

# SREE NARAYANA COLLEGE, SIVAGIRI, VARKALA

## WALK WITH A SCHOLAR REPORT 2018-2019

Walk With a Scholar (WWS) scheme was launched by Government of Kerala in the year 2014-15 in aided Arts and Science Colleges and has been designed to arrange specialized mentoring programs for students in Under Graduate Programmes in Arts, Science and Commerce and to provide Guidance for their future career. The scheme introduces the idea of mentoring and builds on the concept Mentor as a Guide and Friend.

The scheme aims at giving necessary orientation to bright students who can excel in their disciplines, to give them necessary guidance, motivation, goal-orientation and mental support to identify appropriate areas for higher study as well as future employment.

WWS program at SN College Varkalahas being conducted with two batches of students, one for 1<sup>st</sup> and 2<sup>nd</sup> sem and the second for 3<sup>rd</sup> and 4<sup>th</sup> sem. It has been continuing successfully since its inception in the university system.

During the year 2018-19 WWS program had been spearheaded by Mrs Reshmi Jaya Raveendran, Asst. Prof, Dept of Chemistry. The program has a total of 10 mentors who were selected after circulating a consent form among the members of the faculty. This democratic process was to ensure that mentors are truly committed to the programme.

Mentees were selected after a careful screening process. Class tutors were asked to give a list and eligible students were then selected from the list. Six students each from five departments were chosen for the first batch and six each

from other five department were chosen for the second batch as decided by the monitoring committee. This was to provide opportunity for students from all the departments. Mentor –Mentee interaction is ensured and an informal meeting schedule is maintained. External mentors were selected after discussion with the mentees and final list was prepared as approved by the monitoring committee. There were brainstorming sessions with the mentees to design a plan of action for the year ahead. It was decided to conduct the following programs.

The Walk With a Scholar Programme 2018-19 was inaugurated by Sri Brahmanayakam Mahadevan, Founder President of Sahajeevan, on 22<sup>nd</sup> October, 2018 at the College conference hall. In his class, he encouraged students to build self-confidence and on how to approach a crowd. He encouraged to students to take part in social services. Sri Prince Varghese, in his interesting class drew the attention of the whole group and taught them few steps on how to meditate and helped the students to look with in themselves and identify their strength and weakness. Through meditation he also taught them not to forget their roots and the importance of our parents and family. Sri Ajith Kumar had given a lively class on how to appear for exams without fear and how to be most productive. Dr Joju John and Dr Ajayyakumar conducted motivational classes. Dr Deepa Prasad gave classes on how to improve the communication skill in English and on how to confidently give a speech in English. Sri Prem C Pillai gave tips on how to approach an interview and how to be successful in ones career. Classes were conducted on the advantages and disadvantages of internet and mobile phones by Sri Subash Babu of National Cyber Defence Research Center (NCDRC)

#### PHOTOS OF SESSIONS AND ACTIVITIES DONE BY THE MENTEES

SlNo.	Name of External	Voucher No.	Date	Amount	Remarks
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	Mentor			in Rs.	
1	Sri Brahmanayakam Mahadevan	Vr No 1/18-19/WWS	22/10/2018	6000/-	
2	Sri Prince Varghese	Vr No 2/18-19/WWS	1/12/2018	7500/-	
3	Sri Prince Varghese	Vr No 3/18-19/WWS	17/12/2018	7500/-	
4	Sri Ajith Kumar Ramaswamy	Vr No 4/18-19/WWS	20/12/2018	7500/-	
5	Dr. Joju John	Vr No 5/18-19/WWS	05/01/2019	4500/-	
6	Dr Deepa Prasad	Vr No 6/18-19/WWS	19/01/2019	4500/-	
7	Sri B Ajayyakumar	Vr No 7/18-19/WWS	16/02/2019	7500/-	
8	Sri B Ajayyakumar	Vr No 8/18-19/WWS	19/02/2019	7500/-	
9	Sri Ajithkumar Ramaswamy	Vr No 9/18-19/WWS	23/02/2019	7500/-	
10	Sri Brahmanayakam Mahadevan	Vr No 10/18-19/WWS	25/02/2019	7500/-	
11	Sri Prem C Pillai P	Vr No 11/18-19/WWS	27/02/2019	7500/-	
	<b>Total</b>			75,000/-	
	Qualifying Amount			75,000/-	



















