



SREE NARAYANA COLLEGE

SIVAGIRI, VARKALA
COUNSELLING CELL



In Association With

IQAC

Organises

INVITED TALK on

NATURAL LIFE AND MENTAL HEALTH.



DR.K R JAYAKUMAR

(Senior Specialist (Rtd.) Govt.Yoga
and Naturopathic Hospital Varkala)
Chief Medical Officer, Department
of Naturopathy, Medical Mission
Hospital Varkala)



Sir/Madam,

Counselling Cell Sree Narayana College Sivagiri Varkala is organising an invited talk on **Natural Life and Mental Health** on **16/12/2021**. Soliciting your esteemed presence and cooperation.

PROGRAMME SCHEDULE

Prayer	:	
Welcome	:	Dr.Sini V (coordinator)
Presidential address	:	Dr KC Preetha (Principal)
Invited talk	:	Dr.K.R Jayakumar (N.D(Osm),MA(Socio), MSc(Psy), PG.Dip.in.Guidance and Counselling)
Vote of thanks	:	Pournami A M (1 st BA Malayalam)

ORGANIZING COMMITTEE

Patron	:	Sri.Vellapally Nadesan (Manager,S.N.Colleges)
Chairman	:	Dr.K.C.Preetha (Principal)
Convenor	:	Dr.Sini.V (Assistant Professor, Dept. of Malayalam)

Date 16/12/2021
Time : 10:30 a.m.
Venue:
Conference Hall

Members :

Smt.Resmi Jaya Raveendran, Smt.Jubilie, Sri.Praveen R, Dr.Deepika V.S