



Sree Narayana College



SIVAGIRI, VARKALA

(Affiliated to the University of Kerala, NAAC Re-accredited with B++Grade, DST FIST supported)

WMHD OBSERVANCE 2024



JOINTLY ORGANIZED BY

JEEVANI CENTRE FOR STUDENTS WELLBEING

WOMEN'S STUDY UNIT , WOMEN CELL

INTERNAL QUALITY ASSURANCE CELL

INVITED TALK ON

THE RESILIENCE SESSION: BOUNCING BACK FROM ADVERSITY

RESOURCE PERSON
(VIA PSYTOTAL INITIATIVE)
DR. FRESNAL DAS,
ASSISTANT PROFESSOR
F.M.N. COLLEGE, KOLLAM

& Gratitude Wall: An event to relook into Yourselves..

29 NOV 2024

1:30 pm

Conference Hall