

Sree Narayana College Sivagiri, Varkala

(Affiliated to University of Kerala, NAAC Re-accredited with B++ grade, DBT Star, DST FIST, Rusa Funded)



JEEVANI CENTRE FOR STUDENTS WELLBEING AND COUNSELLING CELL In association with IQAC

## AN INITIATIVE TOWARDS MENTAL HEALTH

Awareness programme

Conducted by

## Raheena N S [M.A.Psychology] (College Psychologist)

Date: july 15 2025 Time: 11am to 12:30pm Venue: Auditorium, Sree narayana college,Varkala