

SREENARAYANACOLLEGE

Sivagiri,Varkala,Thiruvananthapuram-695145

(Affiliated to the University of Kerala, NAAC Re-accredited with
B++ grade, RUSA funded, DBT STAR status)

AQAR 2023-2024

CRITERION VII: INSTITUTIONAL VALUES AND BEST PRACTICES

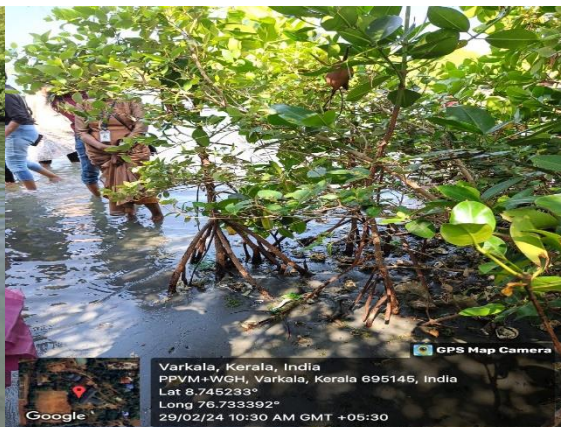
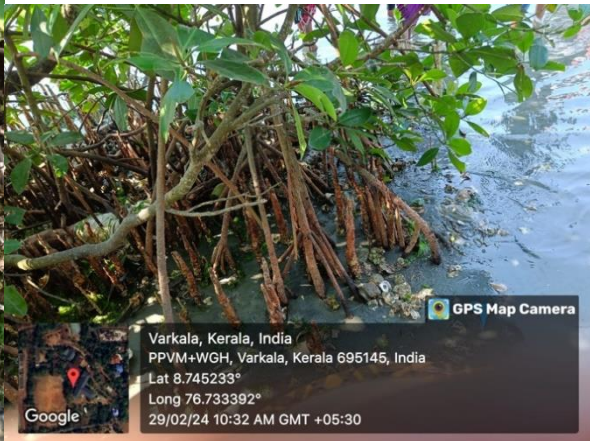
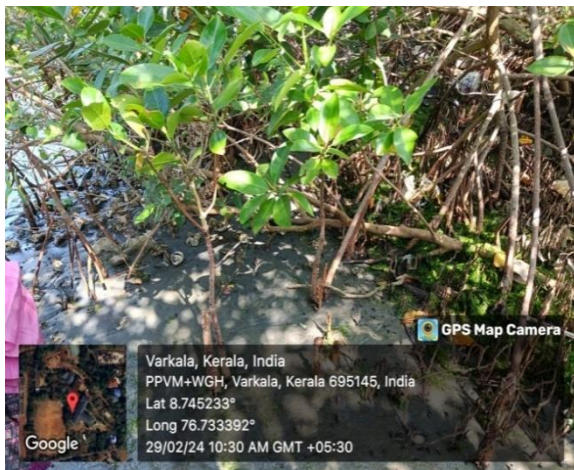
7.1.9 - Sensitization of students and employees of the Institution to the constitutional obligations:

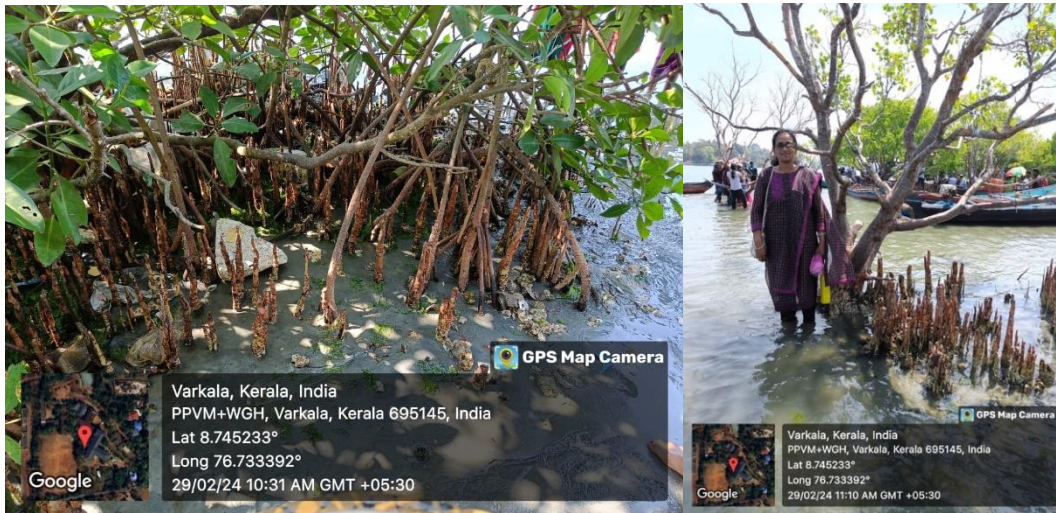
Details of Activities



7.1.9- Sensitization of students and employees of the institution of the institution to the constitutional Obligations: Values, Rights, Duties and Responsibilities of the citizens

Field Visit at Sambranikodiby Nature Club on 29th February







Seminar conducted by Nature Club on 18th March

Conduct a seminar on ‘KadirangunnaKaliyudeKanappurangal‘ on 18th March in association with IQAC, Dept of Botany and Nature Club. The seminar was inaugurated by Sri S Balasankar, Dy. Range Forest Officer (G), Kerala Forest Department, Thiruvananthapuram.

Organizing team
Dr. Vinod C Sugathan -
Principal
Dr. Preetha Krishna L -
IQAC Co-ordinator
Dr. Hima R -
Nature Club Co-ordinator
Members
Ms. Veenas C L (Assistant
Professor in Physics)
Ms. Lija P Lakshmanan
(Asst. Professor in Chemistry)
Dr. Binushma Raju (Asst.
Professor in Zoology)


RESOURCE PERSON
SRI S BALASANKAR
DY. RANGE FOREST OFFICER (G)
KERALA FOREST DEPARTMENT
THIRUVANANTHAPURAM

Sree Narayana College, Sivagiri,
Varkala
(Affiliated to Kerala University
Re-accredited by NAAC with B++
Grade)

NATURE CLUB
DEPT OF BOTANY IQAC
ORGANIZES
SEMINAR ON
കടവിലങ്ങുന്ന കലിയൂടെ കനപ്പുറങ്ങൽ

DATE: 18-02-24 TIME: 10 AM
VENUE: CONFERENCE HALL







Blood Donation on 14th June



The NCC unit of SreeNarayana College Varkala organised a blood donation camp on 14th June 2023. The programme started at 10:00 AM. 10 NCC Cadets of Sree Narayana College Varkala donated blood with pride and also received certificate. Around 9 cadets volunteered the camp.





Reading Day Celebration on 19th June

S.N.Trust executive member Sri.Aji SRM inaugurated this year's Reading Day programme organized by the NSS units. Principal Dr.Vinod C Sugathan presided by the programme. Dr. T.Sanalkumar delivered the commemorative lecture of P.N.Panicker and Reading day message was also delivered.


ശ്രീനാരായണ കോളേജ്
ശിവഗിരി, വർക്കല


നാഷണൽ സർവീസ് സ്കീം KL-07-16(A&B)

വായനദിനാചരണം

അധ്യക്ഷൻ: ഡോ. വിനോദ്. സി. സുഗതൻ
 (പ്രിൻസിപ്പൽ ഇൻ ചാർജ്ജ്)

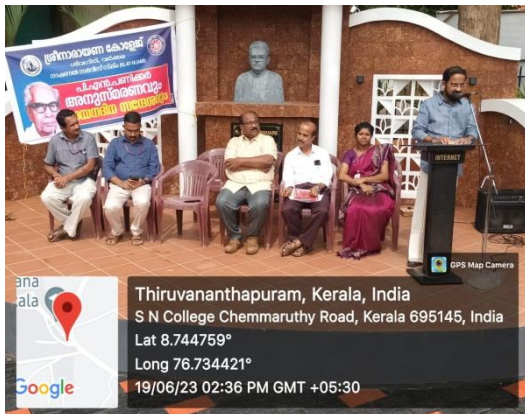
ഉദ്ഘാടനം: ശ്രീ. അജി. എസ്. അർ. എം
 (എസ്. എൻ. ട്രസ്റ്റ്. എക്സിക്യൂട്ടീവ് അംഗം)

പി. എൻ. പണിക്കർ അനുസ്മരണവും
വായനദിന സന്ദേശവും
ഡോ.റ്റി. സനൽകുമാർ

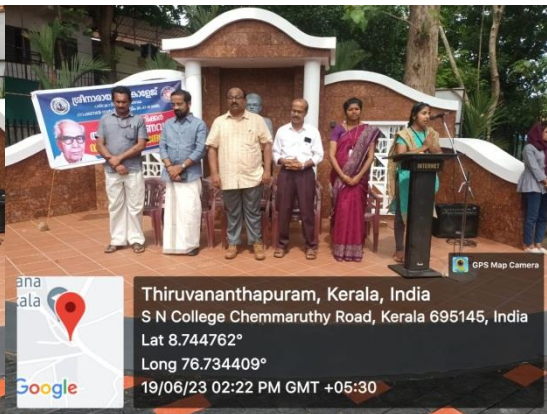
(മുൻ പ്രിൻസിപ്പൽ എസ്.എൻ.സി ഓഫ് ആർട്സ് & സയൻസ്, പാമ്പനാർ)

സ്ഥലം :ആർ.ശങ്കർ സ്കൂൾ
സമയം: 2023 ജൂൺ 19 തിങ്കളാഴ്ച ,
ഉച്ചയ്ക്കുശേഷം 2.00 മണിക്ക്

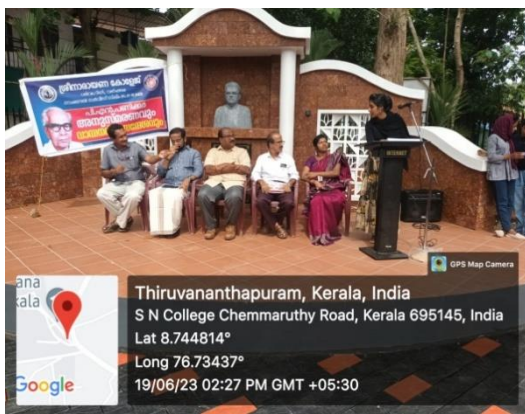
പ്രോഗ്രാം ഓഫീസേഴ്സ്
പി.കെ.സുമേഷ്
വീനസ്.സി.എൽ
ഡോ. വിനോദ്. സി. സുഗതൻ
പ്രിൻസിപ്പൽ ഇൻ ചാർജ്ജ്



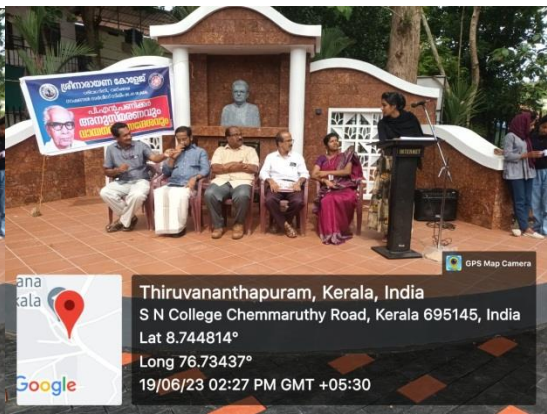
Thiruvananthapuram, Kerala, India
 S N College Chemmaruthy Road, Kerala 695145, India
 Lat 8.744759°
 Long 76.734421°
 19/06/23 02:36 PM GMT +05:30



Thiruvananthapuram, Kerala, India
 S N College Chemmaruthy Road, Kerala 695145, India
 Lat 8.744762°
 Long 76.734409°
 19/06/23 02:22 PM GMT +05:30



Thiruvananthapuram, Kerala, India
 S N College Chemmaruthy Road, Kerala 695145, India
 Lat 8.744814°
 Long 76.73437°
 19/06/23 02:27 PM GMT +05:30



Thiruvananthapuram, Kerala, India
 S N College Chemmaruthy Road, Kerala 695145, India
 Lat 8.744814°
 Long 76.73437°
 19/06/23 02:27 PM GMT +05:30

ശിവഗിരി എസ്.എൻ കോളേജിൽ വായനാദിനാചരണം

വർഷം: ശിവഗിരി ശ്രീനാരായണ കോളേജിലെ നാഷണൽ സർവീസ് സ്കീം യൂണിറ്റുകളുടെ ആഭിമുഖ്യത്തിൽ വായനാദിനം ആചരിച്ചു. എസ്.എൻ ട്രസ്റ്റ് എക്സിക്യൂട്ടീവ് അംഗം അജി.എസ്.ആർ.എം ഉദ്ഘാടനം ചെയ്തു. പ്രിൻസിപ്പൽ ഇൻ ചാർജ് ഡോ.വിനോദ്.സി.സുഗതൻ അദ്ധ്യക്ഷത വഹിച്ചു. ഇടക്കി, പാമ്പനാർ എസ്.എൻ ട്രസ്റ്റ് കോളേജ് ഓഫ് ആർട്സ് ആൻഡ് സയൻസ് മുൻ പ്രിൻസിപ്പൽ ഡോ. ടി.സനൽകുമാർ പി.എൻ പണിക്കർ അനുസ്മരണവും വായനാദിനസന്ദേശവും നൽകി.

ഐ.ക്യൂ.എ.സി കോഓർഡിനേറ്റർ ഡോ. പ്രീത കൃഷ്ണപരീക്ഷാ സൂപ്രണ്ട് ഡോ.സജേഷ് ശശിധരൻ, അംഗശി,നന്ദന



വർഷം എസ്.എൻ കോളേജിൽ വായനാദിനാചരണം അജി.എസ്.ആർ.എം ഉദ്ഘാടനം ചെയ്യുന്നു. ഡോ.വിനോദ്.സി.സുഗതൻ, ഡോ.ടി.സനൽകുമാർ തുടങ്ങിയവർ സമീപം

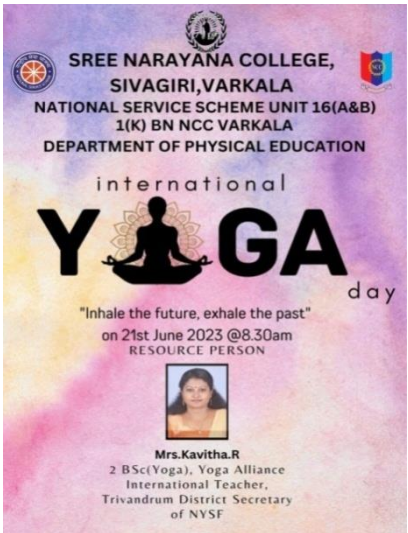
ദ്ര എന്നിവർ സംസാരിച്ചു. നിരജ, അനശ്വര, ഗൗരി എന്നിവർ പ്രാർത്ഥന ആലപിച്ചു.

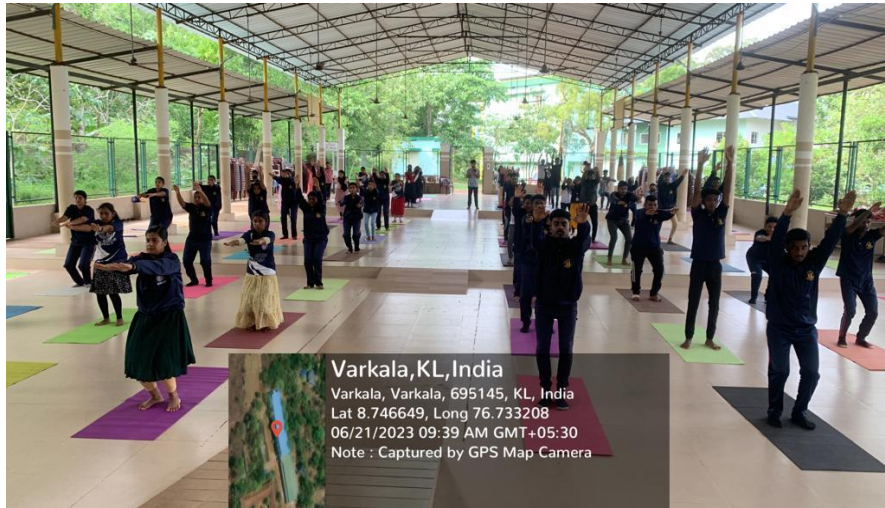
പ്രോഗ്രാം ഓഫീസർമാരായ പി.കെ.സുമേഷ്, റീനസ്.സി.എൽ, വോളന്റിയർമാരായ അതുൽ,

അഭിജിത്ത്, ആര്യ, സംഗമി, അനന്തു, നേഹ, പ്രതീക്ഷ എന്നിവർ നേതൃത്വം നൽകി. ക്യാമ്പസിലെ ആർ.ഗൗർ സ്മാരകം വച്ചുതന്ന ആദ്യ പരിപാടി എന്ന പ്രത്യേകതയും ചടങ്ങിനുണ്ടായിരുന്നു.

Yoga day Celebrations on 21th June

This year's Yoga Day celebration was inaugurated by Principal Dr. Vinod C Sugathan. S N Trust Executive Member Sri. Aji S R M, IQAC Co-ordinator Dr. L. Preetha Krishna delivered felicitations. Mrs. R.Kavitha, District Secretary of NSS Thiruvananthapuram and Yoga Alliance International teacher took the yoga class.







Legal Awareness Class on 11th August

Legal Awareness Forum and Anti ragging cell of our college organized an awareness class on “Legal Service Society and its impact on society” on 11th August. The function was presided over by Dr.Vinod C Sugathan , Principal. More than 100 students participated in the programme.





Independence Day on 15th August 2023

The 77th Indian Independence Day was celebrated by the NCC & NSS Units of Sree Narayana College Varkala. The College Principal Dr. Vinod C. Sugathan, R.D.C. Convenor and S.N.Trust Executive Member Sri Aji S.R.M, PTA Vice President and FSA Secretary G. Sivakumar, NCC officer incharge SriSyam Raj, Senate Member of Kerala University Dr. Babitha G.S, NSS Programme officer Sri SumeshP.K, Asst. Professor of Malayalam Dr. Sini.V, IQAC Coordinator Dr. Preetha Krishna, Assi Professor Physics Sajeesh Sir, Voluteers and students were present for the programme.

ശ്രീനാരായണ കോളേജ്
ശിവഗിരി, വർക്കല

എൻ.സി.സി & എൻ.എസ്.എസ് വിഭാഗങ്ങളുടെ സംയുക്താഭിമുഖ്യത്തിൽ

77-ാമത് സ്വാതന്ത്ര്യദിനാഘോഷം
2023 ഓഗസ്റ്റ് 15 ചൊവ്വാഴ്ച
രാവിലെ 8:30ത് മുതൽ

അധ്യക്ഷൻ : ഡോ.വിനോദ് സി സുഗതൻ
(പ്രിൻസിപ്പൽ ഇൻ ചാർജ്)

ഉദ്ഘാടനം : ശ്രീ അജി. എസ്. ആർ. എം
(എസ് എൻ ട്രസ്റ്റ് എക്സിക്യൂട്ടീവ് അംഗം)

തുടർന്ന് 'സ്റ്റാമ്പ്മോബ് ക്വിസ് മത്സരം'

ശ്രീ. ആർ.ശ്യാം രാജ്
(എൻ.സി.സി ഓഫീസർ ഇൻ ചാർജ്)
പി.കെ.സുമേഷ്
ഡോ. ആർ.രേഷ്മ
(എൻ.എസ്. എസ്. പ്രോഗ്രാം ഓഫീസേഴ്സ്)

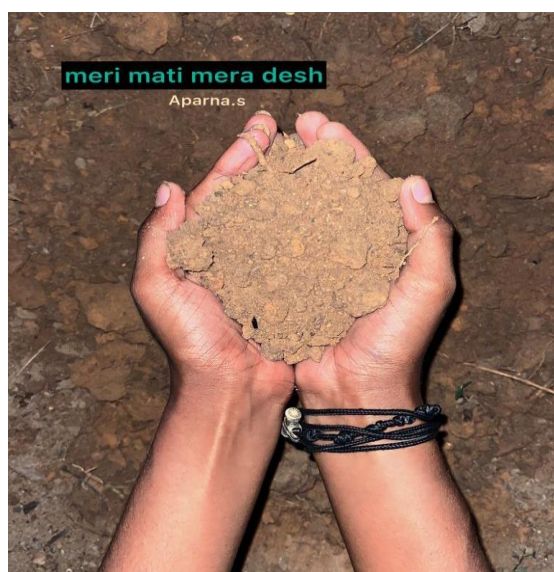
ഡോ.വിനോദ് സി സുഗതൻ
(പ്രിൻസിപ്പൽ ഇൻ ചാർജ്)





Meri Mati Mera Desh Campaign

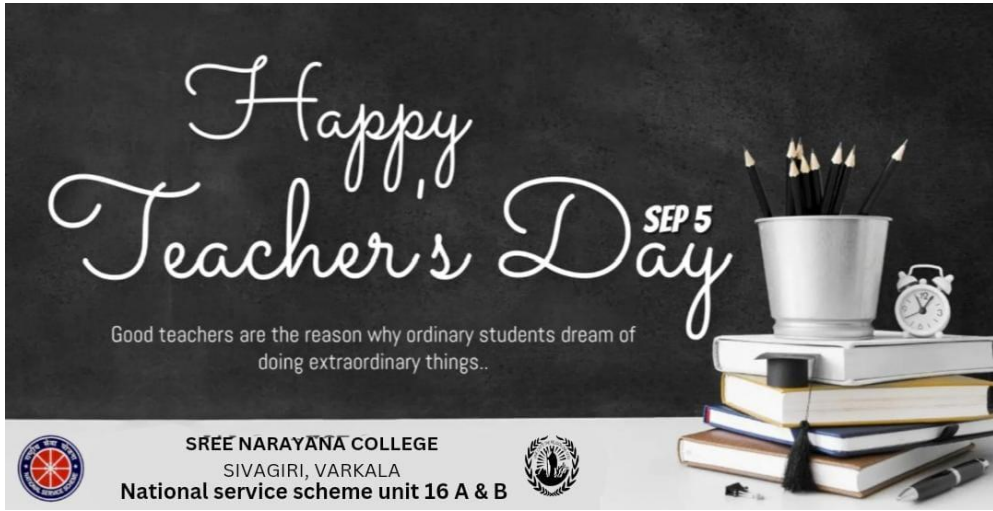
Under the Azadi Ka Amrith Mahosav project of the Central Government, various programmes are organized locally in the states. One of them was a tribute to the Martyr's who fought for the country. The name of the programme was "Meri Mati MeraDesh". On that occasion, people had to take the 'Panchapran" pledge in every village for the unity and sovereignty of the country. N.S.S volunteers of the Sivagiri Sree Narayana College participated in this as part of the Independence day Celebrations.





Observance of National Teachers Day on 5th September

As part of this year's teacher's day celebrations, the NSS units of SreeNarayana College Sivagiri, Varkala felicitated both the permanent and guest teachers of the college. The volunteers showered their love and respect on their teachers by greeting them and showering them with sweets.





N.S.S DAY on 24th September

In connection with this year's with NSS Day celebrations, a flag hosting ceremony was held at NSS corner at 9.30am. Principal Dr. Vinod C Sugathan presided the function. Sweets distribution, campus cleaning and NSS related quiz programmes were also organized.





Gandhi Jayanti Celebration 2nd October

Sree Narayana College Sivagiri ,Varkala, Gandhian studies club, NSS unit and NCC has celebrated “Gandhi Jayanti” on 2nd October 2023. A talk on **Relevance of Gandhian Philosophy in the Current Scenario** was conducted on 2nd October 2023. The talk was delivered by Dr.JerryAlwin, co-ordinator of Gandhian Study Centre. The importance of values upheld by Gandhi, its importance in current Global Scenario, need for inculcating moral values upheld by Gandhi etc. was emphasized by the speaker. 20 students participated in the programme.

message to today's generation

Gandhiji emphasized on simplicity, kindness, truth and non violence as his life's motto. His simple life and sacrifice to the nation are the takeaway for today's youth. Gandhiji and his messages are a timeless contribution to humanity, irrespective of time and space. No doubt, he is a global leader, inspiring millions of people across the world even today. We as the youth of India have to gain inspiration from his principles, dedication and mission for the benefit of our nation and ourselves.

Mirka A S

ESSAY WRITING

Mahatma Gandhi and Indian Youth

Father of our nation Mahatma Gandhi was an impeccable leader who taught us non violence, unity, honesty and equality. He led a nomadic life, fasted regularly, and did several movements, protests against British Raj. To a great extent our youth is not following him.

Mahatma Gandhi, one of the inspiring leaders of India, is a person of immense importance even today. He was a stickler of truth and pursued timeless discipline and spirituality all his life. He was greatly inspired to the Indian tradition. Particularly his teachings to the modern youth being inspiration, instilling in them the power of his ideas.

During the freedom struggle, Gandhi persuaded so many people in the country to follow him, and fight for freedom through non violence. Even today, he is one of the most influential political leaders of all time. He encouraged young people to sweep away prejudices and gave them new values for living. He stressed the importance of Truth and Non violence and called the youth to "be leaders". Gandhi is one person who realized the power and potentiality of youth, understanding the dynamics of social change.

Mahatma Gandhi understood the feeling and sympathy of youth and called them as instruments of social change. He believed that only spiritual and ethical values can bring in changes in the social order. He encouraged young minds about self reliance as a crucial necessity to success. He insisted on being tolerant of all religions, which is an important



SREE NARAYANA COLLEGE
SIVAGIRI, VARKALA
1(K)Bn NCC VARKALA



"Non violence is the
summit of bravery"
- MAHATMA GANDHI

Invites you to join us for the celebration of

GANDHI JAYANTI

154th Birth Anniversary of Mahatma Gandhi

Monday, October 2, 2023, 9:00am

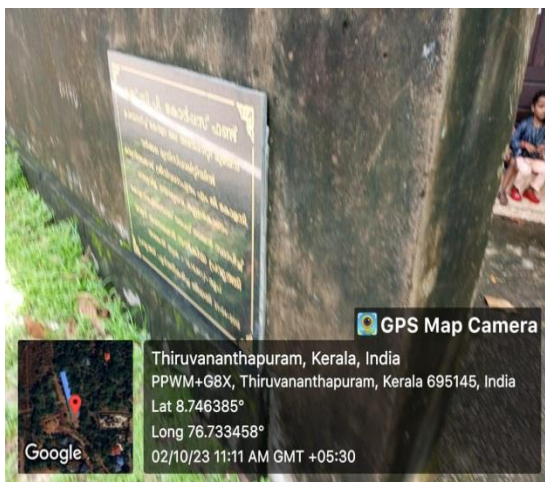
PROGRAMME HIGHLIGHTS :

- Cleanliness Drive
- Speech Competition
- Quiz Competition

Dr. Vinod C Sugathan
(Principal)

Lt. Dr. Rinku Babu
(Associate NCC Officer)





Kanal Fest (Women Empowerment) on 5th October

The National Service Scheme Units of Sivagiri Sree Narayana College organized a programme called ‘Kanal Fest’ in collaboration with the Women and Child Welfare Development Department of the government of Kerala. The programme was

inaugurated by Mrs. P S Tasni, Thiruvananthapuram District Child Development Department Officer, Principal Dr. Vinod C Sugathan presided the meeting, State Women and Child Development Department Trainer Mrs. JishaThiyagarajan gave ‘Dheera’ training. There was also an awareness class organized by the Police Training Academy.

Skit presentations, short film making and debates were also organized as part of “Kanal Fest” on the following days. There is an increasing situation of violence against women, gender discrimination etc. On this occasion, ‘KANAL’ awareness programme is being conducted under the leadership of the State Women and Child Development Department as part of creating awareness among the people to combat violence and end gender discrimination.





Unity Day on 1st November

Vallabhai Patel, Indian freedom fighter, is one of the main architects of the unification of Indian. His birthday October 31st is celebrated as Rashtriya Ektha Divas or Unity Day. As part of Unity Day, Poster making competition was also organized by the NCC unit. Twenty five contestants participated in the competition.





Kerala Piravi Celebrations on 2nd November

1ST November is celebrated as Kerala Piravi day when the state of Kerala was formed on the basis of language. The NSS unit of Sivagiri Sree Narayana College also participated in this year's Kerala Piravi Celebrations. Quiz competition were organized as part of it.



Observance of Constitution Day on 26th November 2024

Constitution day also known as “National Law Day, is celebrated in India on 26th November every year to commemorate the adoption of the constitution of India. On 26th November 1949 the constituent assembly of India adopted to the constitution of India, and it came into effect on 26th January 1950. As part of the observance of constitution day, an online quiz programme was organized under the auspices of the NSS units of Sree Narayana College Sivagiri, Varkala. Also organised a programme called “Reading the Preamble Awareness to Public”.



Image 2024-10-05 at 8.52



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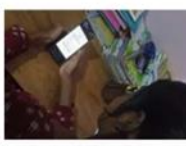
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NCC Day Celebration on 27th November

NCC Day is observed annually to commemorate the founding principles and objectives of this vital youth organisation. Open to students voluntarily, NCC provides basic military training, emphasising values of discipline, unity and civic responsibility. The National Cadet Corps celebrates its 75th anniversary on 4th Sunday of November every year.



National Youth Day on 12th January 2024

National Youth Day is observed on the birth anniversary of Swami Vivekananda. Every year on January 12 we celebrate National Youth Day. This day serves to raise awareness and impart knowledge about the rights of individuals in India, emphasising the importance of proper conduct within the nation. The NCC unit of SreeNarayana College Varkala celebrated they day in the college premises which includes speech competition, quiz competition and debate. About 60 cadets took part in the programme.

 **SREE NARAYANA COLLEGE** 
SIVAGIRI,VARKALA
NATIONAL SERVICE SCHEME
UNIT KL-07-16,A&B

12th JAN 2024

NATIONAL YOUTH DAY

Time : 1:00pm & 2:30pm

Venue : Conference Hall

Programmes

(COLLEGE WISE PROGRAMME)

• Upanyasa Rechana
Time : 1:00pm
Venue : Conference Hall

Quiz Competition
Time : 2:30 pm
Venue : Conference Hall

(NSS Volunteers)
Poster Making



PROGRAMME OFFICERS
P.K.SUMESH
DR.R.RESHMA

PRINCIPAL
DR.VINOD.C.SUGATHAN





Republic Day on 26th January 2024

Every year, India celebrates Republic Day on January 26th to commemorate the adoption of Constitution of India in the 75th year of Republic Day. The NCC and NSS units celebrated Republic Day on 26th January 2024. 150 cadets took part in the programme.





SREE NARAYANA COLLEGE

SIVAGIRI, VARKALA

NATIONAL SERVICE SCHEME

UNIT KL-07-16, A&B



26th JANUARY

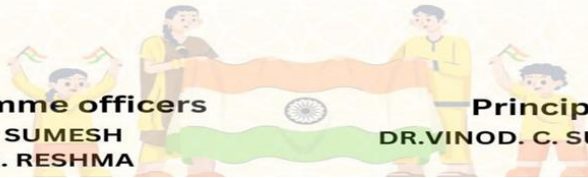
HAPPY REPUBLIC DAY

Programme officers

**P. K. SUMESH
DR. R. RESHMA**

Principal

DR. VINOD. C. SUGATHAN

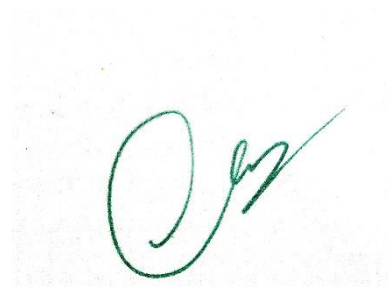
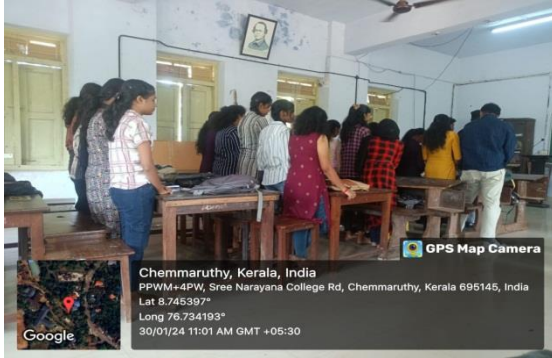




Martyr's Day on 30th January

January 30th is recognised Nationally Martyrs Day in India, to mark the Assassination of Mahatma Gandhi in 1948. It is also a date to honour those who have sacrificed their lives for

the nation. Various programmes are organized in different day. A pledge was organized under the auspices of NSS Units of SivagiriSreeNarayana College.



Principal
Sree Narayana College
Sivagiri, Varkala