

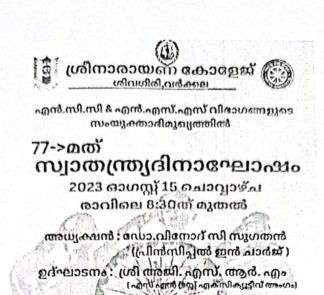
#### 15/08/2023

This year's Independence Day Celebrations were held under the joint auspices of N.S.S Units and N.C.C Units of Sivagiri Sree Narayana College. Sri. Aji S R M, Executive Member of the S N Trust inaugurated the programme. Principal Dr. Vinod C Sugathan presided the meeting.

## "MERI MATI MERA DESH" CAMPAIGN

Under the Azadi ka Amrith Mahosav project of the Central Government, various programmes are being organized locally in the states. One of them was a tribute to the martyr's who fought for the country. It was to be taken. The name of the said programme was "Meri Mati Mera Desh". On that occasion, people had to take the 'Panchapran" pledge in every village for the unity and sovereignty of the country. The programme was say the pledge by taking the soil of the place where each citizen was standing and reciting the pledge. N.S.S volunteers of the Sivagiri Sree Narayana College participated in this as part of the Independence day Celebrations.



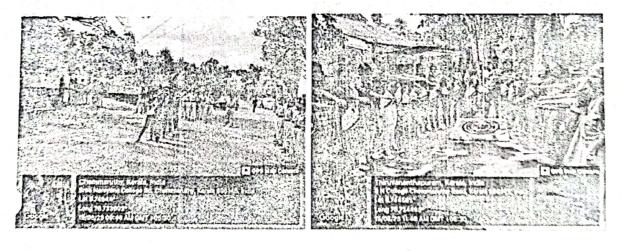


തുടർന്ന് എാസ്മോണ് ക്വിസ് മത്സരം

ശ്രീ. ആർ.ശ്വാം രാജ് ഫ്രൻ.സി.സി ഓഫീസർ ഇൻ ചാർജ്) പി.കെ.സുമേഷ് ഡോ. ആർ.രേഷ്മ . (എർ.എസ്. എസ്. പ്രോഗം ഓഫിസേഴ്സ്) ഡോ.വിനോദ് സി സുഗതൻ (പ്രീൻസിപ്പൽ ഇൻ ചാർജ്)



#### Brochure



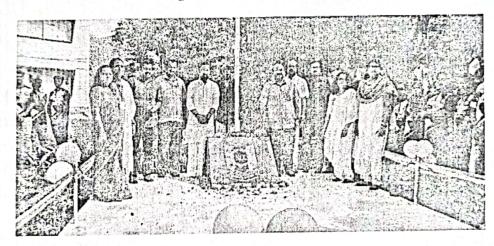
Flashmob





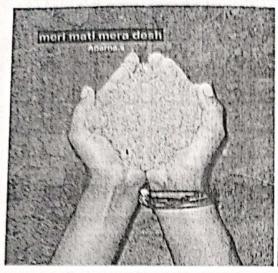


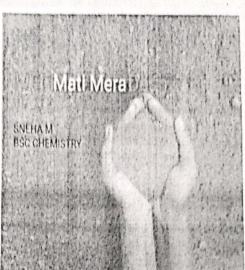
Flag Hosting at NSS Flag post

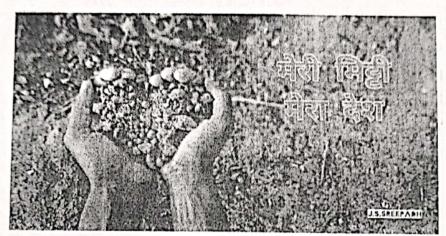


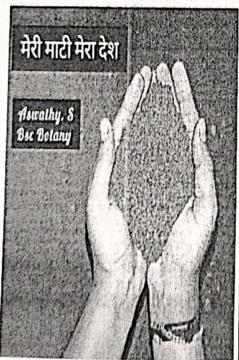














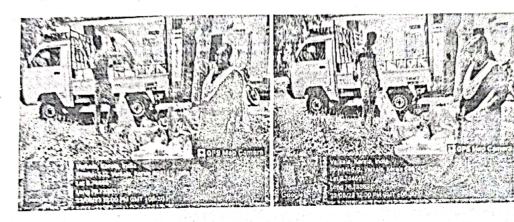
Meri Mati Mera Desh



# TRANSFER OF INORGANIC WASTES

#### 23/08/2023

As a part of Clean Campus-Green Campus activities, various cleaning programmes are organized, under the auspices of National Services scheme units of Sivagiri Sree Narayana College. The inorganic waste collected as part of the said cleaning programme was handed over to Harittha karma sena of Varkala Municipality on 23<sup>rd</sup> August 2023.



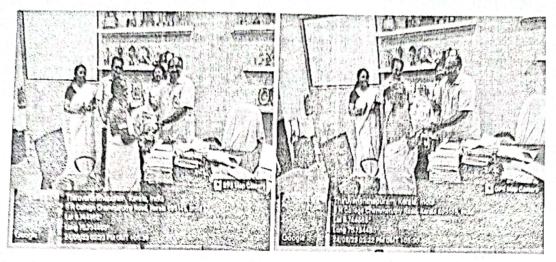
# NALKAM NALLONAM 24/08/2023

Distribution of Onam kit is regular project of NSS Units of Sree Narayana College Sivagiri, Varkala. Onam kit was given to the non-teaching staff who were not regular employees of the college and to the economically weaker section of the adopted village. But for the past two years, onam kits have been provided to non-teaching staff who were temporary employees of the college and selected homes of palliative care patients of Varkala Municipality limit.

This year, the scheme named "NALKAM NALLONAM"-2023 has been implemented as per the instructions of Higher Education department, State NSS cell and University of Kerala NSS cell. Onakodi and materials for Onasadya were distributed. The programme was inaugurated by Principal Dr.Vinod C Sugathan. IQAC Cordinator Dr.L Preethakrishna, Examination superintendent Dr.Sajesh



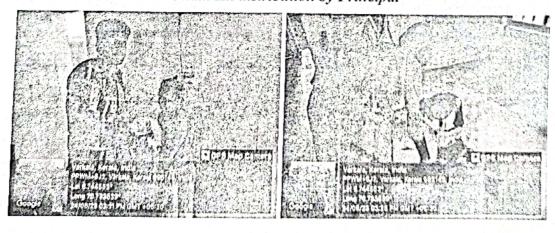
Sasidharan attended the inaugural function. Programme Officers P K Sumesh and Dr.Reshma,, volunteers Sri Athul, Kumari Richusai, Kumari Sangami, Sri Sanjay, Sri Abhijith Ullasan lead the programme.



Onam Kit distribution by Principal



Onam Kit distribution by Principal



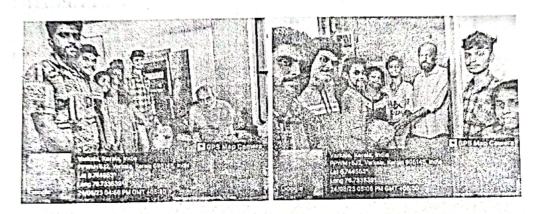
Onam Kit distribution by Principal







Onam Kit distribution by Principal



Onam Kit distribution by Principal

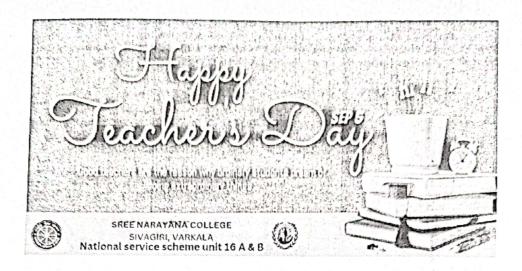
# OBSERVANCE OF NATIONAL TEACHERS DAY

05/09/2023

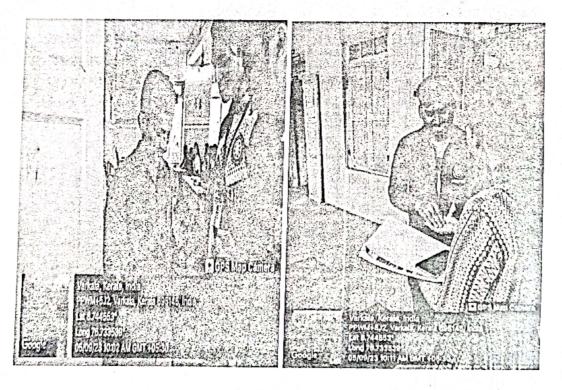
Teachers are more than just textbooks imparting valuable lesson of knowledge, wisdom and life. September 5th, it is a national day to honor teachers. Teachers Day has been celebrated in India since 1961.Dr.S.Radhakrishnan was a very famous teacher and the second President of India. September 5<sup>th</sup>, his birthday, has been chosen as teachers day.

As part of this year's teacher's day celebrations, the NSS units of Sree Narayana College Sivagiri, Varkala felicitated both the permanent and guest teachers of the college. The volunteers showered their love and respect on their teachers by greeting them and showering them with sweets.



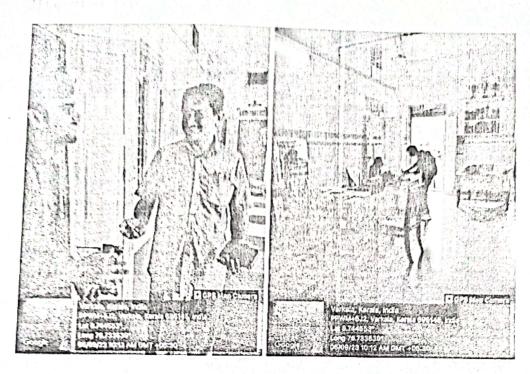


# BROCHURE

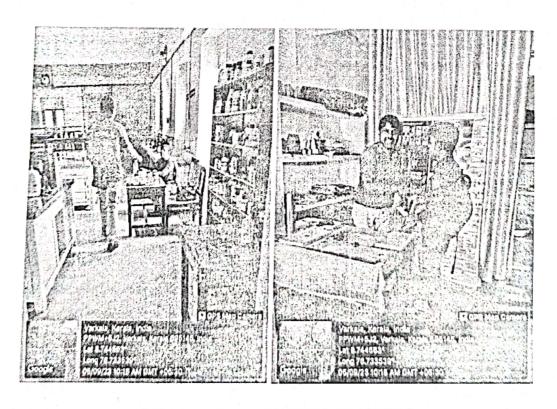


SWEET DISTRIBUTION TO TEACHERS





SWEET DISTRIBUTION TO TEACHERS



SWEET DISTRIBUTION TO TEACHERS



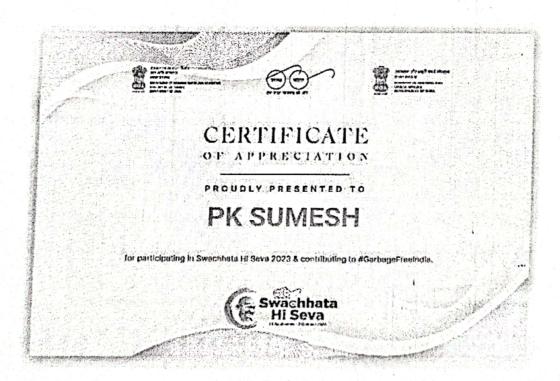


# INDIAN SWACHHA LEAGUE

### 18/09/2023

As part of Indian Swachhata League Season-2 programme, Varkala Municipality along with NSS Units of Sivagiri Sree Narayana College Organized beach cleaning. Varkala Papanasam beach was cleaned. Municipal Chairman Sri. K G Laji inaugurated the programme. Mr. Ajayakumar, Chairman of Varkala Municipality standing committee preside the programme Sri. P K Sumesh, NSS Programme Officer, Coordinators of Suchitwa Mission and Haritha Kerala Mission delivered felicitations. The volunteers also performed a flash mob as part of the programme, volunteer built the 'Matsyakanyaka's figure on the sand with inorganic waste collected from the beach and surrounding areas.

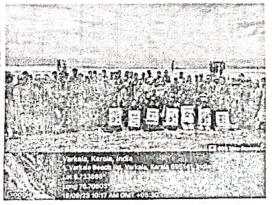
The activities of NSS Volunteers were led by Sri. Athul B S, Sri. Sanjay, Sri. Abhijith Ullasan, Sri. Ananthu Krishna, Kumari Neha, Kumari Nandana, Kumari Richu, Kumari Santha Sunil etc.



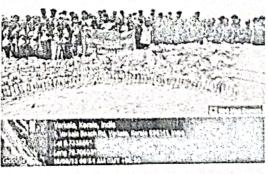












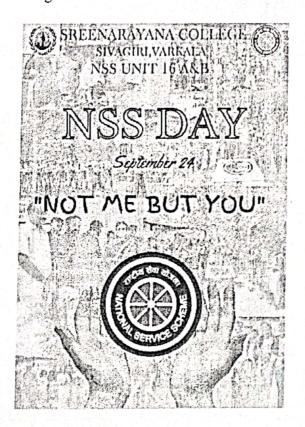


### N.S.S DAY 2023

### 24/09/2023

National Service Scheme was formally launched on 24th September 1969, the birth century year of the father of the nation. Therefore 24the September is celebrated every year 'National Service Scheme Day' with appropriate programmes and activities.

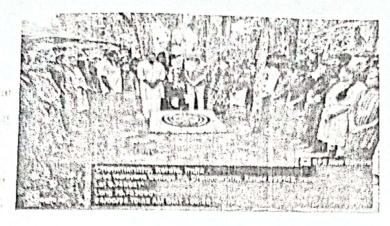
In connection with this year's with NSS Day celebrations, a flag hosting ceremony was held at NSS corner at 9.30am. Principal Dr. Vinod C Sugathan presided the function. S N Trust Executive member, Sri. Aji S R M Inaugurated the programme by hosting the flag. Programme officers Sri P K Sumesh and Dr. R. Reshma, PTA Vice president and secretary of Alumni Association Sri. G Sivakumar delivered felicitations. Sweets distribution, campus cleaning and NSS related quiz programmes were also organized.



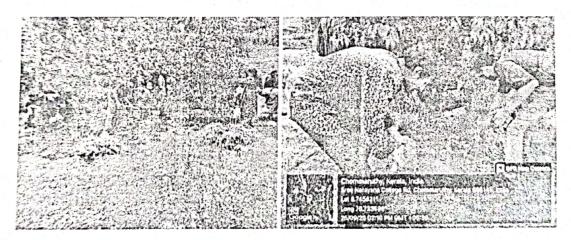












Campus Cleaning







Campus Cleaning

# NEWS PAPER SEKHARANAM

# 26/9/2023

SWAPNAKOODU is a project to provide a home to a differently abled child under the auspices of the National Service Scheme Units of SN College Varkala, KRTA Kilimanoor, SN Trusts, Rising Star Cricket Club Varkala (A part of SN College Varkala Alumni Association), Teaching Staff and Non Teaching Staff of SN College Varkala. The differently abled friendly home was built Master M S Sanju a differently abled and the standard student of Manju and Biju couples by Einthannoor Colony, Panappamkunnu, Kilimanoor.

As part of fund raising for the project, old newspapers were collected. Newspapers were collected from the houses around the college.







# GANDHI JAYANTHI CELEBRATIONS

# 02/10/2023

It was Gandhiji who initiated the idea of involving students in the process of nation building. He constantly reminded the students that while studying, they should not forget their social responsibilities. He insisted that education should not be seen as a kind of intellectual luxury. Rather, he firmly believed that education should be seen as a preparation for empowering the common people.



Gandhi wanted an educational institution to have an active and creative relationship with the locality in which it is situated National Service was also a means of self-realization for Gandhiji and through that, God-realization. NSS is a great gurudakshina that can be gives to a great soul who thinks like this. NSS was implemented on the 100th birth anniversary of Gandhiji. That is the close relationship between, Gandhiji and NSS.

As part of Gandhiji's 154th birthday celebrations, campus cleaning and Aganwadi cleaning activities at Adopted Village were held.





Invites you to join us for the celebration of GANDHI JAYANTI

154" Birth Anniversary of Mahatma Gandhi Monday, October 2, 2023, 9:00am

#### PROGRAMME HIGHLIGHTS :

- Cleanliness Drive
- Speech Competition - Quiz Competition

Dr. Vinod C Sugathan

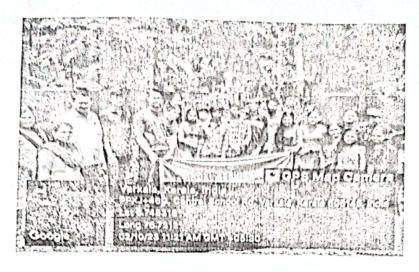
(Principal)

Lt. Dr. Rinku Babu (Associate NCC Officer)

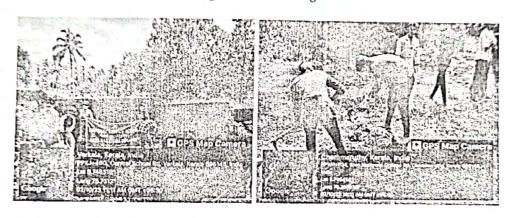
**BROCHURE** 



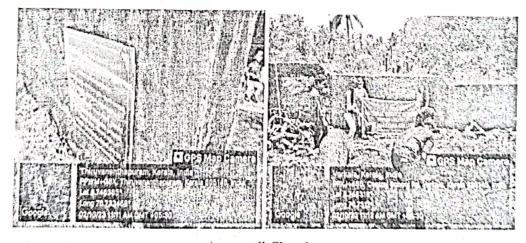




Aganwadi Cleaning



Aganwadi Cleaning

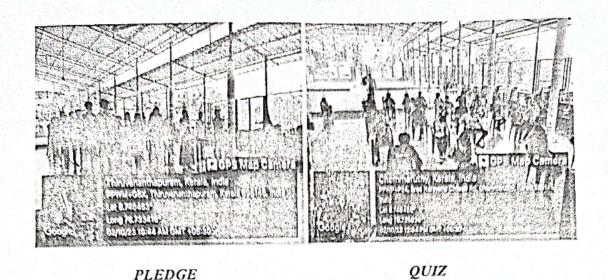


Aganwadi Cleaning









# KANAL FEST (WOMEN EMPOWERMENT)

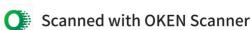
### 05/10/2023

The National Service Scheme Units of Sivagiri Sree Narayana College organized a programme called 'Kanal Fest" in collaboration with the Women and Child Welfare Development Department of the government of Kerala. The programme was inaugurated by Mrs. P S Tasni, Thiruvananthapuram District Child Development Department Officer, Principal Dr. Vinod C Sugathan presided the meeting, State Women and Child Development Department Trainer Mrs. Jisha Thiyagarajan gave 'Dheera' training. There was also an awareness class organized by the Police Training Academy. S N Trust Executive member Aji S R M, Senate Member Dr. Soju S delivered felicitations. Programme Officer Sri. P K Sumesh gave welcome speech and programme officer Dr. R Reshma gave vote of thanks.

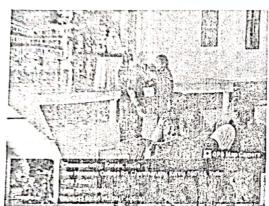
Skit presentations, short film making and debates were also organized as part of "Kanal Fest" on the following days. There is an increasing situation of violence against women, gender discrimination etc. On this occasion, 'KANAL' awareness programme is being conducted under the leadership of the State Women and Child Development Department as part of creating awareness among the people to combat

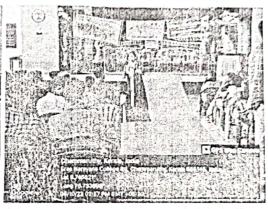
violence and end gender discrimination.

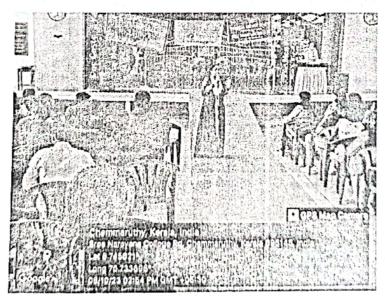






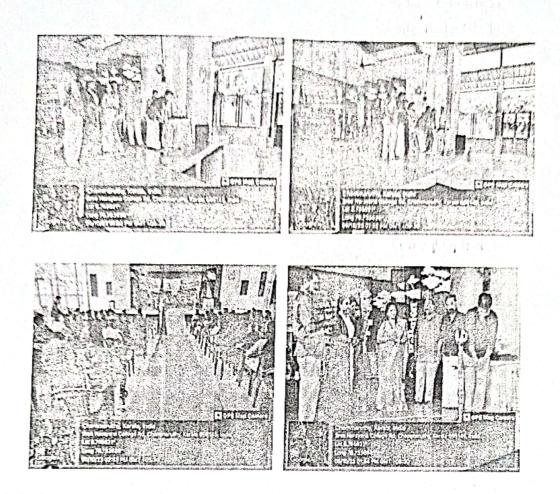








Sivagiri, Varkala



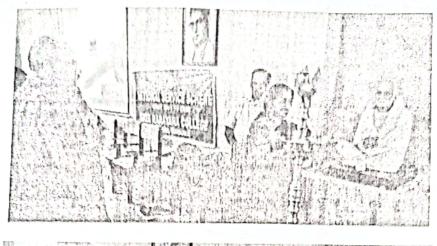
# **SEMINAR**

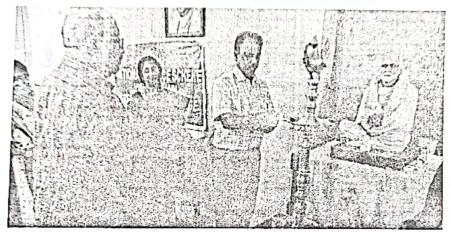
# 09/10/2023

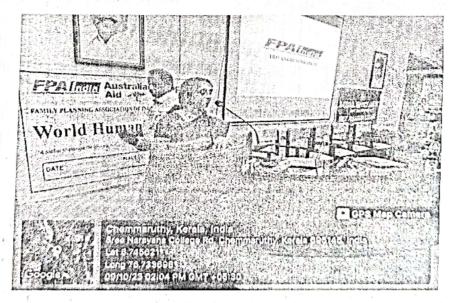
NSS Units of Sree Narayana College Sivagiri, Varkala organized two seminars in collaboration with Family Planning Association of India and Rotary Club International Trivandrum. On 9th October 2023 at 1.30 pm Dr. MKC Nair conducted a seminar on 'Premarital life and studies'.

Then from 2.30 pm Dr. Sobha Mathew also conducted a seminar on the topic 'Humanity' Principal Dr. Vinod C Sugathan presided the programme. Progamme Officer Dr.R Reshma delivered welcome speech and volunteer secretary Sri. Athul B S gave vote of thanks.

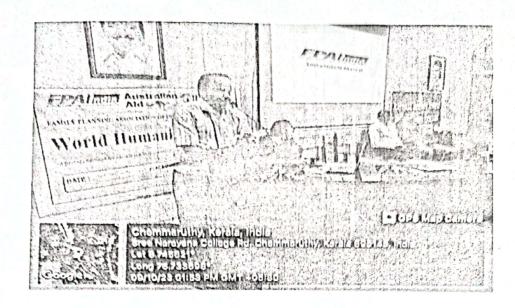












#### KOITHULSAVAM

#### 11/10/2023

The NSS Units of Sree Narayana College Sivagiri, Varkala condutced 'Virip Krishi' cultivation in Karathala Vayalela of Cherunniyoor grama panchayath on 24th June 2023. Harvesting of the said crop took place on 11th October 2023. The programme was organized as a harvest festival.

# വിദ്യാർത്ഥികൾ നടത്തിയ കൃഷിയിൽ നൂറുമേനി വിളവ്

വർക്കല:നെൽക്കപിയുടെ സ്മ ദധി വിദ്യാർത്ഥികളിലൂടെ തിരിച്ച പിടിക്കാൻ ശിവഗിരി എസ്.എൻ കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റകൾ കാറാത്തല എലായി മലനരിശ്രനിലക്ഷിയിൽ**നു**റുമേ

ചെറുന്നിയൂർ കൃഷിഭവന്റെ സ ഹായത്തോടെ ഷൈലാബിഗ ത്തിന്റെ ഉടമസ്ഥതയിലുള്ള തരി ശുനിലത്തിലാണ് മൃൺമാസത്തി **ൽകൃഷിയിറക്കിയത്**.കൊയ്യത്സവ ത്തിന്റെ ഉദ്ഘാടനം പരീക്ഷാ സൂ പ്രണ്ടാഹലിസിക്റ്റ്റിഭാഗം മേധാവി നായത്തെന്നുവായിയായി ന്നീർവ്വഹിച്ച പ്രിൻസിഷൽ ഡോ. വിനോർസി സൃഗതൻ,എസ്.എ ന് ക്കൂനുളിക്യൂടിവ്അംഗംഅലി. എസ്ആർംഎം,ചെറ്റന്നിയുർക്കുനി



കാറാത്തല ഏലായിലെ കൊയ്യത്സവം

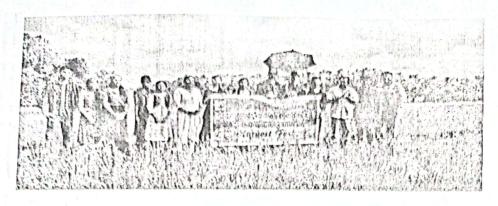
ഓഫ്രീസർ സൃധിർ,താസിസ്റ്റവ് ക ഷി ഓഫ്രീസർ സൂവൃത,പി.ടി.എ തെന്ന് പ്രസിഡന്റ് ബി.ശിവകതാ ർ തുടങ്ങിയവർ പഞ്ഞുത്തു.പപ്രാ ഗ്രാംഓഫിപയരേത്രെനികാരായപി.കെ.സു

മേഷ് ഡോ.ആർ.രേഷ്യ വോളവു Тест, такит родинисоспеки യിത്ത് അവളുക്കുന്റെ വിച്ച സം wall wood, man aparilaid an क्राकान कार्यको.

Kerala Kaumady Daily

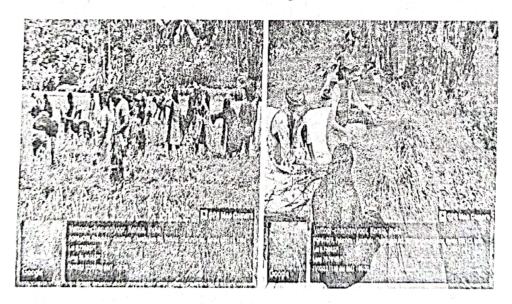








Harvesting



Harvesting









Harvesting

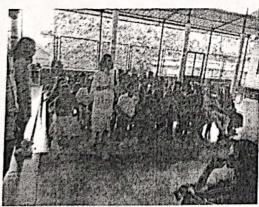
# WOMEN EMPOWERMENT

# 14/10/2023

# Skit practice

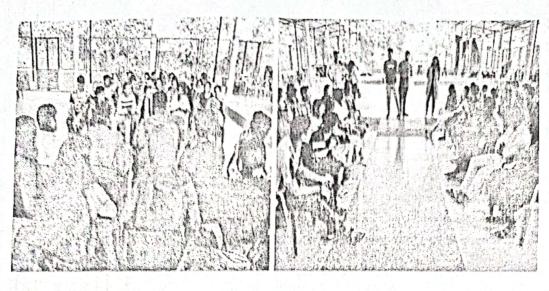












DEBATE

# **PADHEYAM**

# 17/10/2023

NSS Units of Sivagiri Sree Narayana College for in patients and by standers of Varkala Taluk Hospital, Volunteers distributed food packets named PADHEYAM Volunteers distributed common food packets brought from their homes. Inauguration of food kit gathering by Principal Dr. Vinod C Sugathan.

Programme Officers of NSS Units Sri. P K Sumesh and Dr. Reshma volunteers Sri. Athul, Sri. Sanjay and others led the programme.











#### VIDYAVANAM CLEANING

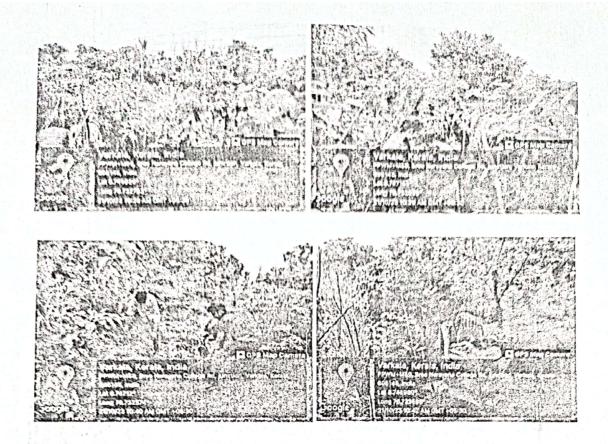
# 21/10/2023

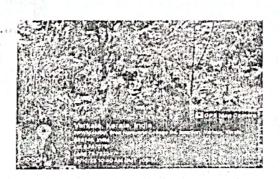
'Vidyavanam' is a small forest that resemble natural forest and are planted with high density and high biodiversity in a very small space in educational institutions. The Vidyavanam project is implemented in educational institutions with the intention of creating biodiversity conservation awareness among students and providing practicao training in forest conservation activities.

It is a diverse collection of many small trees that grow in the local habitat. In connection with the Vanamaholsav-2023 Adv. V Joy MLA inaugurated the Vidyavanam. Which was developed in collaboration with the department of Forestry-Social Forestry wing and NSS Units of SN College Varkala.

Along with the saplings that were, planted and, grown in the 'Vidyavanam' project, weed plants also grew. This will hamper the early grow of the seedlings which need to be protected. So the weeds had to be removed. The said activities took place on 21<sup>st</sup> October 2023.







'SWAPNAKOODU' FUND COLLECTION

#### 21/10/2023

Under the auspices of Sree Narayana College Sivagiri, Varkala National Service Scheme Units, the fund collection of "Swapnakoodu" to be built for differently abled student in Kilimanoor grama panchayath was held on the 21st of October 2023.

Under the auspices of Sree Narayana College Sivagiri, Varkala National Service scheme Units, the fund collection of "Swapnakoodu" to be built for differently abled students in Kilimanoor grama panchayath was held on 27th of October 2023.





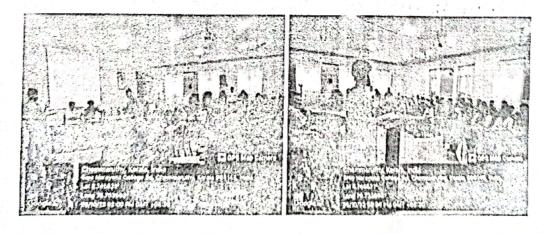


FUND COLLECTION

# JOB FIAR ORIENTATION

### 26/10/2023

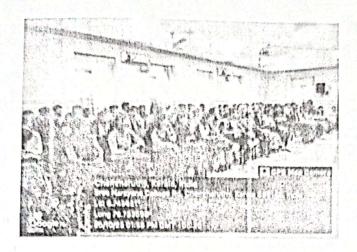
Under the auspices of Kerala Government's knowledge economy mission on job fair was being organized on 29<sup>th</sup> October 2023 at Varkala Government Model Higher Secondary School. The assistance to the job seekers participating in the said job fiar required. The service of the NSS unit of Sree Narayana College Sivagiri, Varkala and an orientation programme related to its activities on 26<sup>th</sup> October 2023 was held on the college conference hall. Mr. Kailas Karthikeyan knowledge economy mission representative conducted the orientation and programme officer P.K Sumesh gave welcome and Sri Sanjay gave vote of thanks.



Orientation Class



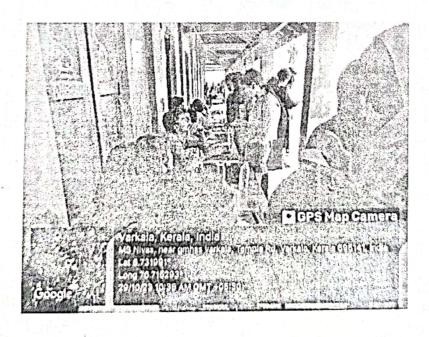
PRINCIPAL S.M. COUNTROE Sivagiri, Markinin



# JOB FAIR

# 29/10/2023

Under the auspices of Kerala Government's knowledge Economy mission, a job fair was organized for job seekers on 29<sup>th</sup> October 2023 at Government Model Higher Secondary School, Varkala volunteers of NSS Unit of Sivagiri Sree Narayana College provided the necessary assistance to the job seekers. Also got certificate of Government knowledge economy mission for precise and commendable interventions of volunteers in connection with Job fair.





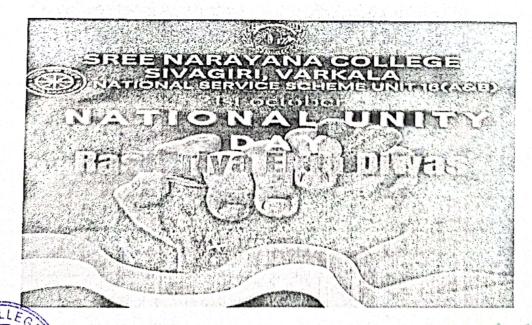


#### UNITY DAY

# 01/11/2023

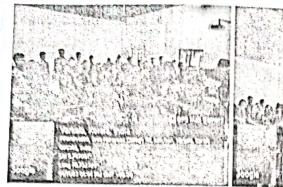
Vallabhai Patel was an Indian freedom fighter, one of the main architects of the unification of Indian and a political leader of the Indian National Congress. He was addressed as 'Sardar', meaning chief, in India aid throughout the world. His birthday October 31st is celebrated as Rashtriya Ektha Divas or Unity Day.

AS per making competition was also organized. Twenty five contestants participated in the competition Imagesen and team, Nandu Krishnan K and team and Jeethu S and team got first, second and third position respectively.





# BROCHURE



a file and a had

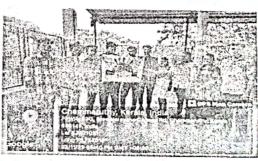


# PLEDGE





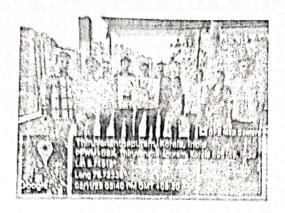












POSTER MAKING

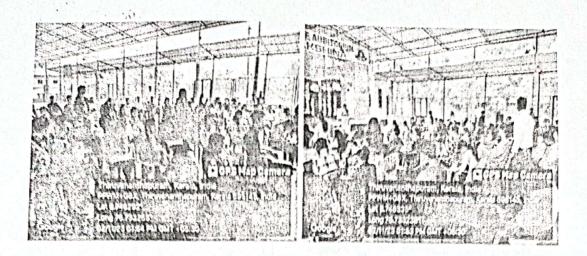
# KERALAPPIRAVI CELEBRATIONS

#### 02/11/2023

1<sup>ST</sup> November is celebrated as Kerala Piravi day when the state of Kerala was formed on the basis of language. After India became independent from British in 1947, agitations for a United Kerala intensified. The state Reorganization Act of 1956 was the basis for this reorganization and for many states formations and bifurcations. The state of Kerala was formed on November 1<sup>st</sup>, 1956 by merging the Travancore, Kochi Kingdoms and all the Malabar areas of the Madras presidency as per the decision of the Government of India to reorganize the states on the basis of language(including all areas where Malayalam is the main language). It is on this basis that November 1<sup>st</sup>, is celebrated as 'Kerala Piravi Day'.

The NSS unit of Sivagiri Sree Narayana College also participated in this year's Kerala Piravi Celebrations. Quiz competition were organized under the auspices of NSS Units.

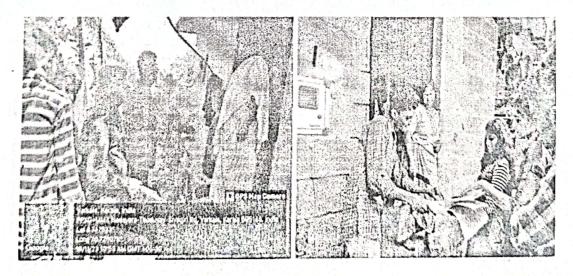




# ADULT LITERACY IN DIGITAL WORLD

# 13/11/2023

"Adult Literacy in Adopted Village" is a project under the auspices of Sree Narayana College Sivagiri, Varkala National Service scheme units, where they impart knowledge in modern information technology to the senior citizens of the adopted village. As part of this on 13<sup>th</sup> November 2023 volunteers reached the adopted village and taught the operations of G-pay and phone pay etc.



Adult Literacy in Adopted Village



PRHYGIPAL S.N. COLLEGE Blyagiri, Varkala

### CHILDRENS DAY

#### 14/11/2023

Children's Day is celebrated in India to raise awareness about children's Day rights care and education. Children's Day is celebrated every year on November 14<sup>th</sup>, the birthday of India's first Prime Minister Jawaharlal Nehru. Many educational motivational programmes are held across India for children on this day.

As part of this year's Children's Day celebrations, the NSS units of Sivagiri Sree Narayana College visited the Adopted Village. Then reached the Anganwadi. All the children studying there were, given stickers with Jawaharlal Nehru's picture on them studying materials and sweets were also distributed. Also involved in various art programmes with the children.

It was also asked to prepare a poster related to Children's and send it through whatsapp. The volunteers prepared posters according to their skills and posted them in the NSS whatsapp group

> ശിവഗിരി കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്

വർക്കല: ശീവഗിരി ശ്രീനാരായുന്ന കോളേജിലെ എൻ.എസ്.എസ്.യു ണിറ്റുകളുടെ ആഭിമുപ്യെത്തിൽ വർ .ക്കലമന്മ് സിഷാലിറ്റിയിലെകണ്വാ ത്രമം വാർഡിലെ അങ്കണവാടിയി ലെ കുട്ടികളോടൊപ്പം ശിശുദിനം ആഘോഷിച്ചു. ജവഹർലാൽ നെ ഗ്രവിന്റെ ചിത്രം ആലേഖനം ചെ യ്റ്റ സ്റ്റിക്കറുകളടങ്ങിയ ബാഡ്ജുക ൾ നൽകിയും മധുരങ്ങൾ വിളമ്പി യും ചിത്രരചനക്കാവശ്യമായ കളർ പെൻസിലുകൾനൽകിയമാണ്ആ ഘോഷത്തിന്റെ ഭാഗമായത്. പ്രോ ഗ്രാം ഓഫീസർമാരായ പി.കെ.സൂ തേഷ് ഡോ.ആർ. രേഷ്ട്യ, അങ്കുണ വാടി വർക്കർ ടി. ജി.സതി, ഹെൽ പ്പർ പി.കെ. സരള. വോളന്റിയർമാ രായ അതുൽ ബി.എസ്., സഞ്ജയ്, അഭിമ്മിത്ത് ഉല്ലാസൻ, ആര്യ, പ്രതി ക്ഷ, അമൽദേവ്, സോന, ശീതൾ ഷാ,അനന്ത്ര കുപ്പു.വിഷ്ണു, കാർത്തി ക്ക് പതിഷ്യ, ശിവധിയ, നിതു. അച **ൽ എന്നിവർ നേത്വത്വം** നൽ കി.

Kerala Kaumady Daily

COLL





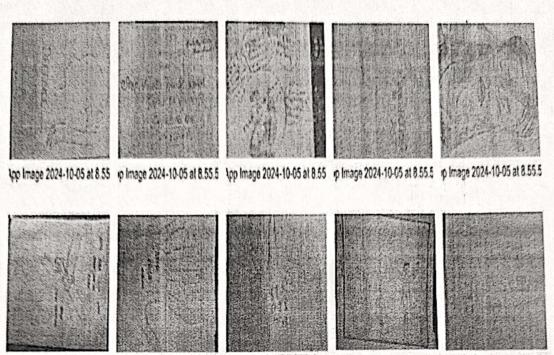


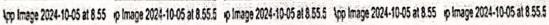


Study Materials and Sweets distribution





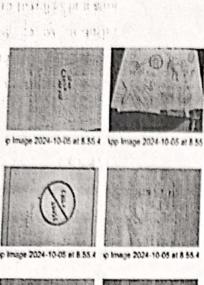






M TO SALCOLLEGE Sivagiri, Varkala on this day.

Af with Istania sat the Art minute.



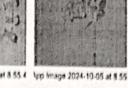


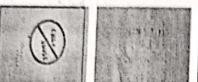


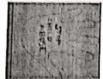




p Image 2024-10-05 at 8.55.4 p Image 2024-10-05 at 8.55.4



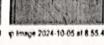








p Image 2024-10-05 at 8.55.4 p Image 2024-10-05 at 8.55.4 p Image 2024-10-05 at 8.55.4 lpp Image 2024-10-05 at 8.55.5 p Image 2024-10-05 at 8.55.4 p Image 2024-1







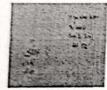








p Image 2024-10-05 at 8.55.4 | Lop Image 2024-10-05 at 8.55 | p Image 2024-10-05 at 8.55.4 | lop Im











p image 2024-10-05 at 8.55.4 p image 2024-10-05 at 8.55.4 \pp image 2024-10-05 at 8.55.4 p image 2024-10-05 at 8.55.4











top image 2024-10-05 at 8.55 p image 2024-10-05 at 8.55.4 p image 2024-10-05 at 8.55.4 top image 2024-10-05 at 8.55 p image 2024-10-05 at 8.55.5





















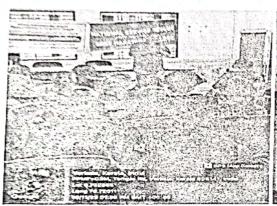
p image 2024-10-05 at 8.55.5 p image 2024-10-05 at 8.55.5 up image 2024-10-05 at 8.55.5 p image 2024-10-05 at 8.55.5

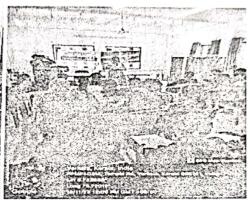


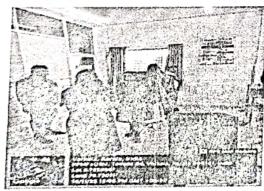
# PALLIATIVE CARE CAMP IN TALUK HOSPITAL

# 18/11/2023

NSS Units of Sivagiri Sree Narayana College are carrying out various activities in association with Varkala Taluk Hospital. Palliative care activities are one of them. As part of that, a palliative care camp was organized on 18th November 2023 at Varkala Taluk Hospital. The said programme was inaugurated by the hospital superintendent Dr. K. Anil. Then Dr. S. Roy conducted the class.









# DIGITAL LITERACY

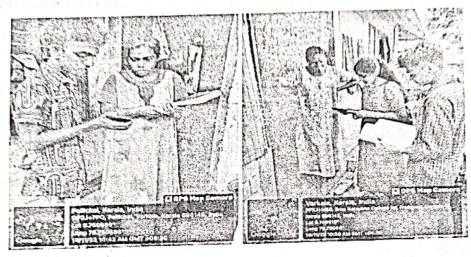
#### 18/11/2023

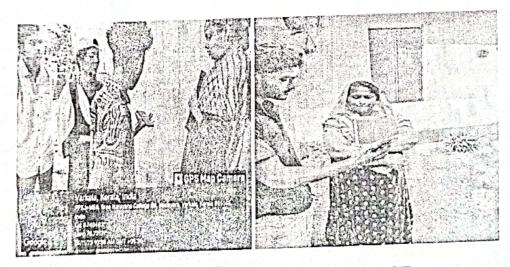
Digital Literacy is the ability of individuals and communities to understand and use

denal technologies for meaningful actions within life situations simply it is the ability

to access the computer/mobile/internet for out day-to-day activities and being connected with others through the internet.

"DIGIVILLAGE" is project launched under the auspices of NSS units of Sivagiri Sree Narayana College to impart digital literacy to the public in the village. This is a project aimed at empowering the people in the village who do not have digital literacy. As part of this, volunteers reached the Adopted village as 18<sup>th</sup> November 2023 and taught people in digital technology.



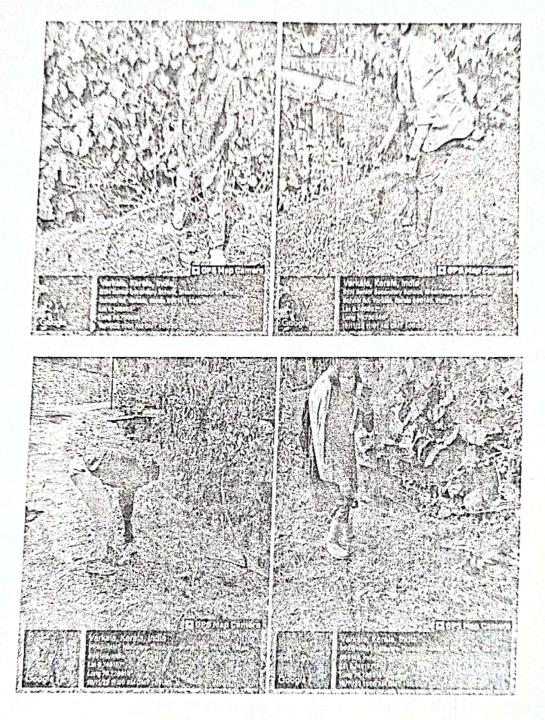


# CLEANING IN ADOPTED VILLAGE

### 18/11/2023

Under the auspices of NSS Units of Sivagiri Sree Narayana College, on 18<sup>th</sup> November 2023, cleaning activities were carried out in the adopted village.



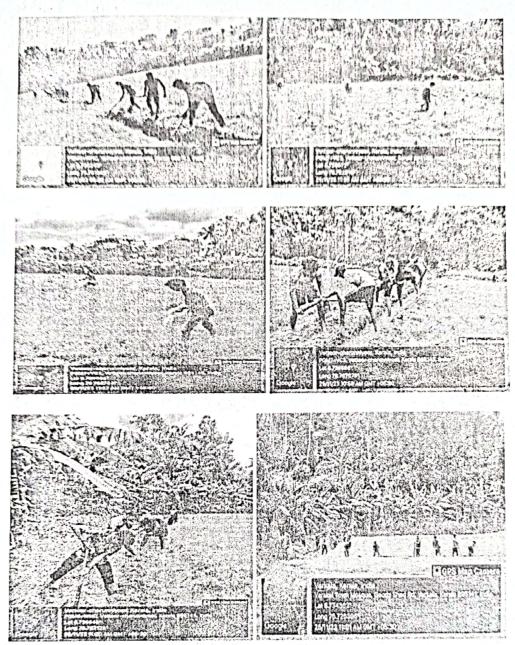


### VAYAL

### 25/11/2023

Traditional rice cultivation in Kerala is done in three stages. Its second crop is 'Mundakan Poolu or 'Mundakan Poovu'. In advance of the said cultivation, on 25th November 2023, the field was edged and lime was applied.



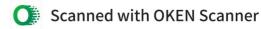


# OBSERVANCE OF CONSTITUTION DAY

### 26/11/2024

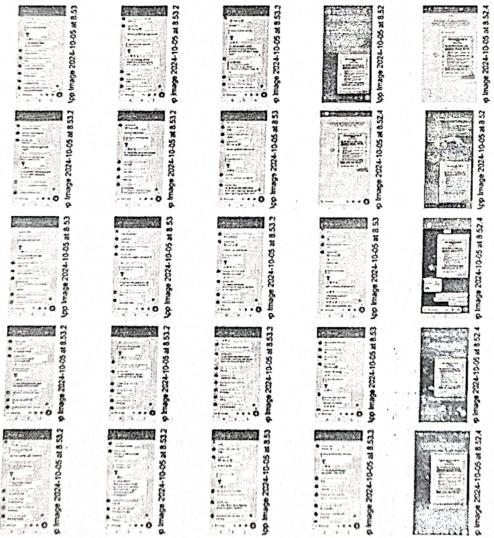
Constitution day also known as "National Law Day", is celebrated in INDIA on 26<sup>th</sup> November every year to commemorate the adoption of the constitution of India. On 26<sup>th</sup> November 1949 the constituent assembly of India adopted to the constitution of India, and it came into effect on 26<sup>th</sup> January 1950. The date was chosen because the





Indian National Congress had proclaimed the Purna Swaraj (complete independence) on that date in 1930.

As part of the observance of constitution day, an online quiz programme was organized under the auspices of the NSS units of Sree Narayana College Sivagiri, Varkala . Also organised a programme called "READING THE PREAMBLE AWARENESS TO PUBLIC". The programme consisted of each volunteer read the preamble in the form of the constitution and then sending it on the other's whatsapp. All the NSS volunteers in the college read the preamble of constitution like this and sent it to one and another through the whatsapp. The screen shot taken and send to the phones of the volunteer secretaries.





PRINCIPAL



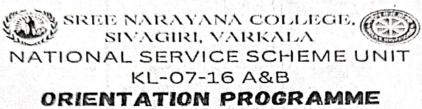


tal data

# ORIENTATION PROGRAMME

### 28/11/2023

Sree Narayana College Sivagiri, Varkala NSS units provided orientation to the new volunteers who joined the NSS family. The orientation was conducted by Sri. Brahmanayakam Mahadevan, eminent National NSS motivated trainer and founder director of Sahjeevan special school.





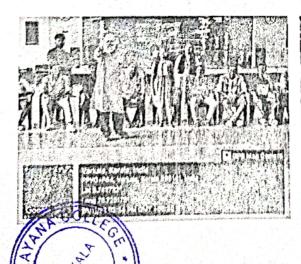
SRI. BRAHMANAYAKAM MAHADEVAN (NSS ACHARYAN )

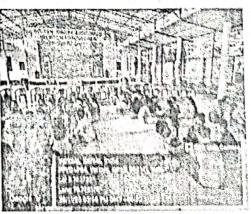
Date & Time: 28-11-2023 Tuesday 1.30 pm Venue: Gurudakshina Auditoriu

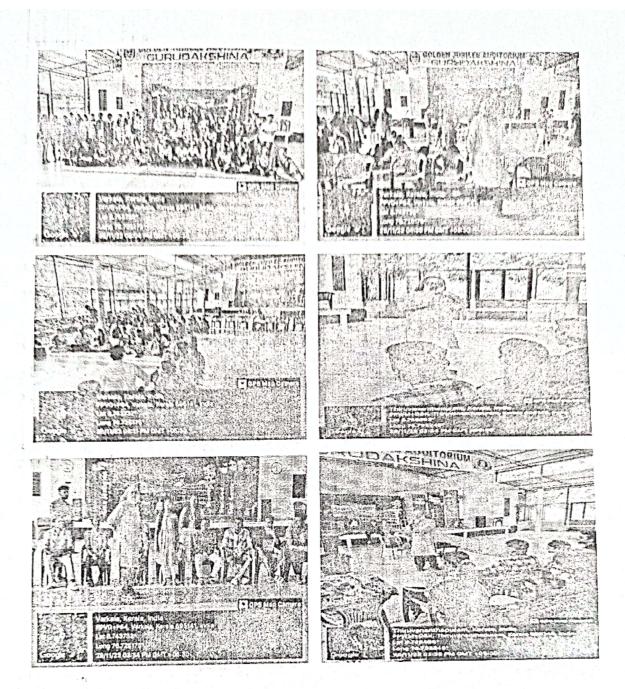
PROGRAMME OFFICERS
P K Sumesh Dr.R Reshma

PRINCIPAL **Vinod C Sugathan** 

### **BROCHURE**





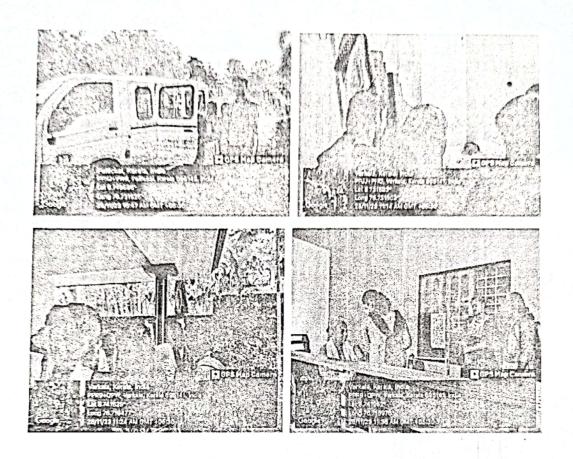




PRINCIPAL S.N. COLLEGE Sivagiri, Varkala

### PALLIATIVE CARE

### 28/11/2023



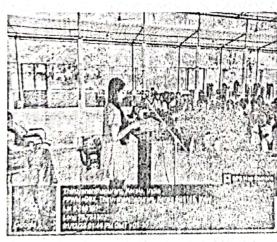
### AIDS DAY

### 01/12/2023

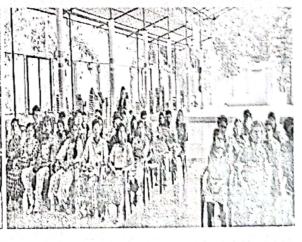
World Aids Day is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and commemorating those who died from the disease. Since 1988, this day celebrated every year on 1<sup>st</sup> December.

Under the auspices of Sree Narayana College Sivagiri, Varkala NSS units, an awareness class was organized as part of this year's AIDS day celebrations and held in the college auditorium. Dr. Binushmaraj Assistant Professor, Department of Zoology, Varkala Sree Narayana College conducted the class.





ed Primiliary rad







# MEDICAL CAMP

### 02/12/2023

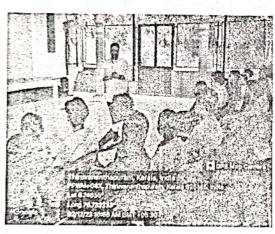
A health camp for students was organized by NSS Units, S N College, Varkala in association with Taluk Hospital, Varkala at the college on 21/12/2023 at 10.00 am and also distributed heath cards.

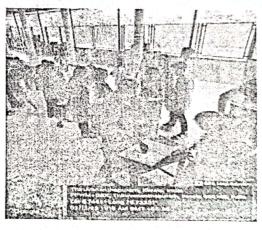
#### Aim

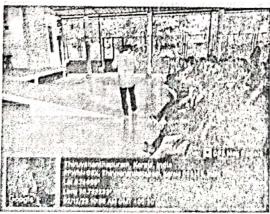
The main maim of the camp was to understand the general health conditions of students also to understand if anybody needs more check-ups and medical assistance. The health camp also aimed to distribute a health card regarding the current health status of students.

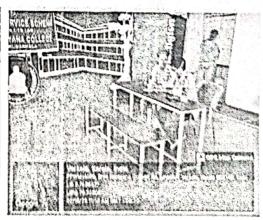
#### Activities

The programme was inaugurated by Dr Anil K











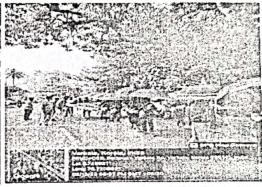
S.N. COLLEGE Sivagici, Varkala

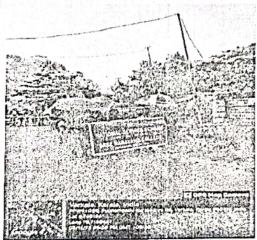
# NAVAKERALA SADASS RALLY

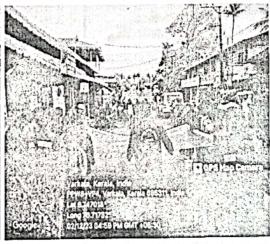
#### 02/12/2023

"NAVAKERALA SADASS" was a special programme organized under the auspices of Kerala Government. The programme was held at selected places in all 140 Constituencies of Kerala State. Varkala constituency centered programme was organized at Varkala Sivagiri Auditorium. The NSS Units of Sivagiri Sree Narayana College also participated in the proclamation rally held to promote it. Programme Officer Sri. P K Sumesh, Volunteers Sri. Athul, Sri. Abhijith Ullasan, Sri. Sanjay and others led the interventions in 'Vilambara Jadha'











Sivagiri, Varkala

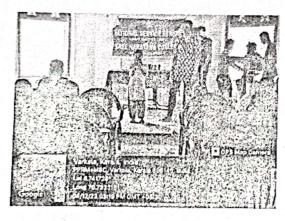
# BLIND SCHOOL VISIT

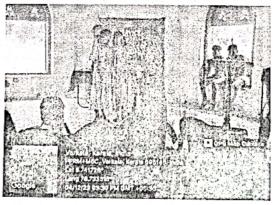
### 04/12/2023

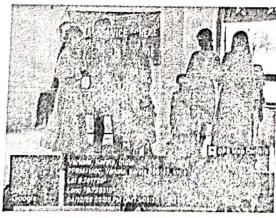
# Observation of International Day of People with Disability

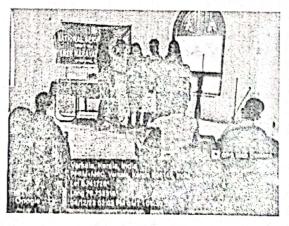
The international day of people with disability is observed to understand the problems and disadvantages of people with disabilities and to raise funds to protect their dignity, rights and wellbeing. This day has been celebrated since December 3, 1992 under the auspices of the United Nations.

On the occasion of this year's International day of people with Disability under the auspices of the NSS Units of Sree Narayana College Sivagiri, Varkala visited Sivagiri Light to the Blind School. The volunteers danced and sang with the differently abled children of the school sweets were also distributed.

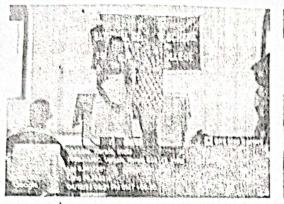


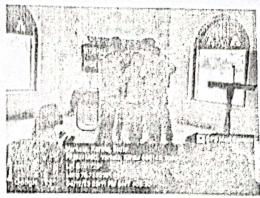












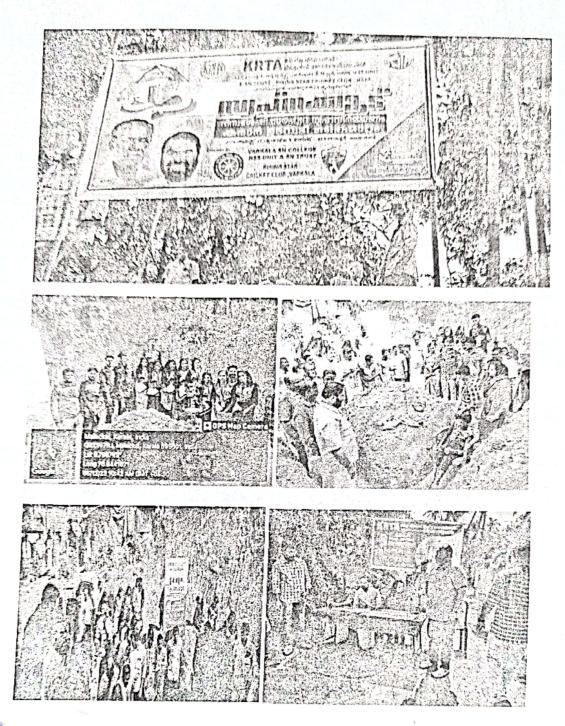
### FOUNDATION STONE LAID OF SWAPNAKOOD

### 05/12/2023

Swapnakoodu is a project to provide a home to differently abled child under the auspices of National Service Scheme Units of SN College, Varkala. KRTA SN Trusts, Rising Star Cricket Club Varkala (A part of SN College Varkala Alumni Association) Teaching Staff and Non Teaching Staff of SN College Varkala. The differently abled friendly home was with Sri. M S Sanju a differently abled to and 7<sup>th</sup> Standard student of Smt. Manju and Mr. Biju couple of Cinthannoor Colony Panappamunnu, Kilimanoor.

The foundation stone of the house was laid on the 5<sup>th</sup> of December 2023. Principal Dr. Vinod C Sugathan presided. Varkala MLA Adv. V Joy laid the foundation stone for the house SN Trust executive member Sri. Aji SRM PTA Vice President and Secretary of Alumni Association Sri. G. Sivakumar, KRTA representative Mrs. Shamila etc. delivered felicitations. Programme Dr. R Reshma and Volunteers Sri. Athul, Sri. Sanjay, Sri. Abhijith, Sri. Ananthu, Kumari Richusai led the programme



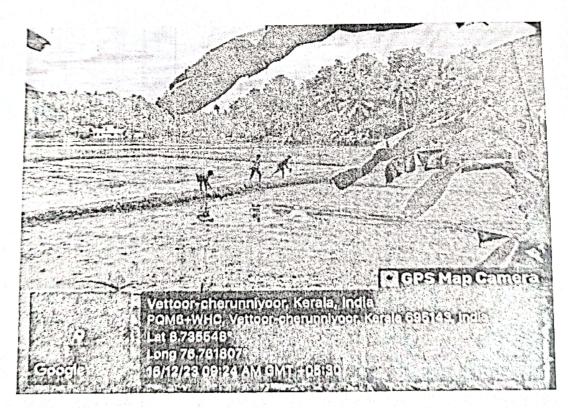


### NADEEL ULSAVAM

### 16/12/2023

Traditional rice cultivation in Kerala is done in three stages. The second crop is 'Mundakan Poolu' or 'Mundakan Poovu'. The initial operations of the said farm started on 25th November 2023. On the 16th of December 2023, Nadeel Utasavam was celebrated and farming was done.



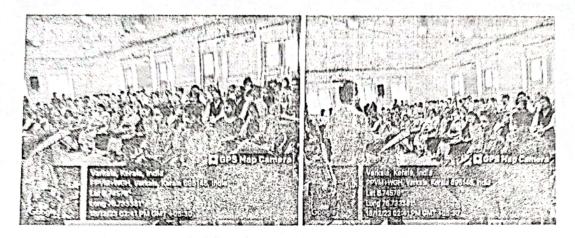




### PTA FOR CAMP

### 18/12/2023

It has been decided to conduct the annual seventh day camp from 22nd December 2023 to 28th December 2023 under the auspices of Sree Narayana College Sivagiri, Varkala. The PTA meeting as part of it was held on 18th December 2023 at the college conference hall.



### GREEN ARMY IN SIVAGIRI THEERTHADANAM

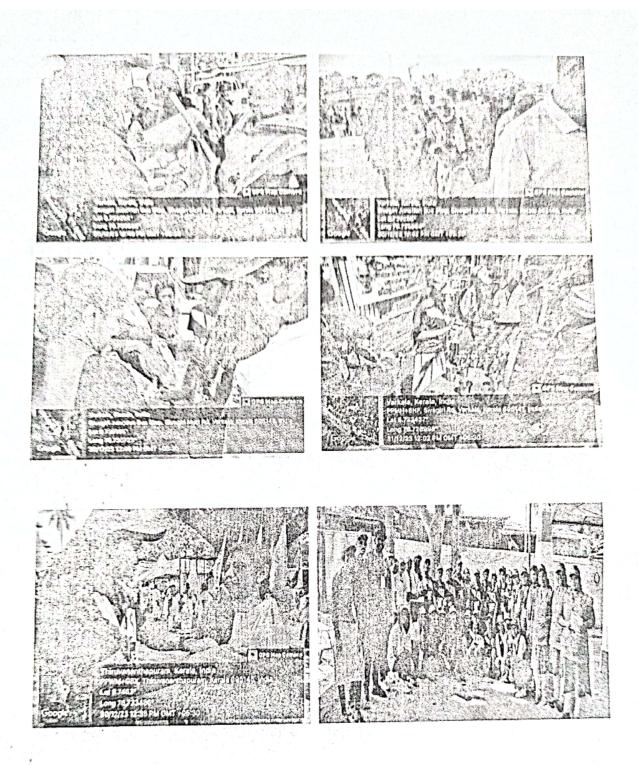
### 31/12/2023

Sivagiri is a pilgrimage centre in Thiruvananthapuram, Kerala. It is the place where Samadhi Mandir of Sree Narayana Guru Dev is located. Many pilgrims come here every year on 30th December and 31st December and January 1st. Pilgrims come with fasts as instructed by Sree Narayana Gurudevan.

During this time the service of NSS are requested by the Government and Sivagiri Mutt to help arrange facilities for the pilgrims and conduct the pilgrimage with green protocol. 30th December to 31st December 2023 and 1st January 2024, NSS units of Sree Narayana College Sivagiri, Varkala where also served during the pilgrimage.



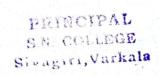




# **SWAPNAKOODU**

# 06/01/2024

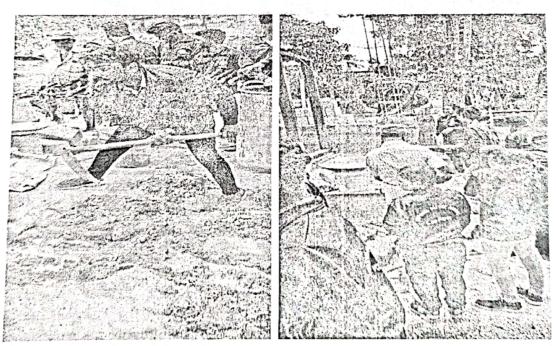
The NSS units of Sree Narayana College Sivagiri, Varkala have decided to provide a house to homeless differently abled student in the Kilimanoor grama panchayath. The





construction work of the said project named "Swapnakoodu" was done and on 6th January 2024, volunteers contributed their man power.



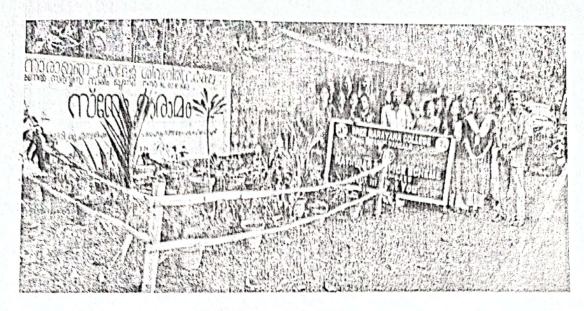


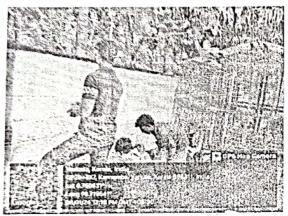


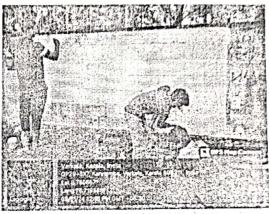












### SWAPNNAKOODU FUND KAIMARAL

### 11/01/2024

"SWAPNAKOODU" is a housing project implemented under the auspices of Sree Narayana Collee Sivagiri, Varkala National Service Scheme Units. This is a project implemented in collaboration with Kilimanoor KRTA, S N Trust Management and Rising Star Cricket Club Varkala. Along with participating in the construction work of the said house, NSS Units were mobilized Rs. 1 Lakh and given. Principal Dr. Vinod C Sugathan presided over the ceremony of handling ove the said amount. S N Trust executive member Sri. Aji SRM inaugurated the function. PTA Vice President and Secretary of Alumini Association Sri. G Sivakumar, Senate Member Dr. S Soju,



IQAC Cordinator Dr. L. Preethakrishna, Representatives of KRTA, Smt. M.Shamila, Smt. Smitha P.K, Sri. Abhinav S and others delivered felicitations. Programme Officer Dr. R Reshma delivered welcome speech and Smt. M Shamila gave vote of thanks.







### NATIONAL YOUTH DAY

#### 12/01/2024

Swami Vivekanda's birthday is celebrated as National Youth Day. It was decided in 1984 this day has been observed since 1985. As part of the celebration, various programmes are organized in schools and colleges and the purpose of the celebration programmes is to convince the youth about the role of the nation in progress.

As part of this year's National Youth Day, an essay writing competition and a quiz competition were organized under the auspices of the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala Sri. Nandhu Krishnan, Kumari. Sneha Treesa Rajesh, Sri. Sarath S were the winners and won prizes. Programme Officer Dr. R Reshma distributed the prizes to the winners.



# SREE NARAYANA COLLEGE



SIVAGIRI, VARKALA NATIONAL SERVICE SCHEME UNIT KL-07-16,A&B

# 12th JAN 2024 NATIONAL YOUTH DAY

Time: 1:00pm & 2:30pm Venue : Conference Hall

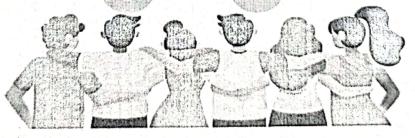
# Programmes

(COLLEGE WISE PROGRAMME)

 Upanyasa Rechana Time: 1:00pm Venue : Conference Hall

Quiz Competition Time: 2:30 pm Venue: Conference Hall

(NSS Volunteers) Poster Making



PROGRAMME OFFICERS P.K.SUMESH DIGR RESHMA

PRINCIPAL DR.VINOD.C.SUGATHAN

# സ്വപ്പക്കൂടിന് ധനസഹായവുമായി എൻ.എസ്.എസ് യൂണിറ്റുകൾ

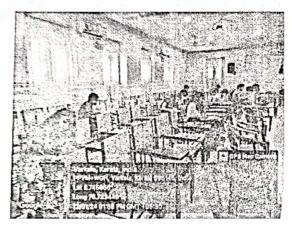
crocosheosoria godina യ ഏഴാം ക്രാസ്വി പ്രർത്ഥിക്ക് വീട്ട് പണിത് നൽക്ക്വ സച്ച ള്ളട് പദ്ധതിയിലേക്ക് ശിവഗി രി അ്രാരാത്തെ കോര്ജ്ജി on and and and amid സരാഹരിച്ച ഒരു ലക്ഷം ത്രപ കിളിരാനൂർ കെ. ആർ.ടി.എയ്യ് on you transfer free con trope forem covern to plant and monetanted of the כתם לרוח שור מלותם ברת ביות ർളജിലെ പൂർവവു വാർത്ഥികള ടെ കൂട്ടായ്യയുടെ ഭാഗമായ ഹൈ സിംഗ് സ്റ്റാർ ക്രിക്കറ്റ് ക്ലബ്ബ് അ വുാപകർ അനവുാപകർഎ ന്നിവതരെ സഹകരണത്തോ कड कोंड्रोका कर्त कर ताइ देही नहीं യുടെ ആഭിമല്യത്തിലാണ് സ്വ പുള്ളട് ഒരു ഒരു നാര് എൻ. എ

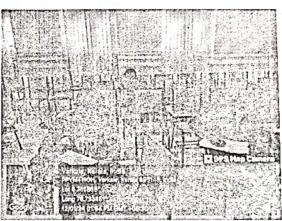


കിളിമാനൂർ പനഷാംകന്നിലെ ഭിന്നസേഷിക്കാർനായ് വിവ്യാർത്ഥിക്ക് വീട് പണിത്നത്കന്ന സിപ്പുകൂട് പദ്ധതിയില്ലാട് ശിവഗിരി ശ്രീനാരാ യണ കോരുജിലെ എൻ.എസ് എസ് മൂണിറ്റകൾ സമാഹരിച്ച തെ ല ക്ഷം ത്രപ കിളിമാനൂർ കെ.ആർ.ടി.എ സ്ക്ല് ക്രൈമാറ്റനാ

സ്.എസ് വോളന്റിയർമാർ നൽ കിവൗന്നനിർന്മാണ സേവനപ്രി വർത്തനങ്ങൾക്കപ്പറമേയാണ്ത്ര ക ഒകെമാറിയത്, പ്രിൻസിഷൽ ഡോ,വിനോർ സി സൃഗതൻ ന ഡ്യക്ഷത വഹിപ്പ, സെന്റ് മെമ്പ

ർഡോ എസ് സോളം ഐ എ എ.സി കോർഡിന്നൂർ റേധാ പ്രീതാ കൃഷ്ട പി.ടി.എ വൈസ് പ്രസിഡൻറുംപ്പീവവിദ്യാർത്ഥി സംഘടനയുടെ സെക്രട്ടറിയും ഹെസിംഗ് സാർ കിക്കറ്റ് കമ്പി പ്രസിഡൻറ്റമാത ജി,ശിവക 000, no. mgd. of. ap migro as സിഡന്റ് എം ഷാരില് സ്ലി പ്രക അഭിനവ് എസ് എസ് ന്ത്രൻ, സഹിൻ, കഹാന, കാർ ത്തിക്.എം.എസ്, അഖില അ ഗോക് എന്നിവർ സംസാരിച്ച പോഗ്രാം ഓഫ്രസർ ഡോ.താ ർ.രാഷ്യസ്വാനത്വം കെഎസ് ന്ത്രസംബ്രന്ധിക്കുന്നാ പ്രേതാംഓഫിസർചികെസു അ താരാരർത്തിനുവേറാ ത്രത്, രാഹുൽ, അനസ്റ്റാ, സഞ്ജ യ്, റിച്ച ന്നാദിജിത്ത്, സംഗമിഎ ന്നിവർ നേതൃത്വം നൽകി





### HOME VISIT OF PALLIATIVE CARE PATIENTS

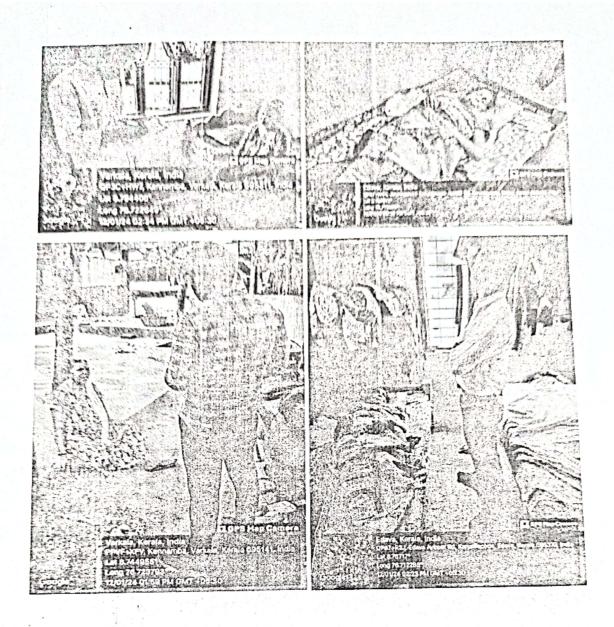
### 12/01/2024

The Palliative Care Project is notable among national service scheme activities of Sree Narayana College Sivagiri, Varkala. Many activities being carried out in association with and without assistance from Varkala Taluk Hospital. One of them is home visits of palliative care patients. Volunteer work without the palliative care wing of Varkala hospital to visit. Palliative care patients at home and provide care at regular intervals.

A home visit was conducted on 12th January 2024 by volunteers only.







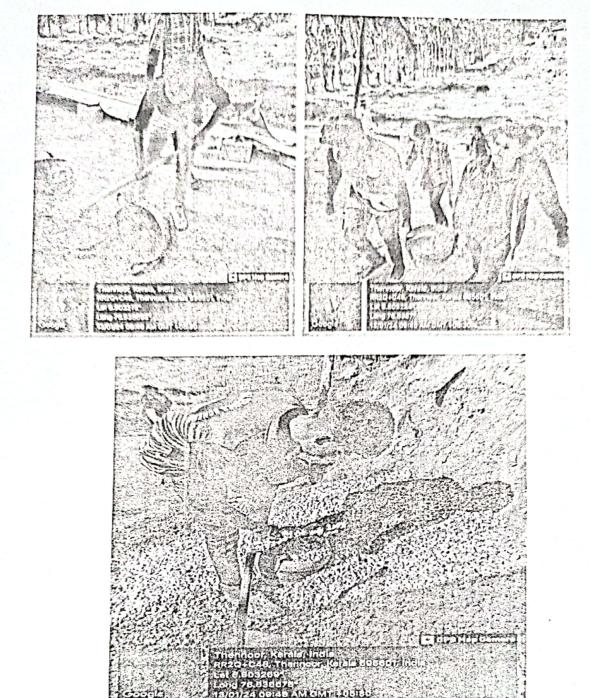
# SWAPNAKOODU SUNSHADE CONCRETING

### 13/01/2024

Swapnakoodu is a project of National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. This is a project to provide a house to a differently-abled homeless student of Kilimanoor Grama Panchayath. Sunshade concreting, which is a part of the construction works of the said house took place on 13<sup>th</sup> January 2024. Volunteers provided their manpower through this construction work.







# TOP CONCREATING OF SWAPNAKOODU

### 18/01/2024

Swapnakoodu is a project of National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. This is a project to provide a house to a differently abled homeless student of Kilimanoor Grama Panchayatg. The concreting of the upper part



PRINCIPAL Glengiri, Varkala of the said house was done on 18th January. Volunteers provided their manpower throughout this construction work.

ജനം

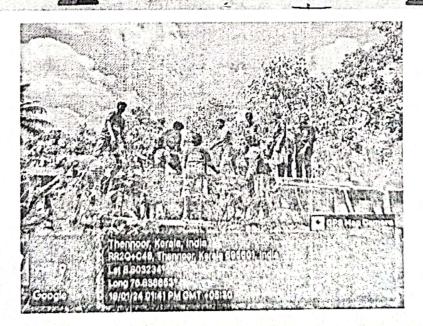
ഒത പ്രത

# സ്വപ്നക്കൂട് രണ്ടാം ഘട്ടം പിന്നിട്ടു

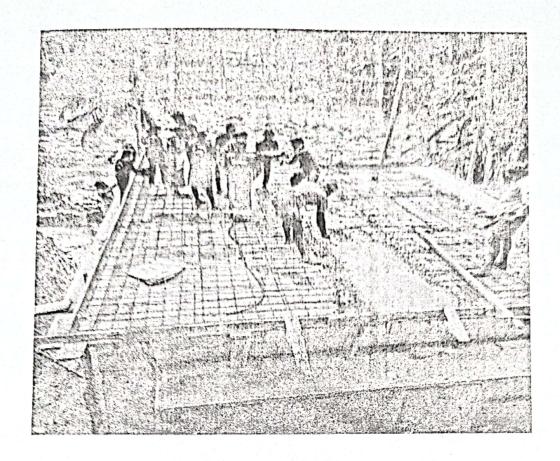


# തൊണ്ണൂറിലെ പ്രകാശത്തിൽ തങ്കമ്മ









### NATIONAL GIRL CHILD DAY PARAKKAM PARANNUYARAM

### AWARENESS PROGRAMME (POSCO)

### 25/01/2024

Girl Child Day 2024 was celebrated under the auspices of the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. As a part of this an awareness programme was organized for the students of Kayikkara Asan Memorial Governemnt School. It is an adopted School of National Service Scheme Units of SN College, Varkala.

The awareness programme was named "Parakkam Parannayuram" consulted Psychologist Dr. C S Salini conducted the class as part of the programme. Dr. C S Salini conducted the class in a simple and pleasant manner so that the young children could understand things easily. School Headmistress Smt. V J Anupama and

principal 8% college Signish, vontale Programme Officer Sri P K Sumesh delivered speeches Sri Achal, Sri Rahul Prakash and others lead the programme.

SREE NARAYANA COLLEGE (SIVAGIRI, VARKALA NATIONAL SERVICE SCHEME UNIT KL-07-16, A&B

NATIONAL GIRL CHILD DAY
JANUARY 24

ദേശീയ പെൺകുട്ടികളുടെ ദിനാചരണത്തിന്റെ ഭാഗമായി

പറക്കാം പറന്നുയരാം

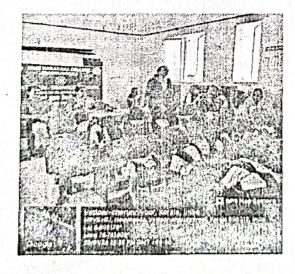
നയിക്കുന്നത്, ഡോ. സി. എസ്. ശാലിനി (കൺസൾട്ടന്റ് സൈക്കോളജിസ്റ്റ്)

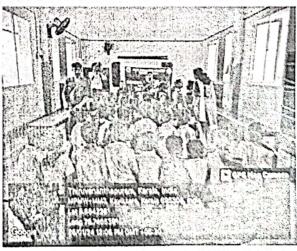
സാന്നിധ്യം : ശ്രീമതി.അനുപമ. വി. ജെ ( പ്രഥമാധ്യാപിക. എം. ജി. എൽ. പി.എസ് )

സ്ഥലം : കായിക്കര ആശാൻ മെമ്മോറിയൽ ഗവൺമെന്റ് എൽ.പി.എസ്

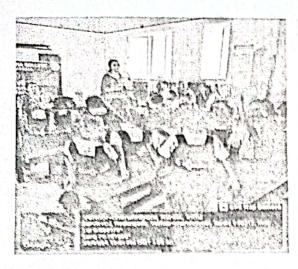
സമയം : 25-01-2024 ഉച്ചയ്ക്കു 12 മണിയ്ക്ക്

Programme officers P. K. SUMESH DR. R. RESHMA Principal Dr.vinod. C. SUGATHAN





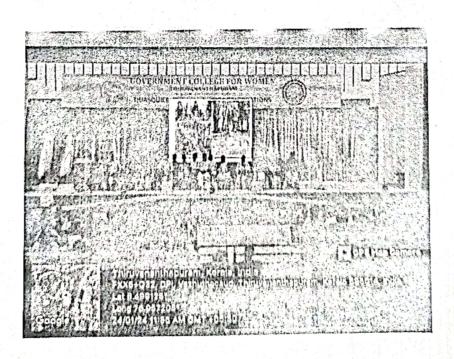






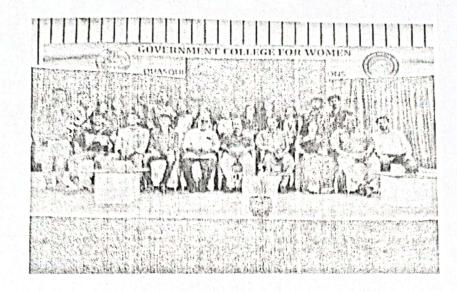
# SNEHARAMAM 24/01/2024

'Sneharamam' was a project to clean and beauty 3000 waste centres in public places and turn them into useful places for the people in collaboration with the Higher Education Department of the government of Kerala and the NSS Units. The State level inauguration of the said project was held on Wednesday,24<sup>t</sup>January 2024. Honorable Minister of Higher Education and Social Justice Dr. R. Bindu inaugurated the programme at Govt. Women's College Thiruvananthapuram. NSS Programme Officer of SN College, Varkala Sri P K Sumesh, Volunteers Sri Athul, Sri Ananthu, Kumari Richusai, Sri Sanjay and others participated in the said programme.









### REPUBLIC DAY CELEBRATION

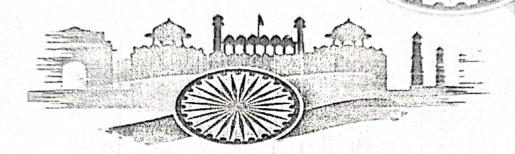
### 26/01/2024

Republic Day was celebrated under the auspices of the National Service Scheme units of Sree Narayana College of Sivagiri, Varkala. S N Trust executive members Sri. Aji SRM inaugurated the programme. Principal Dr. Vinod C Sugathan presided the meeting and hosted the flag. Examination Superintendent Dr. Sajesh Sasidharan, Senate Member Dr. S Soju, Smt. Anilakumari, Sri. S Syamraj, Programme Officers Sri. P K Sumesh and Dr. R Reshma, PTA Vice President and Secretary of Alumni Association Sri G Sivakumar delivered felicitations









# 26th JANUARY

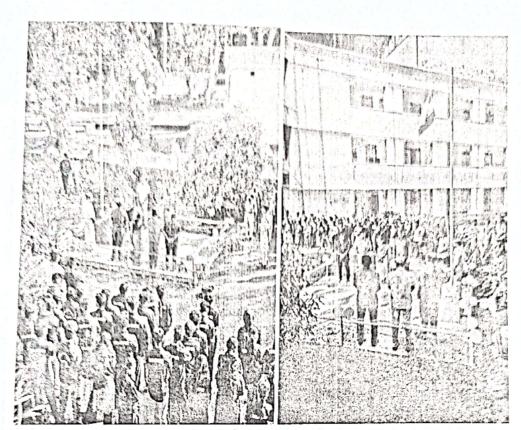
# HAPPY REPUBLIC DAY

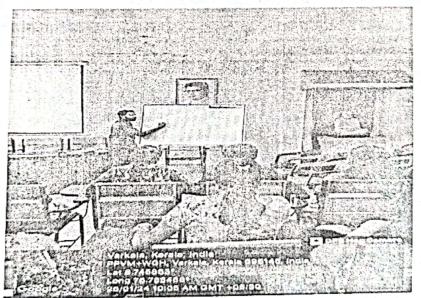
Programme officers P. K. SUMESH DR. R. RESHMA



DR.VINOD. C. SUGATHAN









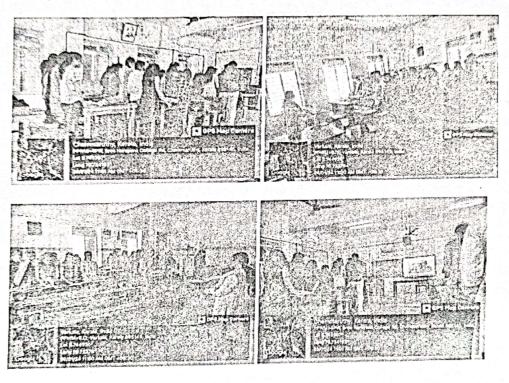
LAMBERTON.



### MARTYR'S DAY

### 30/01/2024

January 30th is recognised Nationally Martyrs Day in India, to mark the Assassination of Mahatma Gandhi in 1948. It is also a date to honour those who have sacrificed their lives for the nation. Various programmes are organized in different day. A pledge was organized under the auspices of NSS Units of Sivagiri Sree Narayana College.



# JAIVA VALAM CHERKKAL

### 01/02/2024

Under the auspices of the NSS Units of Sivagiri Sree Narayana College a new paddy cultivation was started on the 16th of December 2023. The weeding as a part of it took place on the first day of February 2024.



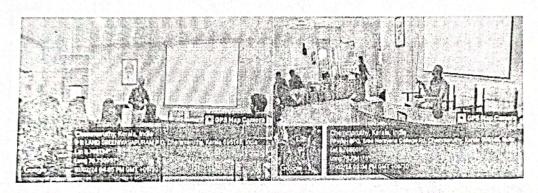


# SCUBA DIVING THEORY CLASS

#### 10/02/2024

Water sports or aquatic sports are sports activities conducted on water bodies and can be categories according to the degree of immersion by the participant.

Today water sports is not only a sport but also a way of earning money. It is in this context that the national service scheme units of Sivagiri Sree Narayana College organised scuba theory classroom session in association with Varkala water sports.. The Scuba School of International Director Mr. Mesh Manohar conducted the theory classes using water sports documents were held. Kumari Richu Sai delivered welcome speech and Kumari Pratheeksha P gave vote of thanks.

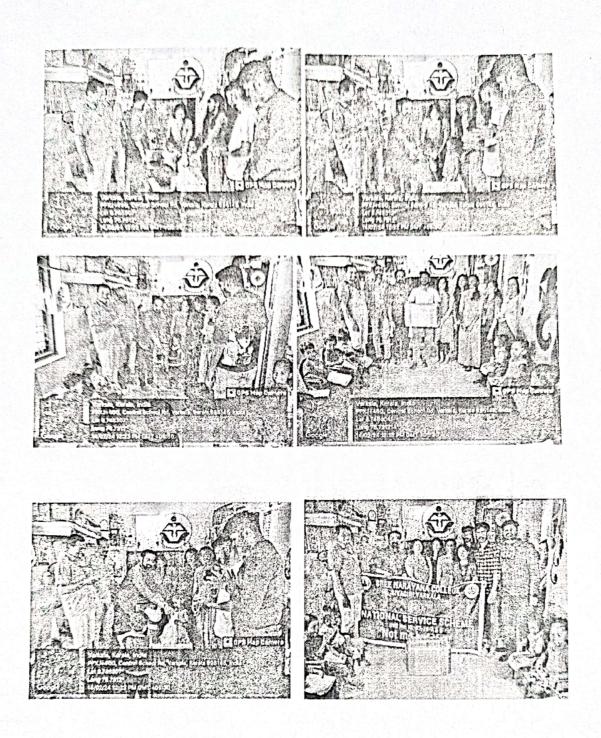


# KURUNNUKALKORU KUNJU PUTHAPPU 14/02/2024

Children studying in Anganwadi in Adopted Village come from socially and economically backward where NSS volunteers collect and donate clothes to these children. This year the event was held on 14/02/2024. SN Trust Executive Member Sri. Aji SRM inaugurated the programme. PTA Vice President and Former Students Association Secretary, Sri. G Sivakumar, Programme Officers Sri. P K Sumesh and Dr. R Reshma, Volunteers Sri. Athul, Sri. Ananthukrishna, Kumari Richu Sai, Kumari Sangami etc. lead the programme.



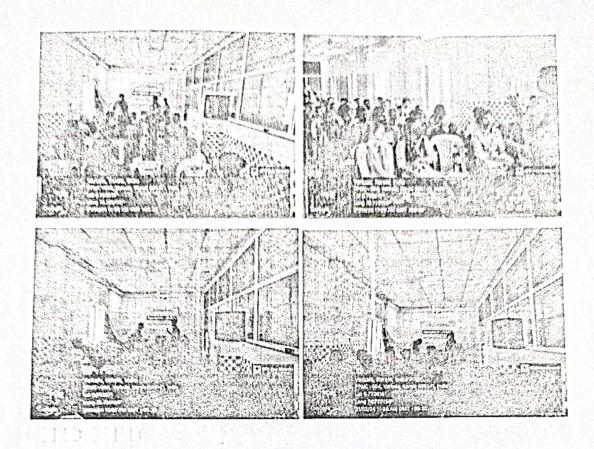




# PALIATIVE CARE TRAINING 21/02/2024

Varkala Taluk Hospital conducted palliative care training for NATIONAL SERVICE SCHEME volunteers of Sree Narayana College Sivagiri, Varkala. Taluk Hospital Superintended Dr Anil inaugurated the training programme. Dr. Roy led the class.



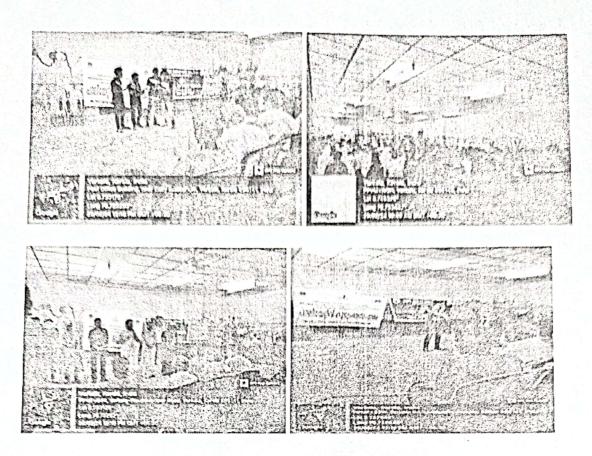


### PALLIATIVE CONFLUENCE

### 29/02/2024

Palliative confluence/Palliative Sangamam was held under the joint auspices of National Service Scheme units of Sivagiri Sree Narayana College and Taluk Hospital Varkala. The programme was organized at Varkala UD Auditorium. Municipal Chairman of Varkala Sri. K M Laji presided over the programme held on 29<sup>th</sup> February 2024. Varkala MLA Adv. V Joy inaugurated the programme Municipal councillors and NSS programme officer Sri P K Sumesh and others delivered felicitations. Taluk hospital Superintendent Dr. K Anil delivered welcome speech and Nursing in charge of palliative care Smt. Aswathy gave vote of thanks.





### ORIENTATION PROGRAMME

### 01/03/2024

Varkala Municipality was decided to implement the "Swach Survetion Programme". As part of the said project, the campaign was conducted the collaboration with state Suchitwamissoin and National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. As part of this one to one campaign were conducted. An orientation programme related to its activities was held at college conference hall on 1<sup>st</sup> March 2024 at 1.30 pm. Kerala Sanitation Mission Thiruvananthapuram District Cocoordinator Sri. Harikrishnan, Varkala Municipal Corporation Sanitation Mission Programme Co-Ordinator Mrs. Lini etc. conducted the class. Programme Officer Sri. P K Sumesh delivered welcome speech and volunteer Sri Athul gave vote of thanks.





#### ONE TO ONE CAMPAIGN

#### 01/03/2024

Varkala Municipality has decided to implement the "Swachh Survection Programme". As part of the said project, the campaign was conducted in collaboration with state Suchitwamission and National Service Scheme Units of Sree Narayana College Sivagiri, Varkala. As part of this One To One Campaign were conducted.

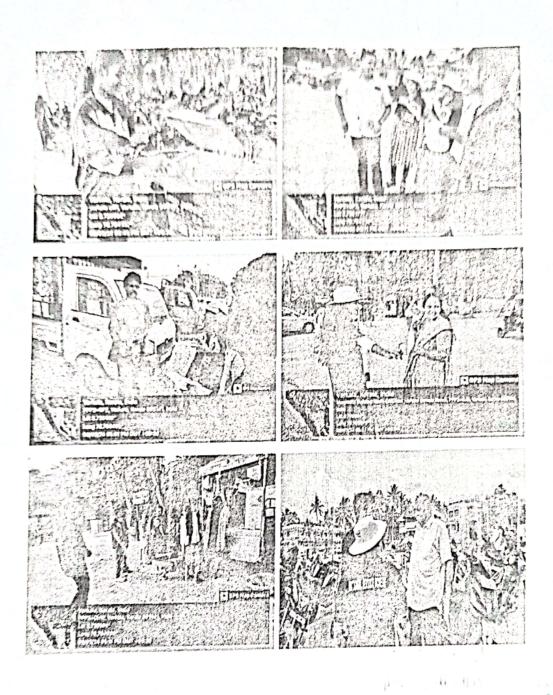
The objective of the programme was to create awareness among the tourists visiting Varkala Cliff about creating a garbage free Kerala and to direct them to deposit the organic and inorganic waste at specific points in the bins instead of throwing them. The campaign was conducted in the evening from 1<sup>st</sup> march 2024 to 10<sup>th</sup> march 2024.

The programme was inaugurated by Mr K M laji, Chairman of Varkala Municipality. Standing Committee of Education Chairman Sri. Ajayakumar presided the meeting. Municipal Secretary Sri. D V Anilkumar, Health Inspector Sri. Prasannakumar, Clean City Manager Sri. S Prakash, District Sanitation Mission Assistant Officer Sri P K Sumesh, "Mallinyamuktha Navakeralam Campaign" Co-Cordinator Sri. K G Harikrishnan, Sri Vysakh Haritha Kerala Mission, Resource person Smt. Lini delivered felicitations. Then the camp which was held for 10 days was led by volunteers Sri Athul, Sri Rahul, Sri Amaldev, Kumari Ashasurabhi, Sri Sanjay and others.



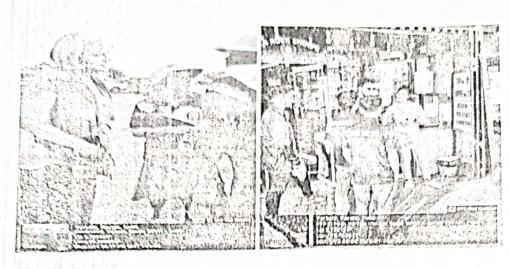
15 Kis 17(5) . 3







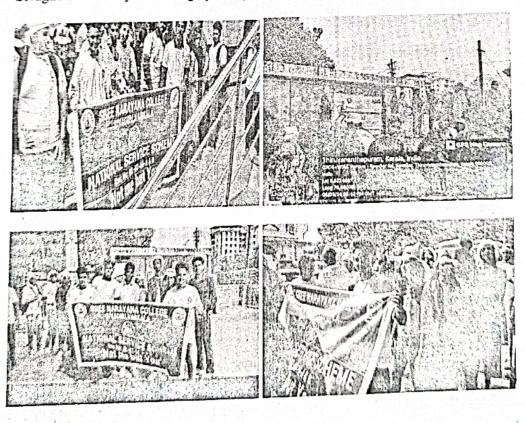
PRINCIPAL &# COLLEGE Sivagiel Verbals



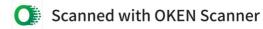
#### WALKANTHON

#### 06/03/2024

As part of the anti-drug activities, a programme called 'WALKATHON' was organized in Thiruvananthapuram under the auspices of the State Government and the State NSS Cell volunteers named Sri. Amal,Sri Athul, Sri. Sanjay and others of Sivagiri Sree Narayana College participated in the said programme.



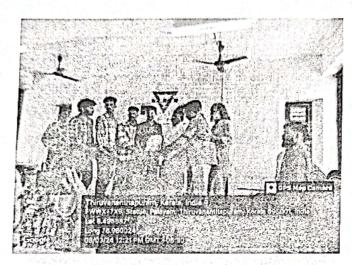




#### BLOOD DONOR'S SOCIETY

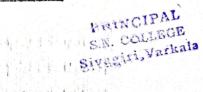
#### 08/03/2024

The National Service Scheme Unit of Sree Narayana College Sivagiri, Varkala received the award of the Kerala blood donors society in recognition of the excellent blood donation drive. Programme Officer Sri P K Sumesh, volunteers Sri Achal and Sri Amaldev took over the award.









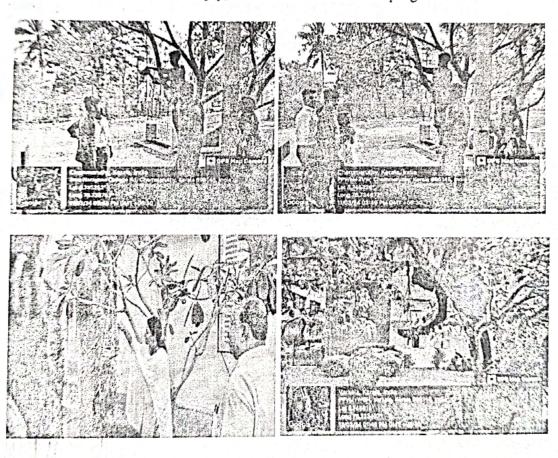
# THANNEERKUDAM

#### 11/03/2024

Sivagiri Sree Narayana College NSS Units 'THANNEERKUDAM' project is a part of the units pro-environmental activities. This is an action plan to provide thirsty water to birds and insects that are suffering from lack of water in summer.

This is done by pouring fresh water in earthen pots/mud pots and hanging them on tree branches and other places. As soon as the water runs out, it will be refilled again and again.

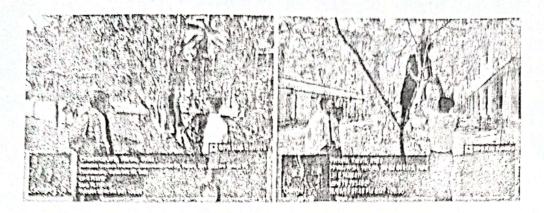
The above mentioned programme was inaugurated this year by Principal Dr. Vinod C Sugathan. Sri. P K Sumesh and Dr. R. Reshma Programme Officers of NSS Units, Volunteers Sri. Athul, Sri. Sanjay, Sri. Amaldev etc. led the programme.





PRINCIPAL Sivagiri, Varkala

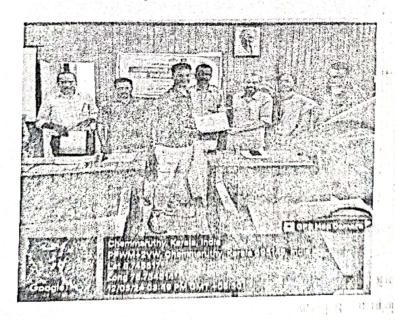




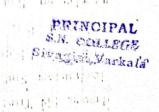
#### HARITHA KALALAYAM CERTIFICATE

#### 12/03/2024

Officers in Varkala Municipality limit which adhere to the green protocol also issue certificate such as Green Office/ Green College/ Green School. The certificate is issued after an audit conducted every three years. In 2021, Sivagiri Sree Narayana College received the said certificate. The college has again been awarded the Green Campus Certificate in the 2023 audit. The certificate was issued on 12<sup>th</sup> March 2024 at Varkala Municipal Hall. NSS Programme Officer Sri. P K Sumesh Volunteer, Sri. Amaldev reached the place of certificate distribution and received the certificate from Municipal Chairman Sri. K M Laji







## BLOOD DONATION CAMP 14/03/2024

#### BLOOD DONATION

Volunteer Donation is the process in which a person's blood is donated for another person or for storage by scientific method.

#### IMPORTANCE OF BLOOD DONATION

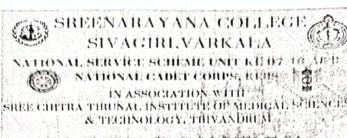
When the human body loss a lot of blood due to an accident or a surgery, in order to save the person, we have to give the same amount and same group of the lost blood. Even though the world has developed in the medical research a lot, but not a substitute for human blood has been invented. In this situation the blood donation has is important. Blood is mostly used during in different surgeries more over the blood donation is very important during the excess bleeding at the time of delivery, diseases that reduce platelet counts and anaemia.

#### **VOLUNTARY BLOOD DONATION**

In the present scenario in order to store enough blood in blood banks, blood donations must be encouraged. It is a continues process to get required amount of blood. More over during the blood donation new blood cells will be created in the donor's body, this will give more energy and capacity to the donor's body. If he could store 100% blood which a body requires then there will not be any hindrance for blood donation. So that "Blood donation is great and it is a lifesaving action". On beholding this message Sivagiri Sree Narayana College's NSS units on 14/03/2024 organised a blood donation camp.

Principal Dr. Vinod C Sugathan Inagurated the camp. SN trust Executive member Sri. Aji SRM, Dr. Leji, Dr. Binushma Raju, Dr. Sajesh Sasidharan, Sri. V George Paul (SCIMST) Dr. Pangesh Patel (SCIMST) deliverd felicitations. Programme officer Dr. R. Reshma Delivered Welcome speech and Volunteer Kumari Richu Sai gave vote of thanks.





# BLOOD DONATION CAMP

INAUGURATION: DR VINOD C SUGATHAN (PRINCIPAL)

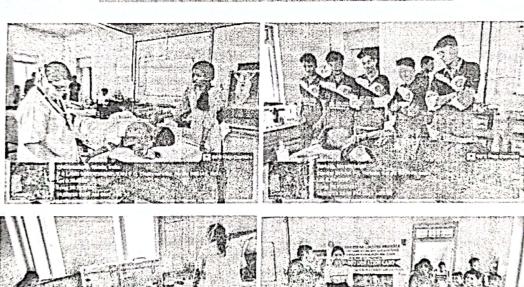
IN THE PRESENCE OF SRI AJI SRM

SRI G SIVAKUMAR (PTA VICE PRESIDENT & FORMER STUDENTS ASSOCIATION SECRETARY)

VENUE : ZOOLOGY LABORATORY DATE: 14-03-2024 THURSDAY 10:00AM

ASSOCIATE NCC OFFICER DR RINKU BABU PROGRAMME OFFICERS P K SUMESH

PRINCIPAL DO VINDU C BUGATHAN







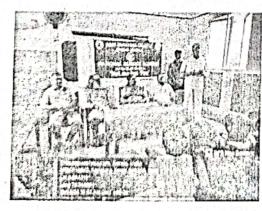


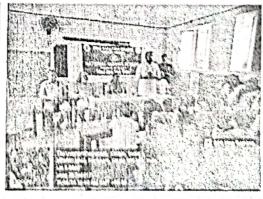


#### ADOPTED SCHOOL ACTIVITIES

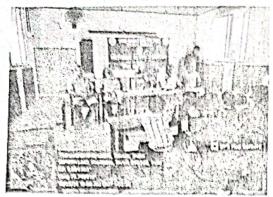
#### 15/03/2024

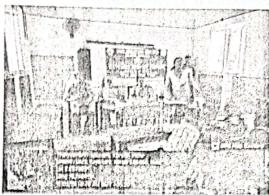
"Valsalyam" was a programme organized by the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala at Kayikkara Asan Memorial Government School. The event was a Debate of Children's with Sri. Brahmanayakam Mahadevan, National trainer of NSS and eminent motivational trainer. The programme was to impart basic values and knowledge to the children through games, songs, stories and dances. SN Trust Executive Member Sri Aji SRM inaugurated the programme. Headmistress Smt. V J Anupama presided the meeting. Sri G Sivakumar PTA Vice President and Former Students Association Secretary, Sri P K Sumesh Programme Officer of NSS, delivered felicitations. Smt S Anithakumari delivered welcome speeches and Smt. S Lissy gave vote of thanks. Sri Athul, Sri Abhijith, Kumari Richusai, Sri Ananthukrishna, Kumari Pooja, Sri Anshshine, Sri Adithyan, Sri Harichand lead the programme.











#### ADOPTED SCHOOL ACTIVITIES

#### 15/03/2024

"Valsalyam" was a programme organized by the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala at Kayikkara Asan Memorial Government School. The event was a Debate of Children's with Sri. Brahmanayakam Mahadevan, National trainer of NSS and eminent motivational trainer. The programme was to impart basic values and knowledge to the children through games, songs, stories and dances. SN Trust Executive Member Sri Aji SRM inaugurated the programme. Headmistress Smt. V J Anupama presided the meeting. Sri G Sivakumar PTA Vice President and Former Students Association Secretary, P K Sumesh Programme Officer of NSS, delivered falicitations. Smt S Anithakumari delivered welcome speeches and Smt. S Lissy gave vote of thanks. Sri Athul, Sri Abhijith, Kumari Richusai, Sri Ananthukrishna, Kumari Pooja, Sri Anshshine, Sri Adithyan, Sri Harichand lead the programme.



COLLEGE Sivagiri, Varkala

# ആടിപ്പാടിയും അറിവുനേടിയും കുട്ടികൾ (ശദ്രേയതായി 'വാത്സല്യം'

വർക്കല്; ശിവഗിരി ശ്രിനാരായ ണ കോളേജിലെ നാഷണൽ സ ർവിസ്സ്കിം യുണിറ്റുകൾ കായി ക്കാരത്ത്യശാൻമെത്തോറിയരിഗവ อาวออกรู้กับรู้อยู่ใช้เกางานเราเปล่าไป വാത്സല്യം'ത്രമാധയതായി.എൻ. എസ് എസിന്റെ ദേശിയ പരിശി ലകനാം പ്രമുഖ മോട്ടിവേഷണ്ടെ ் செற்ற முற்ற விரும் முற்ற விரும் விர ของสามารถทางไม่กลามี และเกาะ മ്പിരുന്നു സംഘടിഷിച്ചത്. കളിൽ ന്ദ്രഹാട്ടകൾ,കഥകൾ,നത്തപ്പവദ പുപാട്ടകൾ,കഥകൾ,നത്തപ്പവദ ണ്ടാകേണ്ട അടിച്ച് നാവ ഉല്യങ്ങ ളംതാറിവുകളും പകരുന്നതായിരു നാ പരിപാടി. എൻ.എസ്.എസ് യുണിറ്റുകൾ എസ്എൻ പ്രസ്താ നോജ്മെന്റിന്റെയും പർവ വിദ്യാർ ത്ഥി സംഘടന്നയുടെയും സഹക രണത്തോടെ നടത്തുന്ന പരിപാ ടികളിലൊന്നാണിത്. എസ്.എ ൻ ട്രസ്സ് എക്സിക്യൂട്ടീവ് അംഗം

310

COLD

ාත් වෙ

303

30

133

SEC

503

501

108

Do

1091

00

m

က

mì

100

33

BQ,

m,



ശിവഗിരി (ത്രിനാരായണ കോരളജിലെ എൻ.എസ്.എസ് യൂണിറ്റുകൾ കായിക്കര ആശാൻ,മെമ്മോറിയൽ ഗവൺമെന്റ് സ്കൂളിൽ സംഘടി പ്രിച്ച വാത്സല്യം പുരിപാടി അജി എസ്.ആർ.എം ഉദ്ഘാടനം ചെയ്യുന്ന

അജി എസ്.ആർ.എം ഉദ്ഘാടനം നിർവഹിച്ച്. പ്രഥമാദ്ധ്യാപിക വി. ജെ.അനപമ അദ്ധ്യക്ഷത വഹിച്ച്. എസ്.എൻ കോളേജ് പൂർവ വിദ്യാ ർത്ഥി സംഘടന സെക്രട്ടറിയും പി. ടി.എ വൈസ് പ്രസിഡന്റമായ ജി. ശിവകമാർ,പ്രോഗ്രാം ഓഫീസർ

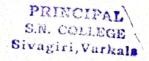
പി.കെ.സുമേഷ് എന്നിവർ സംസാ രിച്ചു എസ്.അനിതകമാരിസ്വാഗത വും എസ്.ലിസി നന്ദിയും പറഞ്ഞു. വോളന്റിയർമാരായ അതുൽ,അഭി ജിത്ത്,റിച്ചുസായി,അനന്തുകൃഷ്ണപു ജ,ആൻപൈൻ, ആദിത്യൻ,ഹരി ചന്ദ് എന്നിവർ നേത്രത്വം നൽകി.

അയിലം ഉട്ട

സമഗ പുരയിട കഷ്ട്രി വികസനം



Jus





# SREENARAYANA COLLEGE (S) SIVAGIRLVARKALA NATIONAL SERVICE SCHEME UNIT KL-07 16 APB

കായിക്കര ആശാൻ സ്മാരക പ്രൈമറി സ്കൂൾ പിവ്യാർത്ഥികളോട് ചേർന്നുള്ള പരിപാടി

D-te : 15-03-1029

Time : 10:00 Am

്രാഗ്രം : ഗവൺസൈറ്റ് ആശാൻ തെയോദ്വിയൻ അകിയാക ,സ്.പ്.സ്.പ്.സ്. കായിക്കൻ

ം നയ്യിക്കുന്നത്,

്രദേശിയ പരിശിലകൻ)

അധ്യക്ഷ : ശ്രീമതി.അനുപമ.വി.ജെ

( പ്രഥമാധ്യാപിക ജി.എ.എം.എൽ.പി.എസ്.കായിക്കര)

ഉദ്ഘാടനം : ശ്രീ.അജി.എസ്.ആർ.എം എസ്.എർ എ്ല് എക്സിക്യമീവ് അംഗം)

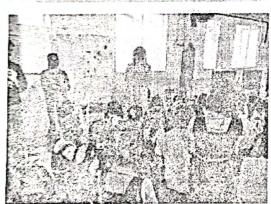
സാന്നിധ്യം : - ഡോ.വിനോദ്.സി.സുഗതൻ ് (പിൻസിപ്പൽ)

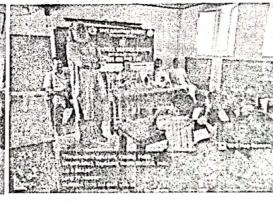
ശ്രീ .ജി.ശിവകുമാർ

(പി.ടി.എ വൈസ് പ്രസിഡൻറ് & പൂർവ്വ വിദ്യാർത്ഥി സംഘടന സെക്രട്ടറി, എസ്.എൻ.കോളേജ്,വർക്കല)

PROGRÂMME OFFICERS
PKSUMESH
DRRRESHMA

PRINCIPAL DR VINOD C SUGATHAN









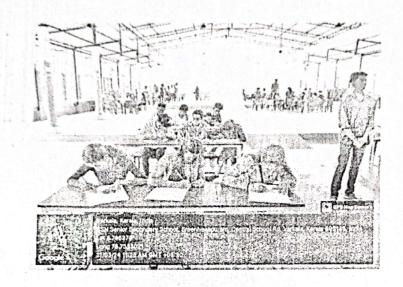


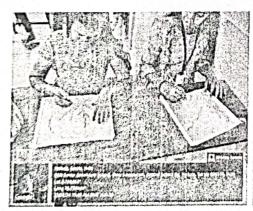


#### WORLD FOREST DAY

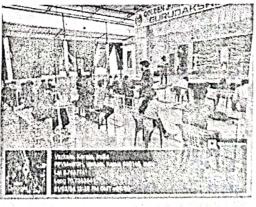
#### 21/03/2024

A poster writing competition was held as part of the said day celebration. First Year B.Com Hotel Management student Sri Sarath bagged 1st position. First Year B.Sc Chemistry student Sri Image Sen 2nd position and First Year B.Com Hotel Management Student Sri Arun 3rd position.





Train plus at 19 de





S.N. COLLEGE Sivagiri, Varkala

#### WORLD FOREST DAY

#### 21/03/2024

Forest day is organized with the aim of protecting forests from deforestation. Every year March 21 is observed as World Forest Day. The decision of the General Assembly of the United Nations on 28th November 2012 is as follows. Some human interventions threaten the survival of all the World's Forests Affects the Earth's ecosystem itself. The main theme of this annual day is to save forests from human activities. As part of this year's forest day celebrations, various programmes were held under the auspices of Sree Narayana College Sivagiri, Varkala National Service Scheme Units. Poster writing competition and quiz competition were conducted in the college campus. Also Attingal Range Social Forestry Division. Thiruvananthapuram in collaboration with Kerala Forest Wildlife Department Varkala Railway Station Grounds (Varkala Junction) Flashmob and street play. As part of awareness raising, Forest Officers Mr.Shahul Hameed, Mr. Shajahan, Mr. Shaji, NSS Programme Officer Sri P K Sumesh and others spoke.

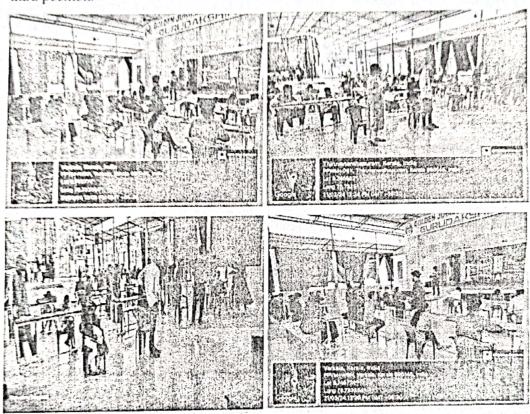






## WORLD FOREST DAY 21/03/2024

A quiz programme was conducted as part of the said day celebration. In the competition Bsc. Maths student Sri. Abhinav got first position, BA Malayalam student Kumari. Saroshma got Second position & Bsc Physics student Sri Akhil got third position.



# PALLIATIVE FOOD KIT DISTRIBUTION

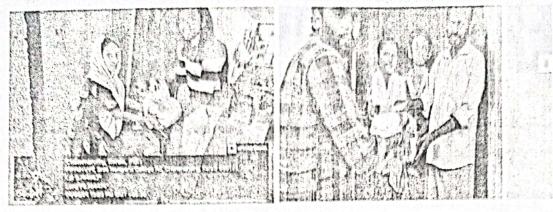
#### 21/03/2024

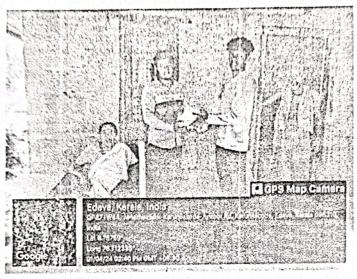
National Service Scheme units of Sree Narayana College Sivagiri, Varkala is implementing various schemes for Palliative care patients. As part of that, food kit distribution and medicine kit distribution was organized on 21<sup>st</sup> March 2024. The programme was inaugurated by Principal Dr. Vinod C Sugathan. IQAC Cordinator Dr. L Preetha Krishna, Programme Officers of NSS, Sri. P K Suresh and Dr. R Reshma also participated.

REE







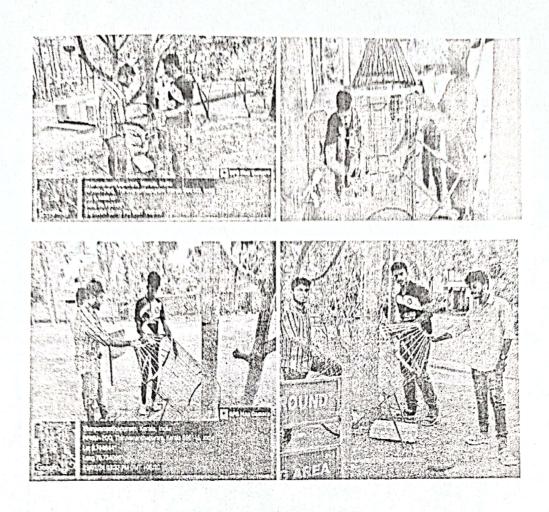


## **GREEN CAMPUS**

#### 23/03/2024

AS part of making Sivagiri Sree Narayana College A Complete Green Campus, bins made of metal were prepared with the help of PTA to deposit the discarded plastic bottles etc. The said bins were painted and placed at designated places by NSS volunteers Sri. Vishnu, Sri. Amaldev, Sri Akshay and Sri Karthik were involved in the activities.





#### SWAPNAKOODU - HANDOVER OF KEYS

#### 27/03/2024

The handing over of the house of built by the National Service Scheme Units of Sree Narayana College Sivagiri , Varkala to a differently-abled 7th Standard student was held on 27th March 2024. Principal Dr. Vinod C Sugathan Presided the meeting. S N Trust Executive Member Sri Aji SRM inaugurated the function and handed over the keys of New home. IQAC Coordinator Dr L Preethakrishna, Senate Member Dr. S Soju, NSS Programme Officer Dr. R Reshma, PTA Vice President and Secretary of Alumni Association Sri G Sivakumar, Secretary of Rising Star Cricket Club Mr. K Kishore, Office Superintendent Sri. P Prasanth, Volunteer Secretary Sri. Athul B S and Union Chairperson Kumary Beegam Sana delivered felicitations. NSS



Programme Officer Sri P K Sumesh delivered welcome speech and Smt, Shamila, Secretary of KRTA Kilimanoor gave vote of thanks.

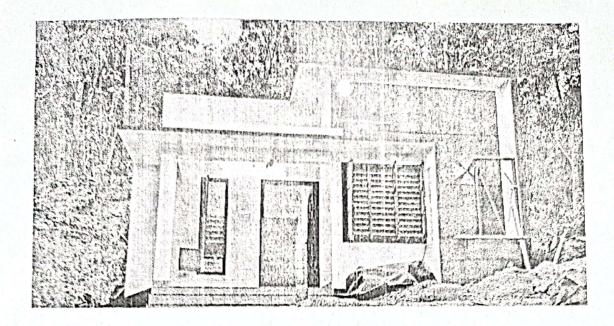


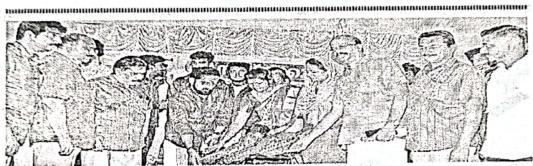












വര്ക്കല ശിവശിരി എസ്എൻ കോളജിലെ മിന്നശേഷി വിദ്യാരിലി സഞ്ഞുവിന് കോളജ് ഏൻഎസ്എസ് യൂണിറ്റിന്റെ നേതൃത്വത്തിൽ വിവിധ സംഘടനകൾ സംബൂക്തമായി. നിർമിച്ചു നൽകിയ വീഴിന്റെ താക്കോൽ മാനം എസ്എൻ ട്രസ്റ്റ് എക്സിക്യൂട്ടിവ് അംഗം അജി.എസ്ആർഎം കൈമാറുന്നും പ്രിൻസിപ്പാൾ ഡോ. വിനേത് സി.സൂഗതൻ,ജി.ശിവകുമാർ, എംഷശ്വവ, പി.കെ.സുമേഷ്,ഡോ.ആർ.മേഷ്മ എന്നിവർ സമീപം.

# സ്നേഹത്താൽ തീർത്ത ഭവനം ഇനി സഞ്ജുവിന് സ്വന്തം

**▶**∍സഹപാഠിക്കു മ്പിന്തം വീടെന്ന സ്വപ്നം സാക്ഷാത്കരിക്കാൻ എൻഎസ്എസ് യുണിറ്റിനോടൊപ്പം വലിയൊരു കുടായ്മ വലിയൊരു കുടായ്മ മരണിചേർന്നു

വര്ക്കാവ • ശിവഗിമി ഗ്രീനാരാ വര്ക്കല പേരിവഗിരി ഗ്രീനാരാ തണ കോളജിലെ എത്എസ്എ സ് യൂണ്റ്റ് വിദ്യാർഥികൾ, പൂർവ വിദ്യാർഥി കൂട്ടായ്യയിൽ പെട്ട വർക്കല ഹൈസിഷ് സ്റ്റർ ശ്രീ കാറ്റ് എബ്ല്. കിളിരാനൂർ റിസോ ജസ് ടിച്ചേഴ്സ് അസോസിയേ അൻ, എസ്എൻ ഇസ്റ്റ്, കോളജ് അധ്യാപകൾ, സ്കൂൻ ടിച്ചേഴ്സ് അധ്യാപകൾ, സ്കൂൻ ടിച്ചേഴ്സ് അസോസിയേഷൻ എന്നിവ സം യൂക്തമാൻ നിർമിച്ച വിദിന്റെ താരക്കാൻ കൈകാറ്റ് നന്നു. മി

ന്നവശഹ്യി വിദ്യാർഥിയും വേനർ ഫിതനുമായിരുന്ന ചിളിമാനൂർ പനപ്പാ-കുന്ന് ഈതെന്നൂർ കോള നിവിലെ സഞ്ഞ്ചുവിനു വീടിന്റെ താരക്കാൽ കഴിഞ്ഞ വിവസം താര്യക്കാരം കഴിഞ്ഞ വന്നം കോളജ് ഓഡിറ്റോറിയത്തിൽ നട ന്ന ചടങ്ങിൽ എസ്എൻ ട്രസ്റ്റ് സംസ്ഥാന എക്സിക്യൂട്ടിവ് അം ഗം അജിഎസ്ആർഎം കൈമാ റ്റിയപ്പോൾ അത് വിവ്യാർഥി സമു പറത്തിനാകെത്തന്നെ അജിമാന മുഹുർത്തവാധി.

പുരാത്യമാണ് നുരാല സോധിയാല് വിദ്യാർ നുഷ്യാല പുവ്യവാണ് എന്റഹ് അമാലപ്പോവാണ് എന്ററ്റെ അമാത്യമാണ്

കുളായിരുന്നു. മലന്മാളം വാർത്താ ചാനമുക ളിലൊന്നിൽ സഞ്ചുവിന്റെ ജീ മം പ്രത്യവം പുറന്നവം പുറത്തിറ റത്തറിഞ്ഞതോബെരണു സഹ പാവിക്കു സമതം വിക്കുന്ന സ്വ പ്നം സാഷാത്ഷതിക്കാൻ എൻ എസ്എസ് യൂണിറ്റിനോടൊപ്പം

വലിയൊരു കൂട്ടായ്റ്റ സച്നക്കു ട് എന്ന പേരിൽ അണിചേർന്ന ത്. പിന്നെല്ലാം വേഗത്തിലായി. കോളൂല് പ്രിൻസി റ്റ്വാൾ ഡോവിനോറ് സി.സുഗത ന്റെ അധ്യക്ഷതയിൽ നടന്ന ചടങ്ങ് തർത്തും ഉൽസവ പ്രത്തി

ങ്ങ് അത്രത്യം ഉയപ്പെടെ വ് ഗ്രാത്തം തിലായിരുന്നു. മിന്നദേശപി കേലമകോർപ്പടന പോർ ചെയർപഴ്സൺ എൻഎ യഡല്ല്, സംസ്ഥാന എൻഎ സ്എസ് പ്രോഗാം ബാലിസർ സ്എസ് പ്രോഗം, ഓഫ് വര ഡോ.ആർ.എൻ,അൻസർ,കോ ഓർഡിനേറ്റർ ഡോ.എ.ഷാജി,ഡി പിക ബി.കൂമാരൻ,പി.കെ.സൂരേ ബ്.ബി.ശ്രീകൃമാരൻ,ഡോ.വി.അ നിൽ,മെ.നവാസ്,ജി.ധിവകു മാർ,എംഷാമിയ,കെ.കി ഷോർ,ബി.ഫ്രോപ്സർ,പിപ്രശാ നാ്,കോളല് യൂണിയൻ ചെയർവ ഴ്സൺ ബിഗം സന്യസോ.ആർ. മരണ്ടുവാം.വാസ് സോജ്യ അതുൽ ബി.എസ്.എന്നിവർ LAKIVANIAII.

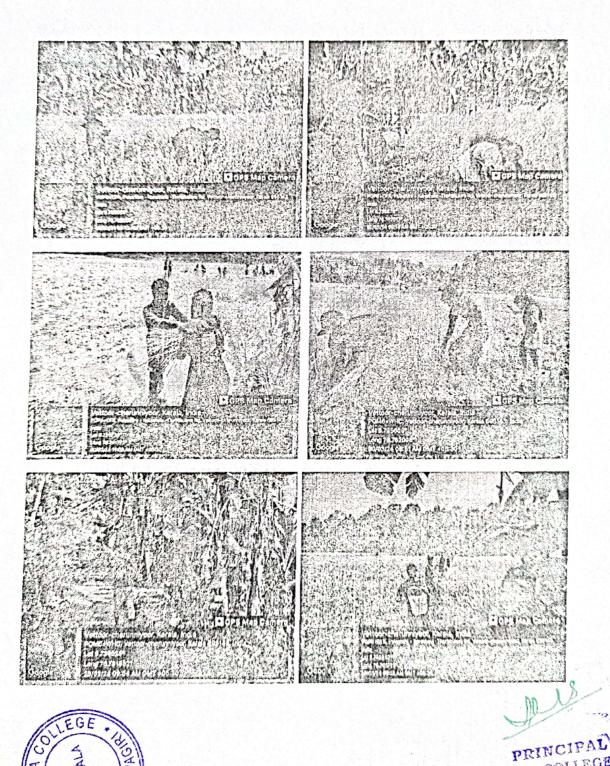


#### HARVEST FEST

#### 28/03/2024

Lar hard the

NSS units of Sree Narayana College Sivagiri, Varkala with the help of Cherunniyoor Krishi Bhavan, are doing cultivation as paddyland. The harvest festival of 'Mundakan Krishi' which is a part of the above mentioned cultivation was done on 28th March 2024 and 29th March 2024.



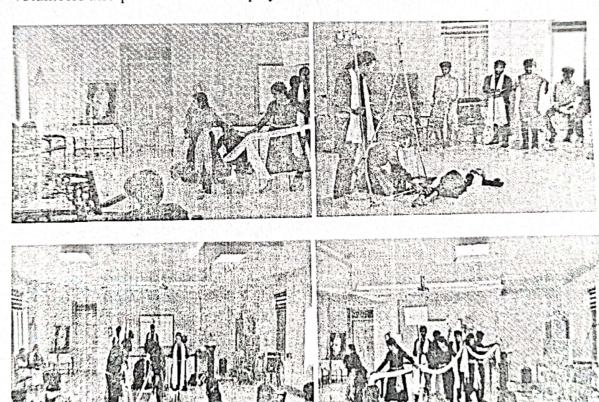


S.N. COLLEGE Sivagiri, Varkala

#### SUMMER CAMP

#### 15/04/2023

A Summer Camp was organized under the auspices of IQAC of Sivagiri Sree Narayana College. The camp was organized from 7<sup>th</sup> to 15<sup>th</sup> April 2024. The programme was organized with the aim of academic progress of the students in the surrounding areas of the college and excellent involvement in social fields. 15<sup>th</sup> April 2024 After noon was allotted to introduce general knowledge and social interaction about NSS Programme Officers of NSS Mr. P K Sumesh and Dr. R Reshma also conducted classes to create general awareness about NSS among the children. The volunteers also performed a street play.

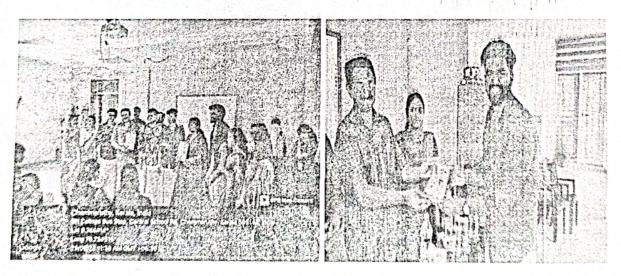




#### FARE WELL

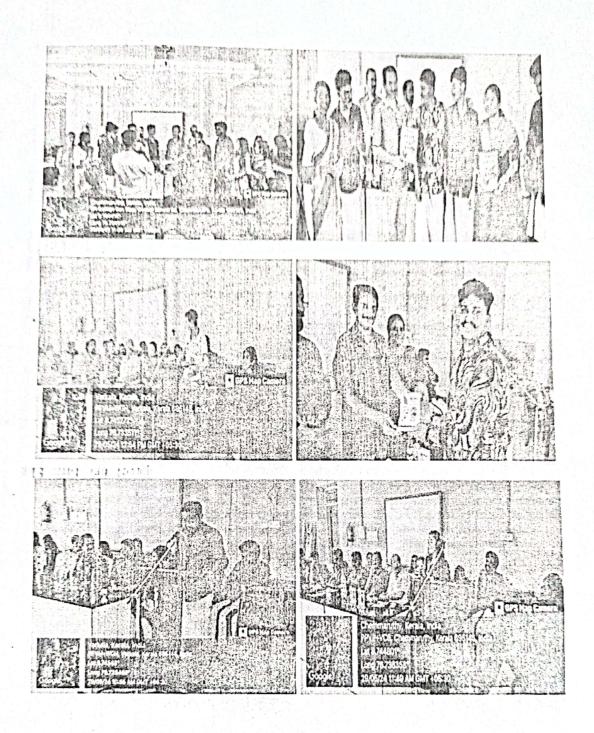
#### 29/05/2024

Under the auspices of National Service Scheme Units of Sree Narayana College Sivagiri, Vakala, the senior volunteers who completed their Graduation were given a farewell and friendly dedication. S N Trust executive member Sri Aji SRM Inaugurated the programme. Kumary J S Sivapriya preside the meeting. Programme officer Sri P K Sumesh, Dr. R Reshma, PTA Vice President and Secretary of Alunmni Association Sri G Sivakumar and others delivered falicitations. Mr. Aji SRM. Dr. Sajesh Sasidharan, Programme Officer Sri P.K Sumesh, Dr. Reshma, Senior Volunteers Sri Athul, Sri Sanjay, Sri Rahul Prakash, Sri Abhijith, Kumari Richu Sai, Kumari Nandana, Kumari Pratheeksha, Kumari Sangami, Kumari Sradha, Kumari Neha and Kumari Arya were given love gifts, Sri Nandhukrishnan and Sri Sreepath sang the prayer. Sri Arun, S Kumari Shahana and Kumari Saroshma sang the NSS song. Kumary J S Ashasurabhi delivered welcome speech and Kumari Neethu S gave vote of thanks. As part of the programme there was a alumni meeting of the volunteers of the academic year 2020-23. From 2.00 pm follow by art performances.





S.N. COLLEGE Sivagiri, Varkala



#### WORLD NO TOBACCO DAY

#### 31/05/2024

The objective of No Tobacco Day is to educate people about the deadly effects of tobacco and to urge governments to control tobacco products. Tobacco is grown on a large scale in many parts of the world. Tobacco products are a huge source of income



PRINCIPAL S.M. COLLEGE Civagiel, Vurkala

# CHIKILSA SAHAYAM (Treatment Assistance)

#### 30/05/2024

Sri. S Sureshkumar of S B Nivas, Elakamon Parippally was a student of Sree Narayana College Sivagiri, Varkala during the year 1979-83. During his 13 year of continuous earlier his students, he developed liver disease. Despite many treatments, disease was not fully cured. Not only that, the disease has reached a critical stage. Liver transplant was required. The surgery, which is expected to cost around Rs. 30 lakh, is causing a lot of trouble for him and his family. In this situation the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala collected Rs 10500 and gave him.

Medical Relief fund raised by the Units, Programme Officer Sri P K Sumesh, PTA Vice President and Secretary of Alumni Association Mr G Sivakumar, Executive Committee Members of Alumni Association Mr Dinesh, Adv. Saj S Sivan and Volunteers Sri Amal, Sri Karthik and Sri Vishnu reached the house of Mr. Sureshkumar and provided.





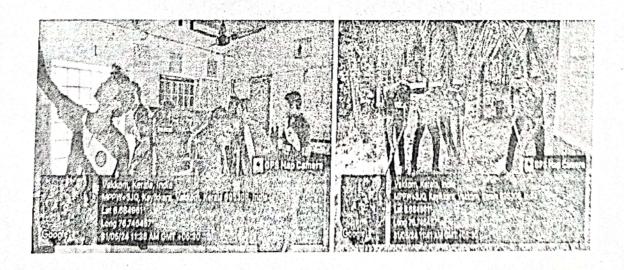


## ADOPTED SCHOOL

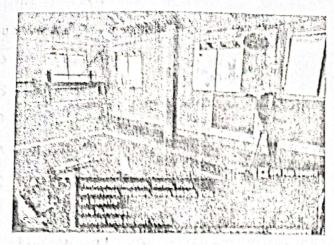
#### 31/05/2024

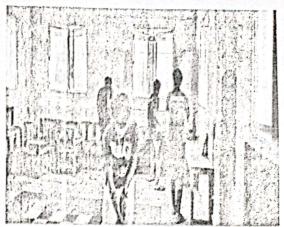
GAMLPS (Government Asan Memorial Lower Primary School) is an adopted School under the auspices of National Service Units of Sree Narayana College Sivagiri, Varkala. The said School was cleaned before the commencement of the new academic year. Class rooms, benches and desks were washed and cleaned with cotton. The school ground were cleaned and beautified. Volunteers Sri Nandu A S, Sri Abhay, Sri Mohammed Salmonn, Sri Sachin, Sri Sarath, Sri Nandukrishnan, Sri Gokul Satheesh were involved in the activities.

Under the auspices of the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala, conducted cleaning work of Kaikara Govt. Asan Memorial Lower Primary School. The activities were carried out before the beginning of the new academic year. From the 24<sup>th</sup> December 2022, the NSS units have accepted the said school as an "adopted school" and are conducting activities. Volunteers Sri Nandu A S, Sri Abhay, Sri Mohammed Salmonn, Sri Sachin, Sri Sarath, Sri Nandukrishnan, Sri Gokul Satheesh were participated in this programme. Programme Officers Sri P K Sumesh and Dr. Reshma led the programme.









#### FREE TUITION INAUGURATION

#### 31/05/2024

Under the auspices of the National Service Scheme Units of of Sree Narayana College Sivagiri, Varkala, Free Tuition is being provided to the socially and economically backward students of the adopted village.

Inauguration of Free Tuition for 2024-2025 academic year held on 31/05/2024. S N Trust executive member Sri Aji SRM inaugurated the Free Tuition. Sri G Sivakumar, PTA Vice President and Secretary of Alumni Association, Sri. P K Sumesh, Programme Officer of NSS Units and Smt. Sheena delivered felicitations. As part of the inauguration, study materials and sweets were distributed. Volunteers of NSS Kumary Asasurabhi, Kumary Devika, Kumary Nandana, Kumary Charishma, Kumary Sivapriya, Kumary Seethalsha, Kumary Neethu, Sri Vishnu and Sri Karthik led the programme.



PRYNCIPAL S.N. COLLEGE \ Sivagiri, Varkala

D 18

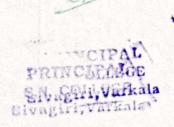


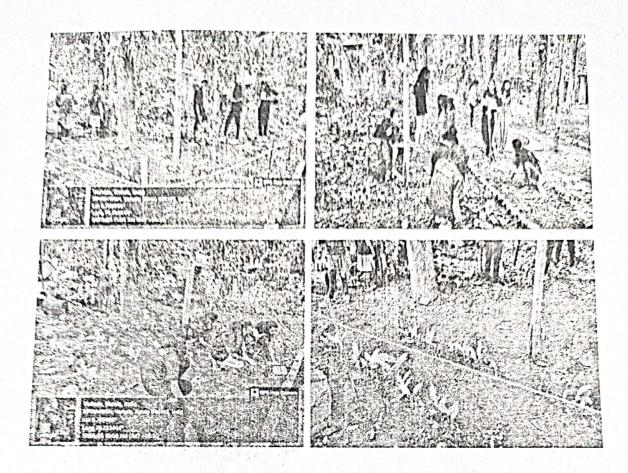
#### TURMERIC PLANTATION

#### 31/05/2024

The National Service Scheme Units of Sree Narayana College Sivagiri, Varkala are implementing various agricultural schemes. Turmeric plantation is one of them. The construction of this year's. Turmeric plantation took place on 31/05/2024.







#### CIVIL DEFENSE GROUP

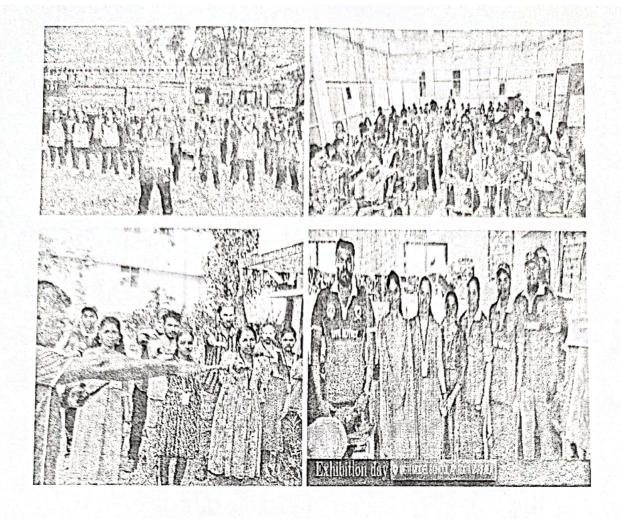
#### 12/09/2023

The Fire and Rescue Department of the Government of Kerala has decided to form a Civil Defense Group in view of unexpected natural calamities and other calamities.

Volunteers of NSS Unit of Sree Narayana College Sivagiri, Varkala are working as members in the Civil Defence Group formed under the auspices of Varkala Fire and Rescue Department.







#### ANNUAL SEVEN DAY CAMP

#### 22/12/2023 to 28/12/2023

Today, the villages started to know NSS, which is the biggest and planned youth movement in India through the camps. A golden opportunity to bond with the community. The camp provides the greatest experience to volunteers can have and is the process that makes a person a true NSS Volunteer. In the early days after the formation of NSS, the ten day camp later became a seven day camp.

#### INAUGURATION OF THE CAMP

First day 9.00 am Principal Dr. Vinod C Sugathan hoisted the NSS Flag. HOD of Malayalam Dpt. Dr. Nithya P Viswam, Smt. G jani, Dr. Arunima etc. attended the function. Programme Officers of NSS Sri P K Sumesh and Dr Reshma, Volunteers Secretaries of NSS Sri Athul B S, Sri Abhijith Ullasan, Sri Kumary Richusai, Kumary



Nandana, Sri Sanay, Kumary Sauganthi led the programme. 9.30 am then a rally was organized to inform the public about the camp.

The formal inauguration of the annual seven day camp at Sree Narayana College Sivagiri, Varkala NSS Units where held on 22/12/2023. Dr. Vinod C Sugathan presided the meeting. Varkala Municipal Chairman Sri K M Laji inaugurated the camp. S N Trust executive member Sri Aji SRM delivered the keynote address. IQAC coordinator Dr. L Preethakrishna, Senate member Dr. S Soju, PTA Vice President and Secretary of Alumni Association Sri G Sivakumar, PTA Secretary Dr. Nithya P Viswam, Former programme Officer Smt. Lekshmi S Dhavan etc. delivered felicitations. Programme Officer Sri P K Sumesh delivered welcome speech and programme officer Dr. R Reshma gave vote of thanks.

On the second day 23<sup>rd</sup> December 2023 in addition to the regular camp activities, from 8.30 am a class was held on the optic "Sahavasa camp and Personality Development" the class was conducted by Sri Brahma Nayakam Mahadevan National Trainer of NSS and International Motivational Trainer.

From 11.00 am Kerala Fire and Rescue Service conducted the class on the topic "Rescue and Service". Sri. Akhil S and Sri. Syam P, Officers of Fire and Rescue Service Varkala led the class. The Class was based on disaster rescue and first aid.

Then from 2.00 pm a class on the topic "U4 Unique" conducted by Dr. Shameer Hamsa, former Programme Officer of NSS, Iqbal College Peringamala.

On the 3<sup>rd</sup> day 24<sup>th</sup> December 2023 in addition to the regular camp activities, a special Yoga training programme was held from 5.30 am was taught by Mrs. Divya Sajith, Life coach and Yoga Instructor. Then programme Officer Dr. Reshma conducted the class on Mushroom cultivation from 10.00 am. Construction work of 'SNEHARAMAM' took place at two garbage dumbing sites in Varkala Municipality from 11.00 am.

On the 4<sup>th</sup> day of December 25<sup>th</sup> in addition to the regular camp activities a class conducted on the topic 'Anti-drug activities". Mr. A P Shajahan, Inspector, Varkala Excise Inspector Office conducted the class.





After noon was spent with the children at tuition centre at adopted village. There was a Christmas Celebration with children. At 6.30pm, Dr. V Sini, Asst. Professor Department of Malayalam talked about the visions of Sree Narayana Gurudevan.

On Tuesday 26.10.2023 at 9.30 am the class was held on the subject of "conservation and energy efficiency. Government of Kerala Energy management Centre State Resource person and asst. Professor, Department of Botany, SN College Varkala, Dr. C Biju conducted the class.

From 11.00 am Sri. Ajayan, Deputy Thahasildar, Taluk Varkala and Sri. Manoj, officer, Varkala Taluk conducted a class on the topic "Democracy and elections".

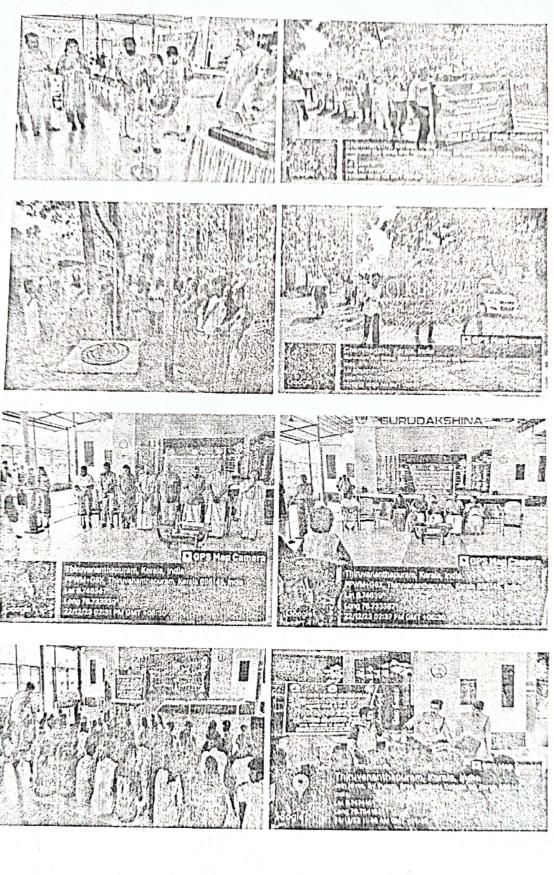
In the afternoon form 1.00pm a programme called "Village Making" was held to present the special moments of the camp. An 'anti-drug chain' was organized under the auspices of NSS Units at 7.00 pm. It was organized as a part of various anti-drug activities conducted under the auspices of NSS Units. This event was held at the gate of Sivagiri Secretary of Sivagiri Pilgrimage 2023. Sri. Rithamabharanda inaugurated the programme. Chairman of Varkala Municipality Sri K M Laji, Executive Member of S N Trust Sri. Aji SRM, PTA Vice President and Secretary of Alumni Associatoin Sri G Sivakumar Programme Officers of NSS Sri P K Sumesh and Dr R Reshma delivered speeches. Sri Athul B S, Sri Abhijith Ullasan, Kumari Richu Sai, Kumari Neha, Kumari Nandana, Kumari Sradha, Sri Ananthu Krishna etc. led the programme. The special feature of the programme was that it was the time of Sivagiri Pilgrimage and a large number of pilgrims watched the programme.

At 8.00 pm a gathering of NSS volunteers of previous years was held.

On the last day 28<sup>th</sup> December 2023 in addition to the regular camp activities, there was a held a closing ceremony. During the above mentioned closing ceremony, volunteers share their camp experience followed by a review of the camp. The camp ended with the sinking of the flag.

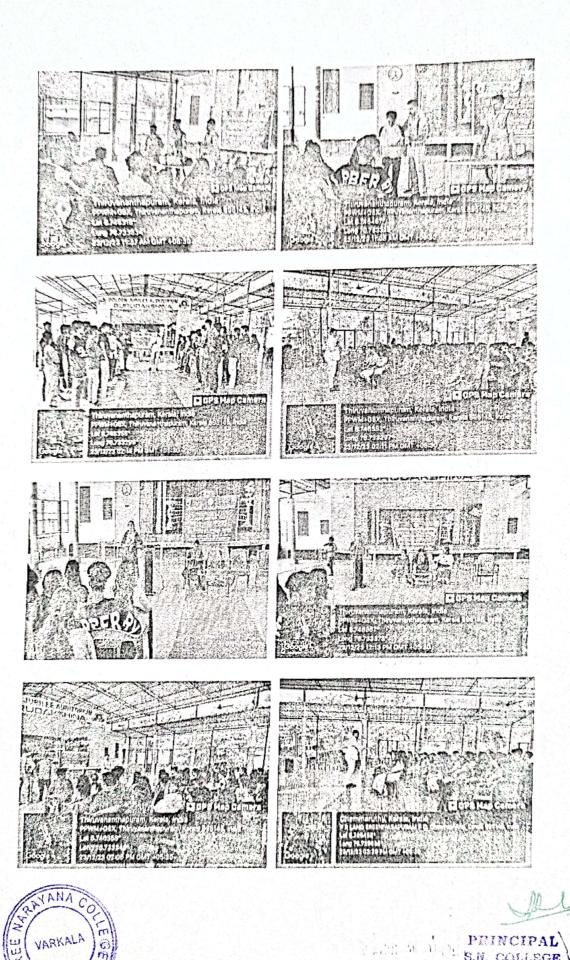






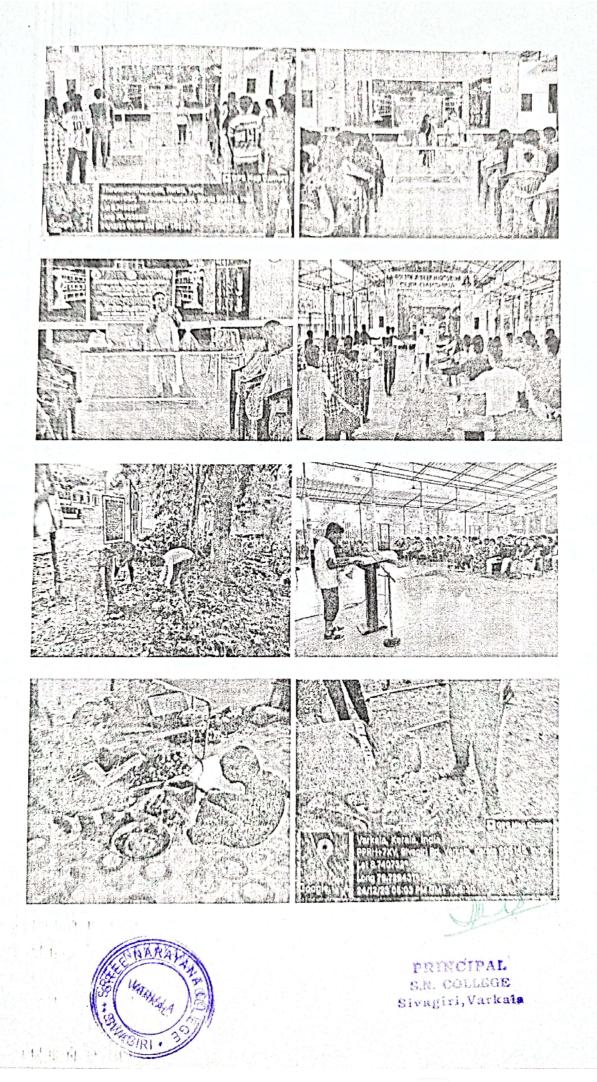


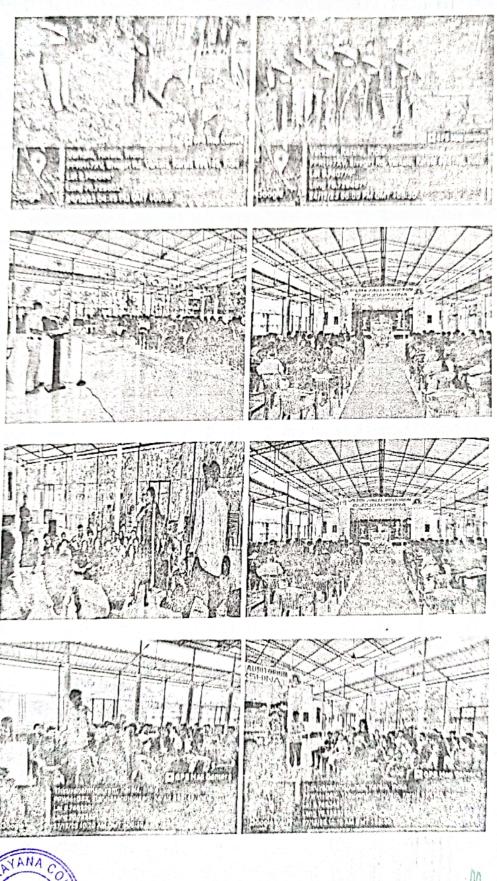






Siyagiri, Varkala

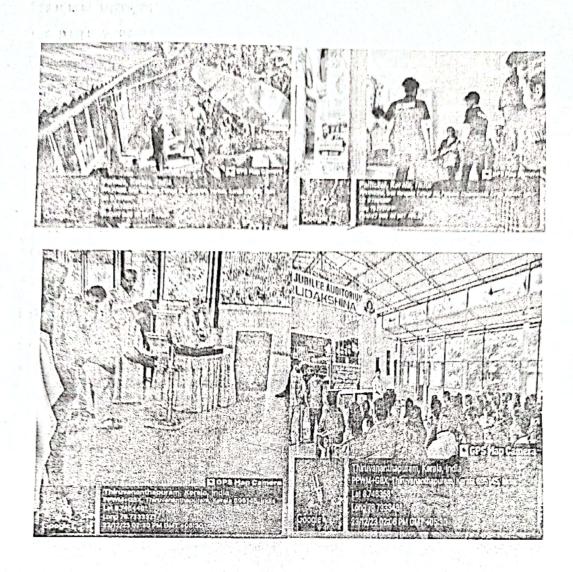






S.N. COLLEGE Sivagiri, Varkala





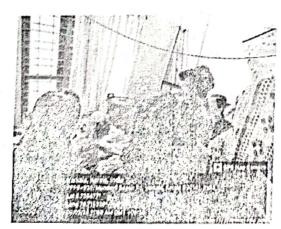
# PALLIATIVE CARE HOME VISIT WITH THE PALLIATIVE CARE WING OF VARKALA TALUK HOSPITAL

The palliative care project is notable among the National Service Scheme activities of Sree Narayana College Sivagiri, Varkala. Many activities carried out in association with in with the assistance from Varkala Taluk Hospital. One of them is home visits of palliative care patients.

Volunteers along with palliative care wing of Varklala Taluk Hospital conducted home visits of palliative care patients on 28<sup>th</sup> November 2023, 27<sup>th</sup> January 2024, 1<sup>st</sup> February 2024 & 9th February 2024.



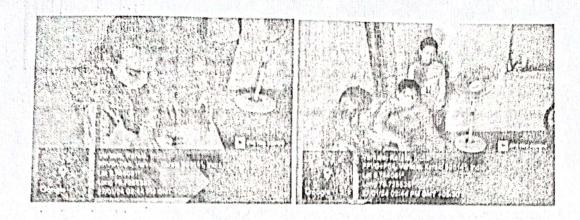












#### **CLEANING**

Under the auspices of the National Service Scheme Units of Sree Narayana College Sivagiri, Varkala, the premises of the College were cleaned on 23/08/2023,14/11/2023, 13/11/2023, 25/11/2023, 11/12/2023, 13/12/2023, 15/12/2023, 19/12/2023, 20/01/2024, 24/02/2024, 09/05/2024 and 31/05/2024.

